



CONFIDENCE PURPOSE RESPECT

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Headteacher's Message

Half term 4 has started well. Year 11 have completed their mocks and are now preparing for the final exams which start after Easter. The second Enrichment Day takes place this week with a range of sessions taking place. This is followed by the school production, which will be a fantastic evening if you have a ticket. You can also see the improvements to the Forest School we have put in place and during the Easter holidays a new canopy will be completed on the enclosed courtyard.

Important Upcoming Dates

Tuesday 5th March: Year 9 Options Evening
Friday 8th March: Enrichment Day 2
Wednesday 13th March: School Production Evening 1
Thursday 14th March: School Production Evening 2
Tuesday 19th March: Year 11 Parents' Evening 2
Thursday 21st March: KS4 Art Life Drawing Workshop

What Timetable Week Is It?

W.B. 4/3/24 =
WEEK A

W.B. 11/3/24 =
WEEK B

Enrichment Day 2

At the end of this week, on **Friday 8th March**, we will have our second full Enrichment Day of the year. All students will be off timetable (in normal school uniform) to undertake a range of activities and sessions. Ms Carrington is organising this day and spoke to all students in their assemblies about the day and what to expect last week.

Sessions taking place on the day include: ArteeCraft wood block printing, SafeNet emotional intelligence training, Spanish Games, a Geography and History Walk, Origami, MiniFirstAid training, Cooking for the Homeless, Islamic Calligraphy, work on choosing the best Options for Year 9, Board Games, Lancashire Fire and Rescue's 'Wasted Lives' presentation, British Sign Language, Lancaster and Morecambe College, Yoga, NHS Careers, and Unifrog-based sessions for Year 8, 10 and 11.



Year 11 Intervention and Revision Phase 1 Comes to an End

To support Year 11 students in ‘chunking’ their revision, and in planning for their mock exams and summer exams, we separated the remaining school weeks after Christmas into three ‘phases.’ Each phase contains 6 school weeks and a holiday period, and each has a dedicated intervention and revision plan within school. Phase 1 is almost complete, with a focus on helping students successfully complete and reflect on their mock exam series 2. **Phase 2 will follow on from that, starting on 11th March**, and will take the students up until the start of the summer exams. Information on this will be emailed to you this week. Phase 3 will include the support offered during the summer exams.

WEEK BEGINNING	SCHOOL WEEK	HALF TERM WEEK	LETTER OF WEEK
22/01/2024	18	3	B
29/01/2024	19	4	A
05/02/2024 MOCK WEEK 1	20	5	B
HALF TERM			
19/02/2024 MOCK WEEK 2	21	1	A
26/02/2024	22	2	B
04/03/2024	23	3	A

Year 11 Intervention and Revision Loyalty Card for Phase 1

All students in Year 11 have been given an ‘Intervention and Revision Loyalty Card’ as a way to incentivise their attendance at support sessions in school. Students need to get their teacher to sign or stamp the card every time they attend an intervention or revision session in Phase 1. Each in school revision session (lunch time, after school or small group sessions) is worth 1 stamp in the card and each half term session is worth 2 stamps. Achieving enough stamps in the card will result in rewards for students, including a gift card draw, free food and reduced prices on their tickets for the end of year prom. You can also look at their cards to see which sessions they have been attending.

Intervention and Revision Loyalty Card

Phase 1: 22nd January – 8th March 2024

NAME: _____

Get your teacher to sign or stamp your card every time you attend an intervention or revision session in Phase 1. Here's how it will look:

You need to add what subject it was for. No cheating – we do keep registers for each session!

Each in school revision session (lunch time, after school or small group sessions) is worth 1 stamp. Each half term session is worth 2 stamps.

WEEK BEGINNING	SCHOOL WEEK	HALF TERM WEEK	LETTER OF WEEK
22/01/2024	18	3	B
29/01/2024	19	4	A
05/02/2024 MOCK WEEK 1	20	5	B
HALF TERM			
19/02/2024 MOCK WEEK 2	21	1	A
26/02/2024	22	2	B
04/03/2024	23	3	A

Intervention and Revision Loyalty Card

Phase 1: 22nd January – 8th March 2024

SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
1	2	3	4	5
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
6	7	8	9	10
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
11	12	13	14	15
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
16	17	18	19	20
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
21	22	23	24	25

Intervention and Revision Loyalty Card

Phase 1: 22nd January – 8th March 2024

SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
26	27	28	29
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
31	32	33	34
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
36	37	38	39
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
41	42	43	44
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
46	47	48	49
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:

Year 11 Intervention and Revision Timetable

Phase 1: 22nd January – 8th March 2024

Focus: Preparing for Mock Series 2 by building on Mock Series 1 and securing strong foundations in all subjects.

