



CONFIDENCE

PURPOSE

RESPECT



Principal's Message

The Spring term is nearing the end and I would like to wish our community a safe and restful Easter. This term has been a busy one with lots of opportunities for students to enrich their learning. Staff have gone above and beyond to ensure lessons are challenging and students make progress. With a rise in COVID cases we are continually reminded of the need to plan carefully. The support of parents throughout this period is appreciated.

Important Upcoming Dates

Friday 1st April: School Closes at 3.25pm for Easter Holiday
Tuesday 19th April: School Re-Opens for all Students After Easter Holiday
Tuesday 26th April: Year 7 Parents' Evening
Thursday 28th April: Duke of Edinburgh's Award Training at Borwick Hall
Friday 29th April: School Closed for Queen's Jubilee
Monday 2nd May: School Closed for May Bank Holiday

What Timetable Week Is It?

W.B. 28/3/22 =
WEEK A

W.B. 18/4/22 =
WEEK B

Uniform Expectations – Hoodies and Coats

Our policy has always been that students should remove outdoor coats when they enter school and that hoodies should not be worn in place of school jumpers. Due to COVID-19 requirements to have windows and doors open in classrooms, we have been allowing students to wear extra layers within school. As the weather is becoming warmer we will now return to our usual uniform expectations from this Monday, 28th March: **Students should not wear hoodies in school, coats can be worn over school uniform but must be removed upon entry to the school building.** We will begin sanctioning for failure to follow this policy after the return from the Easter holiday.





Literacy Corner

Next week's 'word of the week' from RE is **diverse**. Definition 1- showing a great deal of variety; very different. Example "Explain diverse religious views on the importance of pilgrimage." Definition 2- including or involving people from a range of different social and ethnic backgrounds and of different genders, sexual orientations etc. Example "our company is an equal opportunity employer committed to hiring a diverse workforce." Please encourage your child(ren) to use it in a sentence.

'Drop Everything And Read' for year 7, 8 and 9 students will be on Monday P1 next week and Monday P2 the week after Easter. Please make sure they remember to bring in their reading book or, if they don't have one, they can get in contact with our librarian Ms Fletcher to borrow a school library book. (efletcher@carnforthhigh.co.uk)

During the Easter holidays, try to keep your child/ren engaged with literacy activities. Play word games, talk about word meanings, and point out interesting or new words when watching TV or reading together. Ask them what they are reading and discuss the books with them. Enjoy the holiday!

PLANS IN PLACE

Year 10 Work Experience

This year we're very happy that all our Year 10s will have the opportunity to go out on Work Experience in July. In order to make this happen smoothly, please can all year 10 parents or guardians return the forms which were sent out at the beginning of March. If the school is arranging the work placement, please return the Medical Questionnaire.

If you're arranging a placement for the student, please return the Medical Questionnaire and Self Placement forms, including a copy of the Employer's liability insurance and vehicle insurance, if a student will be travelling in any vehicle during the week of placement. We cannot allow any student out of the school without seeing the insurance details for the company they will be working with. Thank you.

If you have any queries about Work Experience please contact aparr@carnforthhigh.co.uk or emcgauran@carnforthhigh.co.uk

Enrichment Day 3 Feedback

As you'll be aware from last issue, our latest Enrichment Day was on Thursday 3rd March. After the day the students in each year group were asked to rate their knowledge of the topics we covered before and after the lessons and workshops, as well as to rate their enjoyment of each of the experiences. In each case the ratings were from 1 (lowest) to 5 (highest). Here is the feedback from each year group.



