

CHS Newsletter

"Teachers challenge pupils effectively" – Ofsted 2021

2023/24 Issue 3: 16th October 2023



Carnforth
High School



THE BAY
LEARNING TRUST

CONFIDENCE PURPOSE RESPECT

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Headteacher's Message

We are rapidly approaching the end of half term 1 and it has been a very busy one. We are starting to see the impact of the new Class Charts platform and I want to thank all parents who are using this. If you have not looked at it yet, please log in. Year 11 are preparing for their mocks, and it was fantastic to see so many parents attending the recent information evening. This newsletter has lots of information regarding careers and post-16 open events. Any parents of Year 6 students please make sure you have completed your secondary choices by the 31st October deadline. Have a lovely half term and we look forward to seeing all students looking smart on Wednesday 1st November.

Important Upcoming Dates

Monday 16th October: PSHE Parents' Information Evening
Wednesday 18th October: SEN Parents' Information Evening
Wednesday 18th October: Year 11 Careers Advisor Interviews 1
Friday 20th October: Year 11 Careers Advisor Interviews 2
Friday 20th October: School Closes for Half Term
Wednesday 1st November: School Re-Opens for Half Term 2

What Timetable

Week Is It?

W.B. 16/10/23 =
WEEK A

W.B. 30/10/23 =
WEEK B

Year 11 GCSE Mock Exams 1

Each year we help our Year 11 students to prepare for their summer exams with two series of mock exams. Series 1 begins soon after we return from half term holiday, with **the first exams on Monday 6th November**. Students were provided with a range of support and resources at our recent GCSE evening and will also be given guidance around the specific papers they will be sitting from their individual subject teachers. Over the next two pages you can see what exams and specific papers your child will be sitting over the first two weeks of mock series 1 (there are also Spanish and Art exams in the weeks that follow). Please talk to your child about these exams and the importance of studying for them.

Mock exams are
coming!

MOCK
EXAMS

Start
SOON

Make
STUDY
timetable

STUDY!
ARGGHH!!



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High School

Year 11 Mock Exam Timetable

WA: Monday 6th November—Friday 10th November

	Monday 6th November		Tuesday 7th November		Wednesday 8th November		Thursday 9th November		Friday 10th November	
	Start	Subject	Start	Subject	Start	Subject	Start	Subject	Start	Subject
P1	9.20am	Triple Biology Trilogy Biology	9.20am	Maths paper 1H/F (Non-Calculator)	9.20am	English Language (component 1)	9.20am	Maths 2H/F (Calculator)	9.20am	English Literature
P2	10.20am		10.20am		10.20am		10.20am		10.20am	
BREAK TIME										
P3	11.40am		11.40am		11.40am		11.40am		11.40am	
P4	1.25pm	DT	1.25pm	Spanish Listening F/ H	1.25pm	History Paper : cold war	1.25pm	Media Paper 1	1.25pm	PE: Health & Performance
P5	2.25pm		2.25pm	Spanish (reading)/F/H	2.25pm		2.25pm		2.25pm	



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Year 11 Mock Exam Timetable

WB: Monday 13th November—Thursday 16th November

Monday 13th November			Tuesday 14th November			Wednesday 15th November			Thursday 16th November			Friday 18th November		
Start	Subject	Time	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time
P1	9.20am Triple Physics Trilogy Physics	1hr 45 1hr 15	9.20am	Maths Paper 3 H/F (Calculator)	1hr 30 min	9.20am	Triple Chemistry Trilogy Chemistry	1hr 45 1hr 15	9.20am	Food CS	1hr45 1hr45	9.20am		
P2	10.20am		10.20am			10.20am			10.20am			10.20am		
BREAK TIME														
P3	11.40am		11.40am			11.40am			11.40am			11.40am		
P4	1.25pm	Spanish writing F/H 65min/ 80min	1.25pm	Geography	1hr30	1.25pm	RE: Themes: Relationships and Life & Death	60 mins	1.25pm			1.25pm		
P5	2.25pm		2.25pm			2.25pm			2.25pm			2.25pm		

Fundraising Success – Macmillan Coffee Morning

You may remember that on Friday 30th September, Ms Gregory and her charity team organised this year's 'World's Biggest Coffee Morning,' raising money for Macmillan Cancer Support. Just to let you know that we raised a brilliant £223.94 on the day – thanks to everyone who supported and bought cakes.