Monday	Tuesday	Wednesday	Thursday	Friday
Maths (10:30-12:00) English (12:30-1:00) Science (1:30-2:00) History (2:30-3:00) Geography (3:30-4:00) PE (4:30-5:00)	Maths (10:30-12:00) English (12:30-1:00) Science (1:30-2:00) History (2:30-3:00) Geography (3:30-4:00) PE (4:30-5:00)	Maths (10:30-12:00) English (12:30-1:00) Science (1:30-2:00) History (2:30-3:00) Geography (3:30-4:00) PE (4:30-5:00)	Maths (10:30-12:00) English (12:30-1:00) Science (1:30-2:00) History (2:30-3:00) Geography (3:30-4:00) PE (4:30-5:00)	Maths (10:30-12:00) English (12:30-1:00) Science (1:30-2:00) History (2:30-3:00) Geography (3:30-4:00) PE (4:30-5:00)

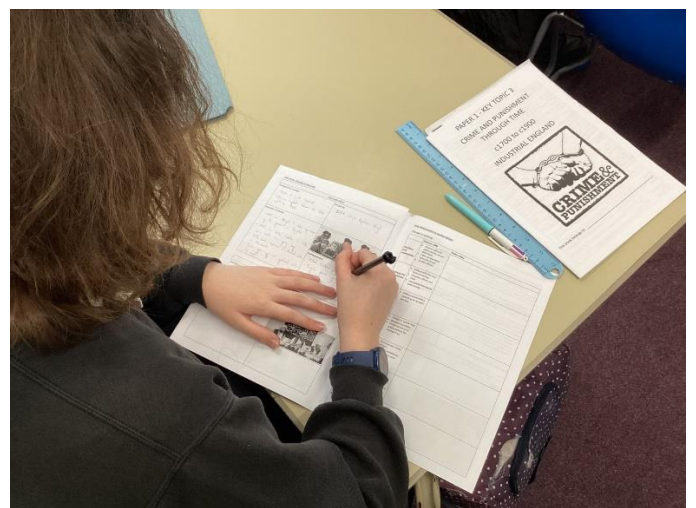
MOCK EXAMS are mandatory for all students and their parents will be informed. Other activities are open to any students who book their subject.



Year 11 Intervention Success so Far

Our current 'phase' has been focussed on students building upon their mock series 1 results and getting prepared for the mock series 2. The programme has included lunchtime sessions, after school sessions and some in-lesson intervention, as well as extended core lessons for all. An excellent **87% of the students in Year 11 have attended lunch and after-school sessions**. We've been very impressed with our students' willingness to commit to the extra support available, and would like to thank our staff for offering their time so generously to support their students.

In addition to the in-school sessions, we ran mock exam booster sessions to support student revision over the recent half term. Eleven sessions were offered, with attendance at English, History and Geography being particularly high. Lots of students have been earning lots of reward stamps, but **remember that the current reward booklet finishes at the end of this week**. A new booklet will be given to students at the start of phase 2.



SparxReader Launch

Year 7 and 8 pupils have now all started using SparxReader for their English homework. Reading is one of the key transferable skills and research shows that improved reading leads to increased success across all GCSE subjects. Here are our tips for getting the most out of SparxReader:

- Reading carefully means you get the most points. If you rush, you will have to get a higher percentage of accuracy to move on. You also get more points for getting questions right first time.
- You should give accurate reviews for the book you are reading when asked, as this will help to update your recommendations for the future.
- Use the 'settings' to adjust the layout, font, colour and size of text to make it perfect for you!
- Break your reading up over multiple days - you are expected to get 300 points a week, an equivalent to 30 minutes of focused reading, however you don't have to do it all in one go. Break it up into chunks if you need to!

SparxReader

Year 7 and 8 pupils have now all started SparxReader for their English homework. Please see our top tips in the post above!



Carnforth High School



Form Attendance Winners

Here are the form attendance winners from the end of last half term. It is fantastic to see that our top 3 forms all hit the 96% mark, which is the expected attendance level for each student. Year 9 and 10 have a bit of catching up to do so that they can be challenging them to the prize. The start of a new half term offers a chance to reflect and restart and hopefully we will see our attendance increasing for all pupils as we continue to prioritise learning so that we can achieve our goals.



