



CONFIDENCE

PURPOSE

RESPECT



Principal's Message

As we come to towards the end of this academic year we've recently said goodbye to our year 11 students at the prom event at Lancaster House Hotel. A lovely evening was had by all who attended. Our year 10 students will soon be in year 11 and ready for the final year of their exam courses, but first they will be out next week on work experience. I'm sure this will be a great experience for them and a key part of their Careers education at CHS.

Important Upcoming Dates

Tuesday 5th July: Year 6 Transition Evening

Wednesday 6th July: Year 6 Transition Day

Thursday 7th and Friday 8th July: Year 10 Geography Field Trips

Monday 11th July: Year 10 Work Experience Begins

Tuesday 12th July: Years 7-9 Sports Day

Wednesday 20th July: School closes for summer holiday at 3.25pm

What Timetable

Week Is It?

W.B. 4/7/22 =
WEEK B

W.B. 11/7/22 =
WEEK A

Work Experience

Next week we'll be sending all of our year 10 students out on a week of work experience. This is a great opportunity for students to spend time in real work places developing soft skills such as the ability to arrive on time, present themselves well, interact as respectful young adults with fellow employees and members of the public, work under a boss and organise their time well through a working day, etc. Students had the opportunity to organise a self-placement or to take a placement organised by our partner company. The vast majority of students were informed of their placement details on Thursday at a special assembly and the remainder will be informed about their placements at the start of this week. Students now need to telephone their employers and confirm key details, like what time to arrive on Monday, what to wear, etc.



E X P E R I E N C E

School Library Team

This last week has seen Aimee Louise Garner from Year 7 join the school library team. Aimee has been helping out occasionally over the last few months as and when needed and has launched our weekly drawing competition for students in Years 7-8. Last week she completed her Entry Level Student Librarian training and passed with flying colours and is now looking forward to working alongside our Senior Student Librarian, Maddison Hussey from Year 10.

Aimee's drawing competitions are still proving popular each week. Last week's theme was from the category of Food and this week's is on the topic of Summer. Aimee gives away great prizes to students including stationary, book marks and yummy sweet treats. Maddison continues to offer Kahoot quizzes on two lunch times each week which again are proving very popular with the younger students. Again, Maddison has great prize bags available for winning teams.



Lancaster University Visit

On Monday 27th June, 42 Y9 and Y10 students visited Lancaster University to learn about the opportunities that Higher Education can offer and also what it would be like to study English and Creative Writing at university level. Students started the day with a presentation on the advantages of attending university before going on a tour of the campus. Students visited the library, sports facilities, support services and different faculties and asked excellent questions throughout, including great discussions on student finance, living away from home and studying abroad.



Lancaster University Visit (continued)

In the afternoon, we were treated to two complex sessions which would normally be delivered to first year undergraduates! One team looked at the creation and design of graphic novels, whereas the other group investigated how creating maps from the places mentioned in a poem can reveal the writer's intentions. Then, we moved on to creative writing and designed a character or a new world, starting with an object to build complex stories under the guidance of lecturers at the university. This was a real favourite point in the day for most students as they left the sessions with beautifully crafted ideas which has allowed them to push their imagination.

We rounded the day off with an excellent Q&A session with some student ambassadors, where we looked more in detail at the lifestyle at university and how it differs from schools. Our students found this really interesting and getting back on the coach, more than one person remarked "Can I just go to university now?" Overall Miss Laverick, Ms Porte and Mr Hughes were extremely impressed with the inquisitive nature and thoughtfulness that our pupils displayed on the day and their confidence in speaking about their future goals. We hope we'll be able to visit again in the future!