Our cake creation winners were:

Best cake - Harry - Oreo chocolate cake
Best decoration - Layla - Octopus cake
Best traybake – Millie - Chocolate Shortbread
Staff best bake - Izzy - Chocolate cake



New Club – The Blue Peter Badge

Miss Benson and Miss Williams have launched a new club for Years 7 and 8 – The Blue Peter Badge Club! It doesn't appear on our clubs list yet (it will be there next term!) but is up and running. Students can celebrate their success and earn Blue Peters badges, which also allow them free access to hundreds of UK attractions. More details below.

The ALL NEW Blue Peter Badge Club starts THIS WEEK for Years 7 and 8!

- Have you done something that you are proud of?
 - A great piece of work?
 - Raised money for charity?
 - Read a great book?
 - Helped the environment?
 - Competed as part of a sports team?
 - Performed as part of a play or a musical event?
 - Showed kindness to someone?
 - Saved someone's life?
 - If you have, then we want to know about it.
 - Come and celebrate your successes with us and apply for one of the 9 Blue Peter Badges that are available.
 - By Earning a Blue Peter Badge, it can get you **FREE access to 200 different attractions around the country** including places like Blackpool Pleasure Beach, Chill Factor and Knowsley Safari Park!
- **When?** Thursday Week B lunchtimes
• **Where?** IT3
• **Who with?** Miss Benson and Miss Williams.

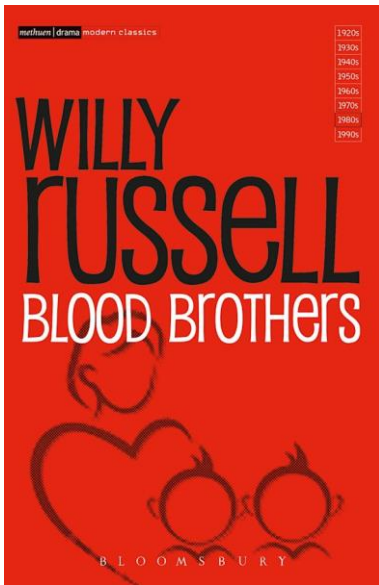


Student Success – Izzy’s Horse Riding Achievement

Congratulations to Izzy in Year 10 on her excellent achievement at the recent Horse of the Year Show. It was the 74th edition of the Horse of the Year Show, one of the most important equestrian events of the year, and took place at the NEC Birmingham. Izzy and Hector placed 3rd, which is an amazing achievement. Well done Izzy!

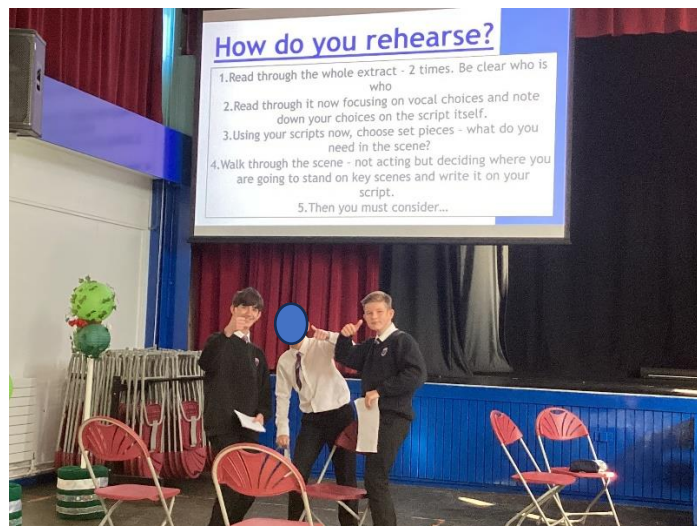
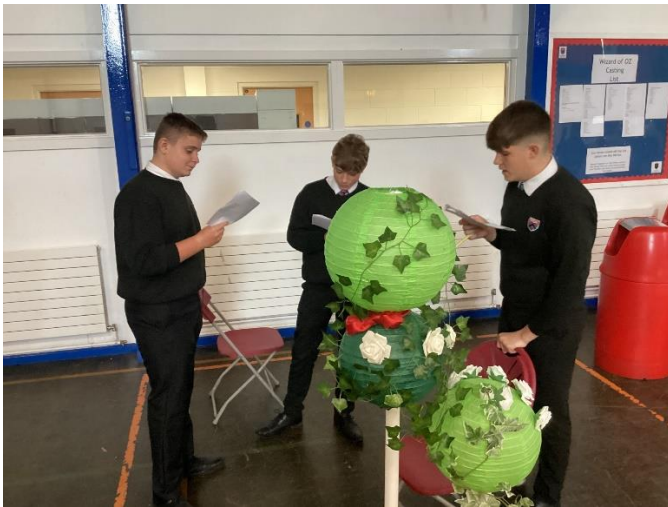