Enrichment Day 3 – Year 7

Year 7 had five different sessions on the day. The following week they were asked to rate their knowledge about each of the topics they covered before and after the sessions. Here are the session titles and the students' feedback about their knowledge gains and enjoyment of the sessions:

Session	Knowledge	Enjoyment
Seeking Refuge lesson	+1.1	3.0
CSE workshop	+1.2	3.0
Reading for Wellbeing session	+0.9	4.3
First Aid training	+1.4	4.0
British Art workshop	+1.1	3.0

Enrichment Day 3 – Year 8

Year 8 had five different sessions on the day. The following week they were asked to rate their knowledge about each of the topics they covered before and after the sessions. Here are the session titles and the students' feedback about their knowledge gains and enjoyment of the sessions:

Session	Knowledge	Enjoyment
Food Fusion workshop	+1.1	4.1
Reading for Wellbeing workshop	+0.7	3.8
Extremism and Radicalisation workshop	+1.5	2.9
Seeking Refuge lesson	+1.2	2.9
Wood Block Printing workshop	+1.4	4.1

Enrichment Day 3 – Year 9

Year 9 had five different sessions on the day. The following week they were asked to rate their knowledge about each of the topics they covered before and after the sessions. Here are the session titles and the students' feedback about their knowledge gains and enjoyment of the sessions:

Session	Knowledge	Enjoyment
Islamic Calligraphy workshop	+1.7	3.6
Seeking Refuge lesson	+0.9	2.2
First Aid workshop	+1.5	3.8
CCE workshop	+1.1	2.9
Reading for Wellbeing workshop	+0.3	2.2

Enrichment Day 3 – Year 10

Year 10 had five different sessions on the day. The following week they were asked to rate their knowledge about each of the topics they covered before and after the sessions. Here are the session titles and the students' feedback about their knowledge gains and enjoyment of the sessions:

Session	Knowledge	Enjoyment
Seeking Refuge lesson	+1.0	2.3
Prison Systems lesson	+1.1	2.9
Reading for Wellbeing workshop	+0.3	2.5
Designing a Prison workshop	+0.6	3.0
First Aid workshop	+1.3	2.8

Enrichment Day 3 – Year 11

Year 11 had four different sessions on the day. The following week they were asked to rate their knowledge about each of the topics they covered before and after the sessions. Here are the session titles and the students' feedback about their knowledge gains and enjoyment of the sessions:

Session	Knowledge	Enjoyment
Revision Skills workshops	+1.3	2.9
Seeking Refuge lesson	+1.1	2.9
Physical Wellbeing Selection	+0.2	4.2
Countering Far Right Extremism talk	+1.8	3.4

Timescapes Project, by Ms Leck

On Friday 11th March, 12 Year 9 students got the opportunity to attend an exhibition and celebration of their work through the 'Timescapes Project' run by Lancaster University, in collaboration with chosen Secondary schools and Lancaster and Morecambe College. The project involved a number of students attending a fieldwork day at Hest Bank saltmarshes, followed by a two day workshop in school where they studied the past, present and future of Morecambe Bay. The students used a wave machine to simulate rising sea levels in the Bay and produced their own piece of art work, based on what they anticipated for the future. The best pieces of work from the project were selected for use in a stereoscope to be displayed to the general public along the promenade at a future date.

The work produced was then exhibited in an event held at the iconic Midland Hotel. Students were given the opportunity to show off their art work to local experts in varying fields from conservation to engineering, to the council and planning, research and innovation. The students work was unveiled in a high-class celebration. We enjoyed having tea and biscuits, listening to both experts and other students talk about their visions and see other people's art work displayed.

This was an amazing, once in a life time opportunity for the students to be involved in, and I was extremely proud of the students work, and the students' contribution on the day. Well done to those involved. They have truly done both themselves and the community proud. We will keep you updated when the final installation of their work is installed in the Bay for general viewing.