FORM ATTENDANCE WINNERS



7 Rutherford 97.3%



8 Faraday 96.1%



9 Newton 90.8%

10 Einstein 81.5%

11 Rutherford 96%



Carnforth High School



Red Nose Day 2024

On **Friday 15th March** we will be running some events in school to raise money for Comic Relief.

There will be a Red Nose Day quiz, the opportunity to throw wet sponges at teachers, and a fabulous red nose themed bake off, which will be judged by Mr Johnson, Mrs Porte and Mrs Barton! There will be prizes available for the best:

1. Red nose theme bake
2. Taste
3. Appearance
4. Design
5. And a final prize for overall star baker!





Lunar New Year Cooking

To celebrate Lunar New Year 2024, students in Year 7 cooked 'sizzling chicken stir-fry' with garlic, ginger, pepper, mushrooms and noodles. All agreed it tasted amazing!





Forest School

New Forest School Shelter

You may be aware from previous issues of the newsletter that we have a Forest School at CHS. This is a great opportunity for students to learn outdoor skills as well as to develop teamwork and resilience.

As you can see below, the Forest School has an amazing new outdoor shelter. This is a great addition to the school and allows us an even greater chance to work with students in an outdoor environment.

A massive congratulations and thanks to Ms Moore, her husband and the Forest School student team (with a particular shout out to John-Leigh!), who built this new shelter themselves over the half term.



PLANS IN PLACE

The Year 9 Options Process

We're currently in the middle of a very important time for Year 9 students – the first chance in their school careers for *them* to make decisions about which subjects they want to study! This is the Options process, in which students choose which GCSE and BTEC subjects they will be studying for the next two years, and will determine what qualifications they leave with, as well as what they do post-16 (such as college or Sixth Form).

Year 9 Parents' Evening took place last Tuesday, and Year 9 students were asked on Wednesday to let us know what subjects they were most interested in taking. Based on this information, **we are now creating the 'Options Blocks,' which determine the choices available to the students.**

Please note the following events and deadlines:

- **Monday 4th March** – students will be receiving their Options Booklets. This contains information about all the courses available to them.
- **Tuesday 5th March** – this is Options Evening. Students and their parents/carers are invited to attend school to find out more about the subjects on offer. There will be multiple presentations to attend on the night to help you and your child make the best decisions. The night begins at 5pm with a presentation in the Main Hall.
- **Friday 8th March** – all students in Year 9 will have a lesson about the Options process with Mr Malone (the Options leader) as part of Enrichment Day 2.
- **Friday 15th March** – this is the deadline for students to return their Options forms, indicating what they would like to study.

Options



Carnforth
High School

What does Key Stage 4 look like?

GCSE English Language
GCSE English Literature
GCSE Mathematics
GCSE Science (2 GCSEs)

Either

GCSE History or GCSE Geography

CORE LIFE

CORE PE

**3 Other
Qualifications**



Year 10 Work Experience

If you are a Year 10 parent, you will have received a letter by email on Friday about this year's Work Experience Week, which is 24th – 28th June. Many thanks to those who have organised their placements and added them to Unifrog. As explained in the letter, we will be providing some additional support to students who have not yet secured a placement over the coming weeks.

The deadline for organising a Work Experience placement has been extended to Friday 22nd March.

For more information about the process, please see our school website. Here you can find copies of all letters sent out so far, a guide that was given to students about how to organise a placement and record it on Unifrog, and a list of all the businesses in the area that have taken CHS students on placement over the last 2 years. This can be a good place to get started!

The link to our Careers and Work Experience area is:

<https://www.carnforthhigh.co.uk/school-life/careers/>

Work Experience

In the 2023/24 academic year, all of our **Year 10 students will be out on Work Experience Week from Monday 24th June to Friday 28th June 2024.**

Students need to organise their own Work Experience placements and are supported in doing this through our Unifrog platform, as well as lessons on organising placements, starting in November on Enrichment Day 1. The process involves:

- Students (with support from parents/carers) identify and make contact with potential employers
- Students enter the details of the employer that has agreed to take them on placement onto Unifrog
- Unifrog contact the employer to confirm that they have agreed to take the student and that the employer has relevant insurances in place
- Unifrog contacts the students' parent/carer to share the details of the placement and confirm that they agree to allow their child on the placement
- Unifrog contacts the school to confirm the placement once all the above confirmations have been received.