Horse of the Year Show 2023



What's Happening in Lessons? – Drama

Today we visited Drama, where Year 10 GCSE students were rehearsing scenes from 'Blood Brothers,' a musical with a contemporary nature versus nurture plot, revolving around fraternal twins Mickey and Eddie, who were separated at birth, one subsequently being raised in a wealthy family, the other in a poor family. Students were developing an understanding of dialogue, scene setting and the importance of rehearsing to improve.





Autism Support Consultants

Our mission : To make school successful for autistic children and young people

Reachout ASC was set up by Lynn McCann in January 2014, after working as a primary teacher for many years and then for eight years in an all age specialist autism school. Lynn had set up an outreach service at the specialist school and realised that there was a great need for good, practical autism support and training in mainstream schools.

Staff SEND Training

During our INSET Day on Monday 9th October, the CHS Staff were visited by Reachout ASC for a three-hour training session. The day was both challenging and rewarding and will help our staff to further support all our students to be happy and successful at school and beyond.



PLANS IN PLACE

Year 11 Careers Advisor Interviews

Year 11 is a particularly important year for our students and their futures. This year your child will complete mock exams in November and February to prepare them for their GCSE exams in the summer. For many Year 11 students, this will feel like an 'end,' as they complete their five year journey with us here at CHS. However, this is really just the next stage in their journey towards their future! Results in the GCSE exams are the key to opening the doors to a range of further qualifications and future successful careers.

Over the last two weeks we have been asking all students in Year 11 to tell us what their current plans for post-16 are. Some students have clear plans in place, e.g. "I want to get a degree in Archaeology, so I'm going to Ripley St Thomas Sixth Form to study an Ancient History A-Level alongside English and Geography." Others have a general idea, e.g. "I want to do an apprenticeship as a mechanic," or "I want to do something at college about childcare." Others have no idea... yet!

To support students in Year 11 to plan their futures (and to help them further understand the importance of success in the summer exams), **all students in Year 11 will have a one-to-one interview with a qualified Careers Advisor from 'Career North' in the week before or the week after half term, and therefore they will have been given guidance before their first mock exam.** The students will be given an individual invitation to their interview in advance. The interviews may take up to 45 minutes and they will be given an individual plan as a result. The students will come out of lessons for the interviews. The current proposed dates are:

- Wednesday 18th October
- Friday 20th October
- Thursday 2nd November
- Friday 3rd November

To help your child to prepare for their interview, and therefore to make sure that they get the most from it, **please talk to your child in advance of their interview about their current career plans,** with a particular focus on what they are considering applying for next year.



The Career North Team

Here is some more information about the team that will be carrying out the Careers Advisor Interviews: Career North Ltd are a local Careers Company who have been providing high quality CEIAG in the North West for over 14 years. Career North's Advisers are highly experienced and professionally qualified in Careers Guidance. They will be providing Independent Careers Advice and Guidance, wherein students will receive valuable and impartial careers advice and guidance, which will support them to make well informed decisions about their future. All students in Year 11 will be offered the opportunity to have a one-to-one Career Conversation and will receive a detailed action plan to support them with their career planning.



Director of Career North Ltd, Jayne has worked passionately with young people of all ages for over 30 years to bring about change and fuel their inspiration and motivation. Jayne has through Career North provided high quality careers services in the North West for over 12 years. She is a published author, national and regional trainer, a Master Practitioner in Neuro Linguistic Programming and a trained coach with experience in the training, development and motivation of middle and senior leaders in education.