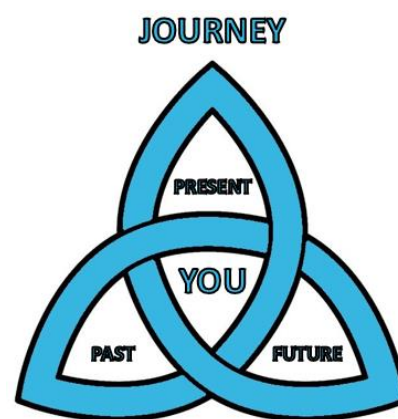
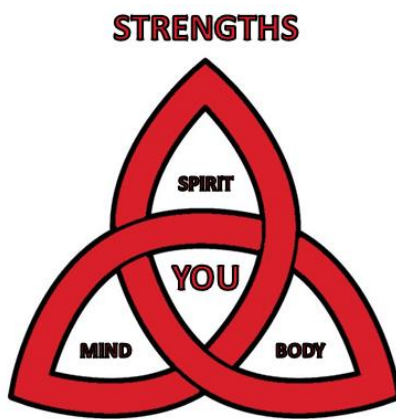
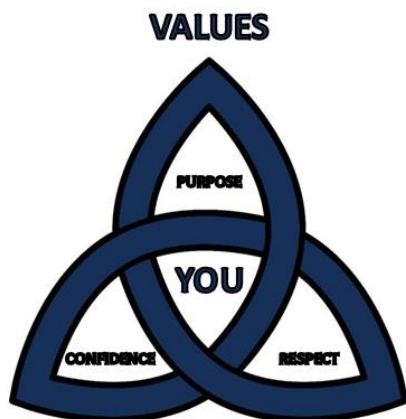


Our Life Skills Curriculum

As part of your child's education at CHS we promote personal wellbeing and development through a comprehensive Life Skills curriculum. This subject gives students the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. We hope that our students learning will be a constant conversation throughout their time at CHS, with their teachers, form tutors and with adults they trust at home too. With that in mind, we will be sharing the content that we are covering in Life Skills with you at the beginning of each half term so that you can have the opportunity to speak about these topics with your children outside of school too. Below are the topics that we are covering in Life Skills this half term:

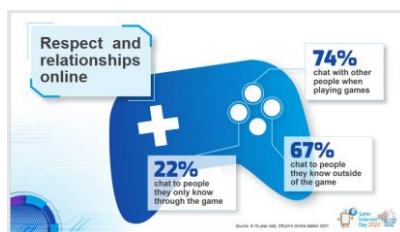
Year 7	Year 8	Year 9	Year 10	Year 11
Consent	Vaping, nicotine & addiction	Consent & pornography	Commitment in relationships	Pregnancy/Parenting
Attraction & crushes	Consent & Desire		Conflict Management	Abortion
Unwanted contact	Sexually Transmitted Infections	Body confidence	Diversity in the UK and our community	Relationships – beginnings
Role models & sexual harassment	Contraception		Being an active bystander	Relationships – maintenance
Unhealthy Relationships	Abortion	Sexually Transmitted Infections	The Criminal Justice System	Relationships – healthy endings
FGM & Forced Marriage	Body confidence		First Aid	First Aid

We have designed the Life curriculum to meet all of the Department for Education's recent changes to relationships and sex education (RSE). As a reminder, is also a requirement for us to let you know that if you do not want your child to take part in some or all of the sex education lessons that we deliver, you can ask that they are withdrawn. You will be asked to come into school to discuss this decision and we will grant this in all but exceptional circumstances, up until three school terms before your child turns 16, at which point they must choose for themselves. If you have any questions about this or the Life Skills Curriculum then please email Mrs Gregory, Teacher in Charge of Life Skills at sgregory@carnforthhigh.co.uk.



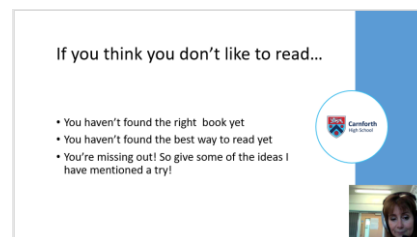
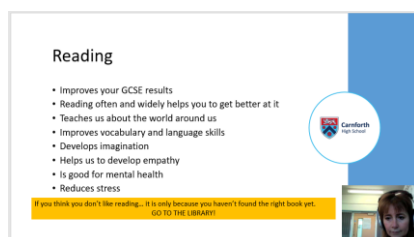
Personal Development – Assemblies Update

Our assemblies are used to help students develop their cultural capital, part of which is to understand key world events, how these affect them and be able to discuss these with others. Assemblies (and the activities students complete the next day) are closely linked to Spiritual, Moral, Social and Cultural development (SMSC). It's always great to find out how your children are developing in this area of personal development, as well as on their academic journey, so here is a quick summary of what we've been looking at in assembly over the last two weeks:



Assembly: Safer Internet Day

Linked to Safer Internet Day 2022, we talked to the students about the good and bad points of online gaming and online activity in general. Students were told about the best ways to stay safe and happy in the online world.