Boys' Cricket

On Thursday 16th June the year 7/8 boys cricket team travelled to Lancaster Boys Grammar School for the under 13 district cricket tournament. The boys were placed in group 1 with LRGS Y8 B team and Bay Leadership Academy. The first game was a victory vs Bay Leadership Academy. Carnforth won the toss and elected to field, with BLA scoring 39/2 from 10 overs. Superb bowling and fielder from a number of the Carnforth players limited the BLA batting attack. Harley Halpin was the pick of the bowlers with 2 wickets from 2 balls. Theo Mills, Kenzie Fairgreave, Dan Lawson and Callum Davidson also bowled some tight overs mounting pressure on the BLA batters. In response Carnforth scored 41 runs from 6 overs to take the win. The second game was against LRGS Y8 B team, again CHS won the toss and elected to field. LRGS scored an impressive 95/1 from 10 overs. Halpin took the only wicket of the innings. In response Carnforth scored 35/3 from 10 overs. The boys batted well against a fast LRGS attack but struggled to score runs at a high enough rate. Fairgreave and Mills the pick of the batsmen, with Fairgreave scoring 11 before being given out to a tight LBW call and Mills scoring an unbeaten 11. This meant that the boys finished 2nd in the group and as a result played Ripley St Thomas in the 3rd place play off. Again, winning the toss and electing to field, Ripley scored 96/4. The pick of the bowling stats were Halpin 24/2, Fairgreave 13/2 and Mills 21/1. The Carnforth batting innings finished on 48/9 with Toby Ripley scoring the highest score of 8. This meant that the boys finished 4th out of 6 schools. Most importantly though the boys have played 4 games in the past 7 days and have progressed a great deal over this period of time. This is exciting for future seasons. Well done boys.



Girls' Cricket

On Tuesday 21st June the year 7 and 8 girls cricket team travelled to Bare Cricket Club to play in the district round of the secondary school's cricket competition. The girls were in a group of three teams with Archbishop Temple and Morecambe Bay Academy. The girls won both of their two group games. Each game was an 8 over game, played to standard cricket rules. The first game against Archbishop Temple was a comfortable 22 run win. Stand out performances were from Dolly Rich who scored 16 runs with the bat and a number of the bowlers who bowled superbly – Erin Walker, Lilly Dyson, Elizabeth Gates, Lexi Walker and Holly Scott. The second game was much tighter with Carnforth batting first and scoring a huge 84 runs in 8 overs. Dolly Rich scoring 27 runs and Erin Walker 18 runs. Morecambe however batted very well and a tight final over from Walker limited Morecambe to 76 runs and an 8 run victory for table topping Carnforth. This set up a final game versus Ripley, the winner of this game would qualify for the county finals at Blackpool in July. Carnforth again batted first, Dolly Rich again top scoring with 24 as Carnforth reached 70 runs. In reply Ripley only scored 47 runs after some more superb bowling and fielding from Carnforth. Ruby Blaylock held a superb catch high on the boundary. This means that the girls have now qualified for the county finals in July. All the girls were a credit to Carnforth High School, showing a high level of skills and sportsmanship under the excellent captaincy of Lilly Dyson.



Rounders

On Tuesday 21st June Carnforth hosted the year 9 District Rounders Tournament. Unfortunately, due to various circumstances there were only three teams that entered from the District. Those teams were Ripley, Lancaster Girls Grammar and Carnforth. The draw was made and we played LGGS first. With only one innings to play, our year 9's started very strong as they batted first. There were some fantastic long-range hits and some great runs made; resulting in an end score of 5 rounders with very few errors made from our home batting team. LGGS countered this by also playing very well, hitting almost every ball and scoring quite a few half rounders on the way. They scored 8 rounders in total. The Player of the match nominated for this game was Martha Sowerby. Carnforth then went on to play Ripley at the end of the tournament. After a great innings from both sides the overall result was 5 rounders to Carnforth and 9 Rounders to Ripley, with Player of the match going to Ginny Cross. The overall results : Ripley 1st, LGGS 2nd and Carnforth 3rd in this year 9 District Rounders Tournament.

Boys' Cricket

On Wednesday 22nd June the year 9/10 boys cricket team played in the district cricket tournament, hosted at Bare and Torrisholme cricket clubs. The first game was against Bay Leadership Academy. BLA won the toss and elected to field, captain Alfie Hill and wicketkeeper Louis Potter opened the batting and hit a superb combined 58 runs. Potter scored an unbeaten 30 (retired) and Hill 28. The opening pair put on 10 boundaries between them, a superb watch. Alfie Stephenson, Connor Dyson and Charlie Risbeough added to the score during the remainder overs of the 10 over innings. The first innings score was 91/2. In response Bay scored 25/8 with wickets being shared out by Hill, Ted Bird, Dyson, Ben Park, Harry Huddleston, Corey Fairgreave and Harvey Antonsen-Machlachan. A comprehensive victory to start the group stages.