Girls Cricket – Chance to Shine

In the last week of January, the CHS girls cricketers were given the opportunity to complete the 'Chance to Shine' Leadership qualification. This allows the girls who have completed this course to help in assisting primary school cricket festivals and tournaments in the upcoming summer term. Well done to all girls who completed this. The course Leader Lauren Burrow commented how fantastic all the girls were. They led each other through each part of the course and learnt new skills throughout the day. They are now ready to lead future girls' cricketers in the upcoming tournaments.

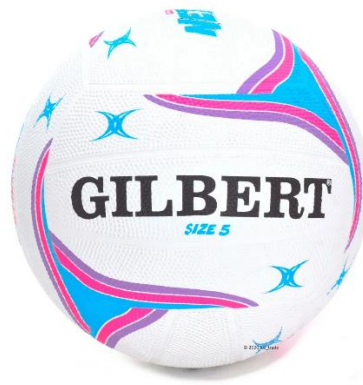


Indoor Athletics

The Year 7 and 8 boys and girls indoor athletics competitors represented our school in an excellent manner. All pupils completed their event well, and the behaviour of all was exceptional. There were some outstanding performances on the day in various events, including Theo achieving a jump of 2.18cm in the standing long jump, Harrison throwing over 8.5m to gain 1st place in the shotput, Ava gaining 1st place in the vertical jump, Eden gaining first in the standing triple jump with 5.35m, George gained 1st place in speed bounce with 76 bounces in 30seconds, and finally Jacob also achieving a 1st place in speed bounce with 73 bounces in 30seconds.

The overall standings were as follows: Year 7 Girls 5th, Year 8 Girls 6th, Year 7 Boys 4th and Year 8 Boys 2nd (by 5 points only!). The Year 8 Boys have now qualified for the Lancashire County Finals on March 20th in Blackpool. Good Luck to those students. There is now a lunchtime club running on Thursday and Friday lunchtimes for the Year 8 Boys to practice these events in preparation for the finals.





Year 8 and 9 Netball

On Tuesday 19th February our Year 8 and 9 girls netball teams played against MBA at home. Both teams were outstanding, and we were so impressed with not only their skill level but also how well they worked as a team. The year 9's won their game 10-2 with some excellent shooting from Erin. Kiera played particularly well instigating lots of the attacking decisions. Well done to the Year 9 netball team and we wish you luck for the district tournament next week (March 6th).

The Year 8 team also won their game with a fantastic score of 11-1. I was really pleased at how well the team worked together. Eva was outstanding scoring the majority of goals. Eden led the team well and her movement throughout the court was exceptional. Well done girls and good luck for the district competition on the 19th March.



Cricket Tournament Champions

On Thursday 22nd February we took the U15 girls cricket team to compete in this first round of the district cup. The girls were outstanding making some excellent decisions and worked fantastically as a team! The girls got through to the second round of the tournament and will now compete at Bolton Arena on the 5th March. Good luck girls.

Year 9 and 10 Boys Football

The Year 9 and 10 boys football teams travelled to Queen Katherine School for a round of friendly football fixtures. The Year 9s lost 3-2 in an end to end game. Tom scored both the Carnforth goals. The first within seconds of the game starting to give Carnforth a lead. QKS fought back well to take the lead before a late Carnforth goal gave QKS some nervy moments.

The year 10s won 2-1 in a competitive but fair game. Both teams battled hard and had plenty of chances in front of goal. Both goalkeepers made a number of excellent saves to keep the scoreline so low. QKS took the lead when they beat the Carnforth back line to slot home. Mason, the player of the match, scored within moments of the second half starting. Mason found the back of the net following some good footwork on the edge of the area. With ten minutes left of the game Mason scored what turned out to be the winner with a superb solo goal. Some last-ditch Carnforth defending very late into the game helped to keep QKS at bay and seal a solid away victory. Both fixtures have set these two year groups up well for the upcoming district football leagues.



Year 7 and 9 Boys Football

Year 7 and 9 hosted Central. For the year 7s it was another match in preparation for the end of season tournament. The visitors took the lead after they beat the offside trap to fire low into the bottom corner. Carnforth responded well and scored four goals in 15 minutes. Goal scorers were Joe, Jacob and Oliver. Player of the match Jack scored twice, the first a superb finish into the bottom corner following a good cross by Joe and the second a bullet penalty into the top corner for the 5-1 victory.

The year 9's played a hard fought 1-1 draw against Central Lancaster High on a "mud bath" of a pitch. Carnforth opened the scoring with an Alex finish after a goal mouth scramble following a corner. Central equalised just before half time with a looped finish resulting from a through ball. Both teams played to the conditions well and had plenty of opportunities to win the game. Unfortunately, Carnforth couldn't convert their chances. A solid display, with many stand out performances – Nat was awarded Player of the Match.