Assembly: Reading

Mrs Barnes talked to the students about the many benefits of being a reader, continuing the reading strategy that we have been implementing this year. Carrying on from Enrichment Day 3, ideas such as trying audio books as a 'way into reading' were discussed.



CHS Award for Half Term 5

As you'll know, we pride ourselves on offering a strong Personal Development offer for our students as well as our strong academic offer. All students in year 9 are enrolled in the bronze Duke of Edinburgh's Award and students in year 10 who have completed the bronze award have the opportunity to complete the silver award.

This year we also launched the CHS Award for years 7 and 8. Based on the style of the Duke of Edinburgh's Award, the CHS Award allows students to complete four key elements by attending physical and skills-based clubs as well as taking part in volunteering and experiences in order to earn their bronze and silver CHS Award badges. Next year we'll also be introducing a gold award level for those who have bronze and silver and want to take on leadership roles.

We have an exciting new Skills club this half term, the **History Club** (which is running a **historical fiction writing competition**). You can see information about this below.

History Club – Historical Fiction

Tuesday, Lunchtime, in HI2



Carnforth
High School

Calling all students who have an interest in history and who are up for a competition. Over the next half term, we are looking for students to write a piece of historical fiction. At the end of the half term, the pieces will be judged and the best five submitted to the Historical Association with prizes on offer. Every Tuesday lunchtime in HI2, Mr Potter will help you to research your chosen area of history and then support your creative writing!!



What Can I Do at Lunch and After School?



Carnforth
High School

Lunch Time in Half Term 5

Monday	Tuesday	Wednesday	Thursday	Friday
Chess and Draughts Club in HI2	GeoGuessr in the Music Room	Hairdressing Club in the Hair Salon	Eco Schools Club in GG2 (WEEK B ONLY)	Jewellery Making Club in GG3
SKILLS	SKILLS	SKILLS	SKILLS	SKILLS
CHS Pride	History Club in HI2	Origami Club in M2	Year 9 Fitness Session in the Fitness Suite	Year 11 Boys Football in the Sports Hall
	SKILLS	SKILLS	PHYSICAL	PHYSICAL
Year 11 Study/Revision Club in IT3	Years 7 & 8 Basketball in the Sports Hall	Year 11 Read It Again Club in E1	Years 7-11 Post-16 and Careers Advice Drop-in in the Library	Reading, board games and study in the Library (12.55-1.20)
	PHYSICAL			
Reading, board games and study in the Library (12.55-1.20)	Year 11 Study/Revision Club in IT3	Year 11 Study/Revision Club in IT3	Reading, board games and study in the Library (12.55-1.20)	
	Reading, board games and study in the Library (12.55-1.20)	Years 7-11 Post-16 and Careers Advice Drop-in in the Library		
		Reading, board games and study in the Library (12.55-1.20)		

After School in Half Term 5

Monday	Tuesday	Wednesday	Thursday	Friday
Years 7 & 8 Boys Rugby on the Field	Years 7-10 Girls Rounders on the Field	Boys Fixture Night	Years 7-10 Mixed Athletics	
PHYSICAL	PHYSICAL	PHYSICAL	PHYSICAL	
All years Girls Rugby on the Astro Turf	Years 7-10 Boys Cricket on the Field	Homework Club in HSC1	Homework Club in the Library	
PHYSICAL	PHYSICAL			
Homework Club in HSC1	Homework Club in the Library			



Jewellery Club

Jewellery club will continue to run every Friday lunchtime in GG3 next half term. Ms Leck has done some fantastic work with the students already, as you can see from the photos above. This coming half term Ms Campbell will take over the leadership of the club with Ms Leck's support.