Next up was Lancaster Boys Grammar school who presented a much bigger test. Hill won the toss and elected to field, with LRGS scoring a respectable 77/3 for their 10 overs. A stand out batting performance from the LRGS opener Ravashaker who scored an unbeaten 30 being the pick of the batsmen. Stephenson, Riseborough and Hill were the wicket taking bowlers. The Carnforth response was positive, keeping to the 8 runs an over run rate until the 7th over where a number of wickets fell in quick succession to swing the game in LRGS's favour. Potter (29) and Hill (28) again both batted superbly against a strong LRGS bowling attack. Both batters were unlucky to lose their wicket looking to add runs on the board before they were forced to retire on 30. Dyson and Riseborough batted well in difficult circumstances, now chasing 12 runs of the final over. Grammar won by a tight 7 runs. A superb effort from the Carnforth boys to push a top team so close. This meant that LRGS topped the group and that Carnforth had to settle for a third place play off versus Morecambe Bay Academy. Again, Hill won the toss and elected to field with Morecambe scoring 71/5 from 10 overs. Max Lancaster was the pick of the bowlers with stats of 9/2 from his spell. In response Carnforth just fell short, losing by 3 runs. Hill was top scorer with 28 runs. This meant that the boys finished in 4th place overall. A superb performance from the boys, with some absolutely outstanding individual performances with bat and ball. Well done boys.



Girls' Cricket

On Thursday 30th June the under 15 girls cricket team competed in the Lancashire cricket tournament at Bare Cricket Club. Played in traditional British cricket weather, with a mix of rain and sunny spells! The girls played three games in total, the first being a 20 run victory versus All Hallows School. Lauren Bell was top scorer with 25 runs as Carnforth scored 74-2, in response All Hallows only scored 54-2. The second game was a much tighter game versus Penwortham Girls Academy, batting first Carnforth scored 74-4. Penwortham ran this closely and scored 64-4, with Eleanor Gladstone taking three vital wickets to halt the Penwortham batting momentum. Rain then stopped play prior to the third and final game of the tournament, which was a 59 run victory against Archbishop Temple School. Archbishop scored 44-5 with Jenta Walker taking 4 wickets. Carnforth scored a superb 99-1, with both Walker and Bell retiring on 25 runs each. A superb team performance and the girls have now qualified to compete, alongside the under 13 team, in the county finals of the Lancashire Cricket Tournament in Blackpool next week. Well done girls.



District Athletics

On Wednesday 29th June the district athletics event took place at Salt Ayre sports centre. This is a key event in the PE extracurricular timetable, with many pupils training and practicing hard over the past two months ahead of the event. For many pupils, due to the event being cancelled for the last 2 years, this is their first ever competitive full athletics event. It was great to see the look on pupils' faces as we entered the athletics track on the morning of the event, as it dawned on many of the pupils, the scale of the event and the full size of an athletics track! In total, 98 pupils across years 7, 8, 9 and 10 competed for Carnforth at the event and everyone single pupil represented the school magnificently. PE kit, behaviour and performance were all superb and a fantastic representation of Carnforth High School.

District Athletics (continued)

All year/gender groups had 7 teams competing in each category. The year 7 boys finished in 5th place, with notable performances from Rob Paul who won gold on long jump with a jump of 4.60m and Charlie Newby won silver on discus with a throw of 18.33m. The year 7 girls finished in 4th place, with Bali McGrow taking silver on the hurdles with a time of 15.80 seconds and August Grogan who won bronze on javelin with a throw measuring 14.39m.

The year 8 boys finished in 4th, missing out on the top 3 by only 8 points. A number of superb performances from the following boys – Harvey Nixon with silver in the 800m with a time of 2.43 minutes, Charlie Taylor also with silver in the 1500m with a time of 5.31 minutes, Alex Cowley with silver on the high jump with a jump of 1.35m, Toby Ripley bronze on the shotput with a throw of 7.53m.

The year 8 girls finished in a superb 3rd with many of the girls finishing in the top 3 in their event. Lottie Mason won bronze in the 200m with a time of 32.30 seconds. Issy Mason took bronze in the hurdles with a time of 17.60 seconds. Then there was a number of wins in the field events. Libby Rabbich won the high jump with a jump of 1.21m, Dolly Rich won gold on the shotput with a throw of 7.32, Holly Scott won gold on javelin with a throw of 14.30m and Ruby Blaylock took gold on the discus with a throw of 15.42m. The girls also finished in 3rd on the 4x100m relay. Well done girls on a superb performance!



District Athletics (continued)

The year 9 boys finished in 4th, with the highlight being Matthew Hirst Greenham taking silver in the discus with a huge throw of 20.67m. Dan Debnam took bronze on the shotput with a throw of 8.26m and Bowman Byrom won the long jump with a jump of 4.65m. Will Watson took bronze on the 800m with a run of 2.28 minute.