Richard is a highly experienced Careers Guidance Practitioner and has been qualified to Level 7 for over 15 years. With extensive experience working with young people in schools and residential care settings he has supported, inspired and enabled 1000's of young people with their career choices and next steps, including vulnerable pupils who are re-engaging in learning. Richard's depth of knowledge, enthusiasm and approachable nature ensures he is able to inspire pupils and support them to make the right choices.



Zack is a Level 6 qualified Careers Adviser holding a Masters in Strategic Leadership and has previously worked for the Sovini Group. Zack's passion, enthusiasm and creativity ensures he quickly establishes rapport with students and gains their trust which is key to the provision of impactful careers guidance. His in-depth knowledge of progression opportunities available to young people supports him to provide the highest quality careers, advice and guidance and achieve many successful outcomes.



Carl has a wealth of experience working with students in higher education, including specialist knowledge around international study. He has invaluable experience of employer recruitment and university application processes, and progression into higher education. His roles within the education sector, combined with his aptitude for communicating effectively with young people, has placed him in an excellent position to provide students with high quality advice and guidance, and fuel their ambitions for the future.

Upcoming College and Sixth Form Open Evenings

An important part of developing a strong plan for post16 is visiting Colleges and Sixth Forms you might be interested in.

Please find below a list of all upcoming events for local Sixth Forms and colleges. You can find links to each of these institutions from our CHS Careers page here: <https://www.carnforthhigh.co.uk/school-life/careers/> where you can read more details about upcoming events and the institutions themselves.

	Institution	Event	Date and Time
	Morecambe Bay Academy Sixth Form	Sixth Form Open Evening	8 th November 5pm-7pm
	Ripley St Thomas Sixth Form	Sixth Form Open Evening	9 th November 5pm-8pm
	Dallam School Sixth Form	Sixth Form Open Evening	30 th November 6pm-8pm
	Queen Elizabeth School Sixth Form	Sixth Form Open Evening	TBC
	Lancaster Girls' Grammar School	Sixth Form Open Evening	2 nd November 5.30pm-7.30pm
	Lancaster Royal Grammar School	Virtual Opening Evening	Available anytime from this link: Virtual Open Evening
	Our Lady's Catholic College Sixth Form	Sixth Form Open Evening	16 th November 5.30pm
	Lancaster and Morecambe College	HE & FE Open Day	18 th October 4.30pm-7pm
	Kendal College	Open Evening	16 th November 4.30pm-7.30pm
	Myerscough College	Various Events	Various dates, see their website: Myerscough



Lancaster &
Morecambe
the College

Lancaster and Morecambe College Event

Lancaster and Morecambe College is one of the most popular post-16 destinations for CHS students. Their Open Day event takes place this week! Please speak to your child about whether this is an institution that they may be interested in for next year and help them in attending the event. We will also have a representative from the college visiting us to speak to all students in Year 11 on our first Enrichment Day in November.

HE & FE OPEN DAY

WEDNESDAY 18 OCTOBER, 4.30-7PM

To support you in making the correct choice, the HE & FE Open Day will provide further information for you and your parents to understand the College offer, and the opportunities that await, including [Full-Time](#) courses, [Higher Education courses](#), [T Levels](#), and [Apprenticeships](#).

Available on the day will be representatives from universities from around the North West, who'll be able to give you advice on the best way to continue in your future career.

Visiting us is the perfect chance to tour our campus, view the fantastic facilities, get a feel for College life, and chat to tutors and current students about the opportunities at LMC. You'll also meet our Student Services Team based in The Hexagon who can advise on financial support, [free bus](#) passes, [pastoral and wellbeing support](#), alongside [careers advice](#) and guidance.

With 97% of our Level 3 learners progressing into employment after they graduate, and our recently-awarded ['Good' Ofsted rating](#), we are confident you'll gain the skills and knowledge required for your career goals at LMC.