Year 7 Football

Another very busy fortnight of fixtures! On Thursday 10th March the year 7 and year 8 boys football team travelled to Central High School. The year 7 team won 2-1 in a close game. This was the best football that the year 7s have played to date and are now really starting to look like a competitive team. Goals were scored by Nat De Silver in the first half before player of the match Kenzie Fairgreave scored the winner with a superb strike from outside the area late in the second half. Well done boys.



Year 8 Football

The year 8 boys narrowly lost 4-3 in a rollercoaster game. Central burst out of the starting blocks and stormed to a 3-0 lead at half time. However, Carnforth showed a superb never give up attitude and in the second half drew the game back to 3-3 with goals from Oliver Kennedy (2) and Jay Igoe. However, in the closing moments of the game Central snatched the victory with a late goal. An awesome game of football for the neutral!



Year 8 Netball

On Tuesday 15th March the Year 8 Girls attended the District Netball tournament. There was tough competition from the 5 other schools in the district. The tournament was played in a round robin so each team played everyone. Our Year 8's were drawn to play Ripley first. It was a very close match during both halves with many chances from both teams. Carnforth were victorious at the final whistle winning this first match 3-2. From here the girls went from strength to strength. They beat Morecambe Bay Academy 7-2, they won against Bay Leadership Academy 9-0, and also showed great strength in leading throughout and beating Our Lady's 3-1. The only defeat the girls incurred was against Lancaster Girls Grammar losing 13-1 against a very strong Grammar team.

There were several players highlighted as Player of the matches including Amy Taylor, Lottie Mason and Lena Pych, however I believe all the girls were outstanding in their positions throughout each game. Overall this meant that Carnforth only lost one match and therefore came 2nd in the district Netball Tournament. Well done to the year 8 team. I would like to thank them for all their hard work in their weekly netball training sessions since September, it has definitely paid off! Congratulations!



Year 8 Indoor Athletics

On Wednesday 16th the Year 8 boys indoor athletics squad travelled to Blackpool sports centre to compete in the county finals of the sports hall athletics. The boys qualified after a superb performance at the district round and represented the region of Heysham in the final. Up against schools from all over Lancashire, the standard was high. The boys represented the school superbly with some excellent performances across the day in a range of events.



Football Bulk Fixture

On Thursday 17th March the boys football teams hosted a huge bulk fixture against QES at home. After a tough couple of years of sport and extracurricular it was great to see 4 games of football going on at the same time, side by side, on the school field. All fixtures were friendly fixtures against a tough opposition in QES who just edged all four games. The year 7s slipped to a 2-1 defeat, however produced a battling performance to be proud of. Nat De Silver scored the only Carnforth goal. The year 8s lost 4-2 in an end to end game, with goals from Harvey Nixon and Oliver Kennedy. The year 9 team lost 5-1, however produced a good performance with an injury ravaged team. The year 10s lost 3-1. Well done to all the players who represented the school so well in all the fixtures.

New Extra-Curricular Programme

Here is our new extra-curricular programme, which begins on our return from the Easter holiday:



Carnforth
High School



PE Department Extra Curricular Programme April 19th - May 27th 2022

	<u>LUNCH 12.45pm - 1.15pm</u>	<u>AFTERSCHOOL 3.30pm - 4.30pm</u>
<u>MONDAY</u>	GCSE PE Revision - Sports Gallery (CC)	Y7/8 Boys Rugby - Field (SA) All Years Girls Rugby - Astro (BL)
<u>TUESDAY</u>	Y7-Y8 Basketball - Sports Hall (CC/NW)	Y7-Y10 Girls Rounders - Field (NS & LN) Y7-Y10 Boys Cricket - Field (CC & JD)
<u>WEDNESDAY</u>		
<u>THURSDAY</u>		Y7-Y10 Mixed Athletics (JD, CC & LN)
<u>FRIDAY</u>	Y11 Boys Football - Sports Hall (CC)	

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

You **MUST** bring trainers for ALL lunch time clubs or you will not take part.

CONFIDENCE

PURPOSE

RESPECT