District Athletics (continued)

The year 9 girls finished in 4th, with Ginny Cross taking silver on the javelin with a throw of 19.84m. Martha Sowerby produced a great performance in the hurdles to take silver with a run of 16.70 seconds. Lola Henshall won silver in the long jump with a jump of 3.90m and Thea Perkins won gold on the shotput with a shot measuring 8.33m

The year 10 boys finished in 4th place with stand out performances by Alfie Hill in the 300m who won bronze, with a run of 44.8 seconds. Remy Thomson who won bronze in the 1500m with a run of 5.23 minutes. Ted Bird who took bronze in the long jump, jumping 4.29 metres. Miller McBride also took bronze in the shotput with a throw of 7.95m. Lennon Doyle took silver in the javelin with a throw of 21.07m.

The year 10 girls finished in 3rd place with more super performances. Eleanor Gladstone took silver in the 100m with a time of 15.20 seconds. Ava Gladstone took bronze in the 300m with a time of 34.70 seconds. Amber Allington Moore took bronze in the 300m with a time of 54.80 seconds. Matilda Bourne with a bronze on the 800m with a time of 3.29 minutes. Emily Taylor with bronze in the 1500m with a time of 7.00 minutes. Molly Dunning with silver in the triple jump with a distance of 7.60m. Lauren Bell with a superb gold in the shotput with a throw of 9.55m and Kenedy Scott with silver on the javelin with a throw measuring 15.42m. Finally, the girls took bronze on the 4x100m relay to finish off a superb day of athletics.

Well done to all pupils involved who were a fantastic representation of sport at Carnforth High School.



Bags to School

The PE department is running its annual “Bags to School” donations. Therefore, the PE department would like to ask for donations of unwanted clothing, which can be weighed off to raise money for the PE department. All proceeds will go towards funding extra-curricular sport and equipment in the PE department. Collection is on Monday 11th July. Send your child in with or drop any items off in the reception area before that date. Please see below a list of items that are accepted, all items can be brought to school in carrier or bin bags. Many thanks in advance, the PE department.

We accept the following **‘good quality’** items for RE-USE*:

- Men’s, Ladies’ and Children’s clothing
- Paired shoes (tied together or elastic band around)
- Handbags
- Hats
- Bags
- Scarves and ties
- Jewellery
- Lingerie
- Socks
- Belts
- Soft toys
- Household linen
- Household curtains
- Household towels
- Household bedding (bed sheets, pillow cases and duvet covers)

PE Department Kit and Behaviour Policy

Well done to all the pupils who have continued to follow the PE department zero tolerance policy on PE kit, trainers and behaviour. The PE department would like to thank all parents for their support and for solving any kit issues that your child may have had. A reminder that it is a lunch time detention for any pupil who fails to bring any item of their PE kit, including appropriate footwear (trainers/boots), to their PE lesson. There are numerous signs around the PE department to remind all pupils of the expectations and behaviour that is expected in the PE department. Please continue to keep your standards high throughout the final half term of the academic year.

	<u>LUNCH 12.45pm - 1.15pm</u>	<u>AFTERSCHOOL 3.30pm - 4.30pm</u>
<u>MONDAY</u>	GCSE PE Revision - Sports Gallery (CC)	
<u>TUESDAY</u>	Y7-Y8 Basketball - Sports Hall (CC/NW)	Y7-Y10 Girls Rounders - Field (NS & LN) Y7-Y10 Boys Cricket - Field (CC & JD)
<u>WEDNESDAY</u>		
<u>THURSDAY</u>		Y7-Y10 Mixed Athletics (JD, CC & LN)
<u>FRIDAY</u>		

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.
You **MUST** bring trainers for ALL lunch time clubs or you will not take part.

Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

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JOIN US FOR OUR COMMUNITY HEALTH & FUN DAY SATURDAY 16th July 2022



10am to 3:30pm



In association with Carnforth ICC

Carnforth High School

Kellet Rd., Carnforth, Lancs. LA5 9LS.



FREE Confidential Health Checks



Lots of interesting stalls for
Health & wellbeing information &
advice



Activity demonstrations for all
the family



The Swimming Pool inflatable
for under 18s 15:00 -16:00

(Bring your cozzies)



Smoothie Bike - pedal your way
to a healthy smoothie



And lots, lots more!!

Rotary
Carnforth



Carnforth
High School

Bay Health &
Care Partners
delivering



Carnforth
Community
Swimming Pool



Ash Trees Surgery