BAE – Women in Engineering – Apprenticeship Opportunity

When considering post-16 options, it's important that students think about **local Labour Market Information (LMI)**. This means considering what jobs are available and growing in this area. We're very lucky to have large employers in the area who look for new apprentices every year, BAE Systems in one such employer, offering apprenticeships throughout Lancashire and Cumbria. Many of their apprenticeships are in engineering, which has traditionally been a male-dominated career. To challenge these stereotypes about engineering careers, they offer an 'insight experience' for young women interested in these careers. Please see a link and details over the next two pages.

<https://www.baesystems.com/en/careers/careers-in-the-uk/apprenticeships/insight-experiences>



Women in Engineering

Apprenticeship Insight Experience

Applications are now open for the 2024 Women in Engineering Insight Experiences, taking place early next year.



Before I joined the Women in Engineering programme I was completing my GCSEs. I heard about the programme from my aunty and decided to apply. I really enjoyed the practical activities and meeting apprentices. I learnt a lot about the apprentice programmes at BAE Systems and had a go at engineering. I found it was something I enjoyed and I subsequently joined BAE Systems as a Craft Apprentice. I am now in my second year of an advanced apprenticeship, working as an aircraft fitter on F35, where I support the assembly of small components for the jets.



Jane, Participant

BAE SYSTEMS



A four day programme, with opportunities across the Air, Electronic Systems, Land, Maritime Services, Naval Ships and Submarine sectors at BAE Systems, this hybrid event will introduce you to the exciting world of engineering and the vast range of apprenticeships and careers available.

You will learn more about what it is like to work for BAE Systems, gain hands-on experience in a in an engineering environment and explore the range of career pathways available.

Opportunities are available for school and college leavers, as well as individuals seeking a new challenge.

The programme will be delivered as hybrid learning, with some on-site activity and some virtual learning, across four separate dates in January and February 2024.

As part of the insight experience, you will interview for one of our engineering apprenticeships and could be offered a full-time position, starting in autumn 2024.

Insight Experiences are aligned to our:

Intermediate/Advanced
Apprenticeships (Level 2/3)

Higher/Degree
Apprenticeships (Level 4/6)*

*The insight experience for those interested in Higher/Degree Apprenticeships will be available in the Air, Maritime Services, and Submarines sectors only.

Applications open on:
Tuesday 19 September 2023

Close on:
Tuesday 31 October 2023

[Apply now](#) →

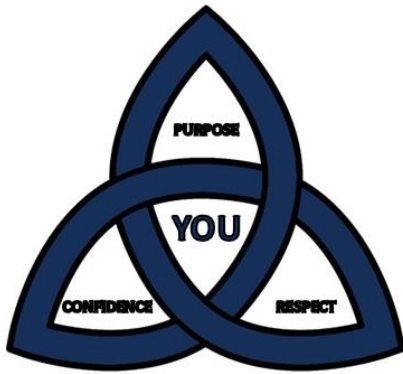
Applications may close early if sufficient applications are received under the closing date

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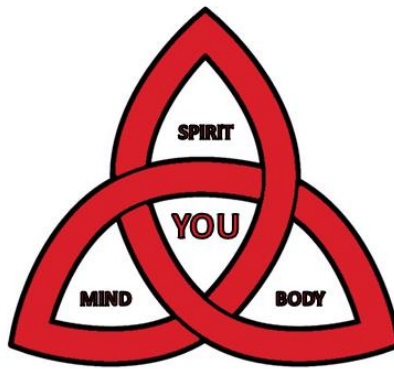


BAE SYSTEMS

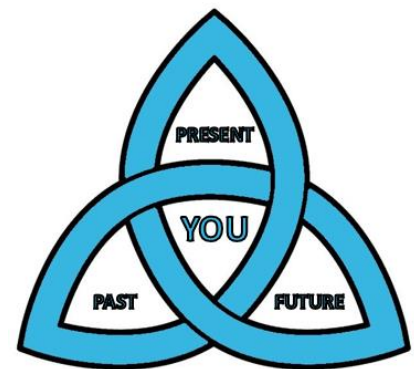
VALUES



STRENGTHS



JOURNEY



Personal Development – Assemblies Update

Our assemblies are used to help students develop their cultural capital, part of which is to understand key world events, how these affect them and be able to discuss these with others. Assemblies (and the activities students complete the next day) are closely linked to Spiritual, Moral, Social and Cultural development (SMSC). It's always great to find out how your children are developing in this area of personal development, as well as on their academic journey, so here is a quick summary of what we've been looking at in assembly over the last two weeks:

CONSIDER

What is your 'dream lifestyle'?