Whistlers and Futsal Tournament

The newest competition for CHS to enter was the #letgirlsplay Futsal District tournament which was held at Kirbie Kendal school last week. Year 7 and 8 girls played in the 5 a-side futsal tournaments, and a mix of different Year 7 and 9 girls refereed the matches that were played.

The Year 7 girls Carnforth Cougars showed an excellent display of solidarity and worked well together as a team, playing this brand-new sport of Futsal. As it is very similar to football, they were able to use skills they had already, but had to adapt to some new rules e.g. using 'kick-ins' from the side line, instead of 'throw-ins'. The Year 8 Carnforth Cobras also fared very well and adapted easily into this new style of play too. With the overall results of the tournaments announced at the end, the Cougars came 8th, and the Cobras came 3rd place.

The referees from year 7 and 9 were challenged from the very first game, as they were the ones who had to enforce the new rules, (which were new to them too). However, they took this in their stride and grew in confidence as each game progressed. A special mention to Lexi, as she refereed all games independently, and was chosen by the tournament organiser to referee the Final. Well done Lexi.

Once again, a very well done to all girls involved, you have certificates from both your Whistlers leadership course, and for taking part in this #letgirlsplay Futsal district competition. These should be given out soon - possibly in assemblies soon.



Under-13 Cricket

The U13 girls cricket team got through round one of the cricket cup and competed on Tuesday 27th February at Bolton Arena. What an amazing day. The girls unfortunately did not win the event, however, they came very close losing by 3 runs in two of their games. Miley captained the team and showed excellent leadership skills throughout. Standout performance from Irene who not only fielded exceptionally well but her bowling was outstanding throughout. Emily was the only Year 7 on the team and she was also an excellent bowler. Well done girls.



Under-13 Cricket

The Year 10 netballers took on Our Lady's and Lancaster Girls Grammar this week. They worked extremely hard throughout both matches and played exceptionally well in preparation for their upcoming district tournament. Each player deserves a mention for their efforts in both matches, with every single one of them continuously moving into space and providing options, switching the ball and reading the game well. Final scores were 11-0 to Carnforth against Our Lady's, and 17-6 to LGGS. With Lena gaining player of the match for both of the matches. Well done girls.



Sports Transport and Fixture Payments

The PE department is offering the opportunity for parents to make a one-time payment at the start of the 2023/24 academic year of £25 to cover their child's extra-curricular fixture transport payments. Currently the PE department charges £1 for home fixtures and £2 for away fixtures, this covers a percentage of cost for transport and competition fees, this will remain in place for parents who do not wish to make the £25 one-time payment. We believe that this for some parents will be a preferential method of payment for their child's sporting fixtures throughout the school year.

The PE department will be providing students with a letter in the coming days with details of how to make the payment via SchoolComms. For details or any further questions please contact Mr Chambers on cchambers@carnforthhigh.co.uk.



Carnforth
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PE Department Extra Curricular Timetable February - April 2023

	<u>LUNCH 12.45pm - 1.15pm</u>	<u>AFTERSCHOOL 3.30pm - 4.30pm</u>
<u>MONDAY</u>	Girls Team Practice - Sports Hall (AB)	All years Dance Club (AB) WC 22nd Jan Boys District Fixture Afternoon (JD)
<u>TUESDAY</u>	Y9-11 Dance - Dance Studio (AB)	GCSE Dance - Dance Studio (AB)
<u>WEDNESDAY</u>		LSDF Dance team (AB) Y7 & 8 Girls Netball - Sports Hall (NS) Y7-10 Boys Football - Field (JD & CC)
<u>THURSDAY</u>	Y7-8 Dance - Dance Studio (AB) Y8 Boys Indoor Athletics Sports Hall (NS)	Y9-11 Girls Netball - Sports Hall (NS/AB) Boys District Fixture Afternoon (JD & CC)
<u>FRIDAY</u>	Y10-11 HRF - Fitness Suite (HW & JG) Y8 Boys Indoor Athletics Sports hall (NS)	GCSE Intervention - Sports Gallery (CC)

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

CONFIDENCE

PURPOSE

RESPECT

Carnforth High School Proudly Presents



The
WIZARD
of
OZ

Wednesday 13th and Thursday 14th March 2024

Adults: £4.00

Children: £3.00

Family ticket (4 tickets): £12.00