

SEND Newsletter

Issue 1 2022



Carnforth
High School

CONFIDENCE PURPOSE RESPECT

Welcome

Welcome to the half termly SEND newsletter. Its purpose is to inform parents on areas of intervention, success and events that are occurring in the area of SEND within school and the local area. If there is anything you want featured in the future please email me on lnelson@carnforthhigh.co.uk.

Meet the team

We have a very caring, knowledgeable and hardworking team here at Carnforth High. Each term there will be a write up on members of the SEN department and their role.



Mrs Moore has worked at the school for 6 years. She is responsible for the running of Forest School and supports all year groups in Maths lessons. Mrs Moore loves working at Carnforth as, "it gives her the opportunity to make a difference". In her spare time, she enjoys Rock Climbing and Canoeing.



Mrs Coldwell is a new member of our team. She is also a link governor and head of the Student Welfare Committee. She supports pupils in Forest School and year 7-10 pupils across a range of subjects. Mrs Coldwell has settled in to her role and "loves it". In her spare time, she tends to her chickens and likes to play her Samba drum.

FOREST SCHOOLS

Forest School

Mrs Moore is our Forest School Leader and holds a level III Forest Schools Practitioner Qualification together with a current first aid certificate with outdoor endorsement. She is a trained practitioner in delivering nurture led meaningful experiences that have a positive impact for the pupils who receive this additional support. Having access to a wonderful garden creates opportunities for pupils to embrace challenge, develop resilience and have empathy for others through a connection with nature.

Pupils have to remember and recite rules of equipment which helps with recall. They have to ask permission to have access to the fire pit, which develops respect for the environment and rules. All pupils have their own equipment and have the responsibility of taking care of it.

At the end of every session the pupils have a diary to reflect in. They write something new they have learnt and what impact that will have in their lives. Pupils also use breathing techniques to start the session, this helps them self-regulate their feelings and prepare them for the learning which is about to happen.



The Year 8 Forest School members have made an area for washing up. The construction consists of a base covered with chicken wire so that in the elements they won't slip. The sink base is strong and at a perfect height. Other year groups have been able to use this essential area when clearing away at the end of their session. Well done to all involved.





Lexia

When pupils arrive in year 7 they undergo wide range achievement testing. These tests indicate to us pupils who may require extra support with their literacy skills. The Lexia Power Up programmes aim is to enable pupils to make years of growth in a single academic year. There are currently 40 pupils who receive this from year 7-10. The programme is individualised for every student and they have access to a series of activities, videos and resources that work on comprehension and grammar. Ms Hird who works with the pupils monitors the progress they are making with an assessment every term. Pupils access 1 hour at home and 1 hour at school.

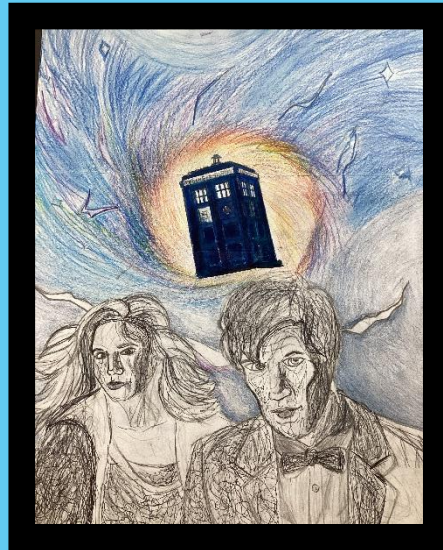
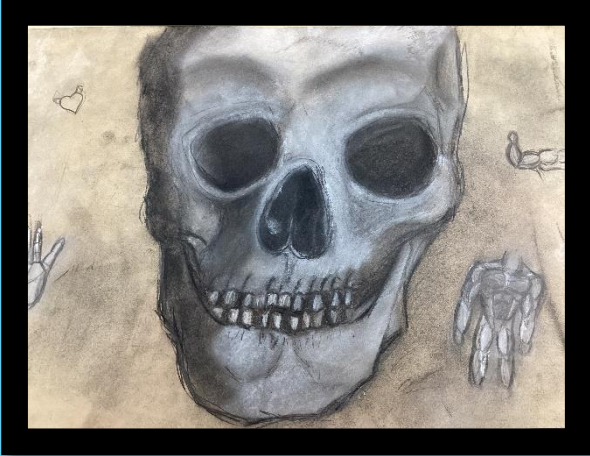
Sensory Room

We have a sensory room in school which is designed to be a space that can stimulate the senses. It is a place for promoting de-escalation and an area of calm. It can also help with engagement back in to lessons. It can be extremely useful for pupils with sensory processing difficulties, social and behavioural difficulties, autism and many other learning difficulties. It has colour changing mood lighting, bubble tubes, soft seating, calming sounds and aromas.



Celebrating Success

Logan. H GCSE Artwork.



Celebrating Success

Below is a fantastic piece of creative writing by year 10 Davis.H.

**She is looking at her younger self. She is feeling sad.
She used to work in the army hospital in Germany.
Hitler died in her hospital.**



I can smell the soft leather seats, I can taste nothing but sadness on my tongue. I can hear people chatting, and I can also hear voices in my head about whether I'm doing the right thing or not. I am running away because I am terrified people will find out who I really am.

If anybody finds out about this, I will be in serious trouble. This happened long time ago and I have been hiding this secret for 63 years. I am not afraid to keep it for longer, even as long as I am alive. We all need our privacy and to forget about things, but this just isn't it, it will never be forgotten.

Charlie and The Chocolate Factory.

Rehearsals are well underway for our school production.
Pupils are working extremely hard to learn their lines.
Tickets are available now.
The performances are on the 23rd and 24th of March.



Support from Lancashire and South Cumbria NHS

Just a reminder that on our school website there is a link to the FIND newsletter signposting what is happening in our area. You will find groups and workshops. Below is an example of its content.

X Height Climbing Wall Salt Ayre Lancaster Thursdays 5.00-5.50 / 6.00-6.50

£6.00 per child aged 5+. Siblings welcome. No proof of diagnosis needed. This session is for children with Special Educational Needs. We use fun sensory activities on the wall to improve climbing ability and confidence. This is also a session that helps to give a comfortable place in which to socialise and raise confidence. Suitable for 5+ years. All children must be accompanied by an adult (Parent guardian/ Carer), non-climbing.



<http://www.lancaster.gov.uk/salt-ayre-leisure-centre/xheight-gravity/xheight>



Reel Cinema Morecambe Autism Friendly Screenings every other Saturday morning (Starting 28/8/21) No proof of diagnosis needed. Siblings welcome.

Films and times vary. Posters with details added to NLDG facebook page a few days before <https://www.facebook.com/NLDGAdditionalNeedsSupport> which can also be seen on the homepage of NLDG website www.northlancsdirectionsgroup.com if you are not on Facebook.



SEN Kicks Football for all session. FREE football for girls and boys in years 3,4,5,6 and have special education needs.

Mondays 5.00pm-6.00pm at Heysham Mossgate Community Centre LA3 2AW. No need to book. Follow on facebook / twitter. Phone 01524 412125 or communityadmin@mfccommunitysports.com



C.H.A.T.S Carers Help Advisory Training and Support, or C.H.A.T.S, is a Morecambe and Lancaster based peer support group. For parents and carers of children and young people experiencing emotional problems or those with mental health concerns. Please email for more information.

Private group to ask questions and share support.
<https://www.facebook.com/groups/598047137613422>
chats_123@yahoo.com