Imagine your future self at 40 years old for a moment. What sort of life do you realistically imagine you would like to be living?



EDUCATION PAYS

Graduates (people who have degree level qualifications of Level 6 and above) make more money than people with just A-Levels or similar Level 3 qualifications, and those people make more than people with just GCSEs or similar Level 1-2 qualifications.

Qualification Type

Level	Qualification / educational route	Typical route
8	Doctorate (PhD)	MQE 1
7	Master's degree (MSc)	
6	Bachelor's degree (BA or BSc)	Degree apprenticeship / MQE 5, 6, 7
5	Foundation degree (FdA or FdSc)	Higher National Diploma (HND)
4	A-levels (AQA, OCR, Edexcel), Baccalaurat	Higher National Certificate (HNC), Higher apprenticeship (MQE 8)
3	A-levels (AQA, OCR, Edexcel), Baccalaurat	BTEC diploma, BTEC certificate, Higher apprenticeship (MQE 3)
2	GCSE (Grades 9, 8, 7, 6, 5, 4, 3, 2, 1)	BTEC first diploma, Intermediate apprenticeship (MQE 2)
1	GCSE (Grades 9, 8, 7, 6, 5, 4, 3, 2, 1)	Pre-vocational diploma / entry level qualifications, Foundation (MQE 1)

Academic route Vocational route Applied / work route

Assembly: The Careers Journey

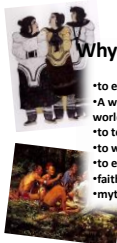
Mr McGauran spoke to the students about the importance of planning for their future success and careers now. Whether students are in year 7 or 11, decisions they are making now will affect their future, so it's important that those decisions are good ones!



Scientists have found that children who have fiction read to them regularly find it easier to understand other people they show more empathy and have better developed theory of mind (the ability to understand that other people have different thoughts and feelings to us, which is essential for understanding and predicting other people's thoughts and behaviour).

Why tell stories?

- to explain things
- A way to reason with the world
- to teach morals
- to warn of dangers
- to entertain
- faith and religion
- myths, legends and fairytales



CONFIDENCE PURPOSE RESPECT

Assembly: Reading

Mrs Thompson spoke to the students about the value of reading, including our new RISE programme. Each week students will have an important text read to them by a teacher, developing their literacy and their cultural capital. Please ask your child how they are finding the current novel!



Football

The Year 10 boys football team travelled to Clitheroe to play Bowland High School in the first round of the Lancashire Cup. The game started in the best possible fashion with Mason finding the back of the net within the first minute. Mason controlled a cross well inside the penalty area before dispatching low and hard into the back of the net. Bowland responded well and James in the Carnforth goal made a number of tidy stops. Aidan and Toby defended superbly at the heart of the Carnforth defence. With only ten minutes left of the game Bowland found their equaliser and the game went to penalties. Carnforth missed their opening penalty and Bowland scored all five to win the tie.

Well done boys on a great performance, penalties are always the cruellest way to lose any fixture.



Rugby

The following afternoon the Years 7, 8 and under 15 rugby teams made the journey to Kendal to play Queen Katherine School in a set of rugby friendly fixtures. The year 7s continued their impressive start to life at Carnforth with a 15 try to 1 victory. Try scorers were Alfie, Reece, Lucas (2), Dan (5), Josh (3), Charlie and Jack (2). The Year 7s showed superb potential, having only played rugby for under 6 weeks. The handling and offloads were exceptional and the forward running to break through the QKS defensive line was relentless. The Year 8 boys drew 35-35 in a tightly contested game. Try scorers were Kenzie (2) and player of the match Theo (5). The under 15 team won 30-19. Try scorers were Aidan, Mason, Jayden and two for Toby.

On Thursday 5th the under 16 boys' rugby team travelled to Morecambe Bay Academy for their district rugby tournament. The first game was a 5-0 victory over Morecambe, Brad scoring the only try of the game. The second game a 5-0 defeat to Ripley, played in very wet conditions, the Carnforth boys defended superbly only for Ripley to score in the final minute. The final game a 5-5 draw with LRGS, Harley scoring the Carnforth try in a competitive game.



Rugby

The Year 7 and 8 boys rugby teams hosted Morecambe Bay Academy on Wednesday 11th October. The Year 7s continued their winning start to the rugby season with an 11-2 victory. The game included competitive rucking for the first time, as the next development to the student's rugby skills. The boys continued with their superb handling and forward running, breaking through the Morecambe defence time after time. The try scorers were Josh, Jack, Reece, Daniel (3) and player of the match Lucas (5). The year 8 boys won 9-2 with another good showing. It was great to see a number of players including Archie returning from injury. In the game Theo produced a superb try saving tackle while both George and George were animals in the tackle, tackling anything that moved! Try scorers were Archie, Blake, Theo (3) and Kenzie (4). Well done boys.

Netball

The Year 7 netball teams have been working hard this half term understanding positions and the rules of the game. Pupils have attended practice every week and made some fantastic progress. We had our first fixture against LGGS on Monday 2nd October. The Year 7 team lost by 1 in the first game but then won their second game 2-1 which was fantastic. The Year 8 netball team also played and won 3-1 against LGGS, a brilliant team effort. On the 11th of October we took two year 7 netball teams to play a mini netball tournament at Morecambe Bay Academy. The teams worked brilliantly together with some standout performances by Darcey and Emily. The second team lost their first game but came back winning 1-0 in their second game against Bay Leadership Academy. The first team won the final against MBA which was a fantastic achievement. Well done to the year 7 and 8 netball teams on a great start to the season.





The Year 9 netball team had their first game of the season against Morecambe Bay Academy on Thursday 5th October. The girls played extremely well and fought till the end. With the final score being 7-4 to Carnforth. They played very well as a team and used their skills in the game which they learned in previous training sessions. The player of the match was given to Erin because of her frequent scoring and great teamwork. Substitutions were made throughout the game and this made the team go from strength to strength.

The Year 10 girls' netball team also played Morecambe Bay Academy for the first time this season and won their game to 13-7. Player of the match was awarded to Lottie. All players worked very hard. It is evident from their training sessions they are improving each week, with a particular focus on passing and moving into space, and marking their player, MBA found it difficult to intercept and gain possession back from CHS.

School Transport and Fixture Payments

The PE department is offering the opportunity for parents to make a one-time payment at the start of the 2023/24 academic year of £25 to cover their child's extra-curricular fixture transport payments. Currently the PE department charges £1 for home fixtures and £2 for away fixtures, this covers a percentage of cost for transport and competition fees, this will remain in place for parents who do not wish to make the £25 one-time payment. We believe that this for some parents will be a preferential method of payment for their child's sporting fixtures throughout the school year.

The PE department will be providing students with a letter in the coming days with details of how to make the payment via SchoolComms. For details or any further questions please contact Mr Chambers on cchambers@carforthhigh.co.uk

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PE Department Extra Curricular Timetable September - October 2023

	<u>LUNCH 12.45pm - 1.15pm</u>	<u>AFTERSCHOOL 3.30pm - 4.30pm</u>
<u>MONDAY</u>	Girls Team Practice - Sports Hall (AB)	Y7-8 Girls Netball - Astro (AB) Y7-11 Girls Rugby - Field (BL) Y7-8 Boys Football - Field (JG & JD)
<u>TUESDAY</u>	Y9-10 Dance - Dance Studio (AB) Y9 Boys Football - Sports Hall (JD)	Staff Meetings
<u>WEDNESDAY</u>	Y10 Boys Football - Sports Hall (CC)	Y7-11 Girls Gymnastics - Dance Studio (AB) Y7-11 Girls Football - Astro (NS & ST) Y8-11 Boys Rugby - Field (JD & CC)
<u>THURSDAY</u>	Y7-8 Dance - Dance Studio (AB) Y11 Boys Football - Sports Hall (JD)	Y9-11 Girls Netball - Sports Hall (NS) Boys District Fixture Afternoon (JD & CC)
<u>FRIDAY</u>	Y10-11 HRF - Fitness Suite (HW)	Y7 Boys Rugby - Field (CC)

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

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