



CONFIDENCE PURPOSE RESPECT

You can also see regular updates on our school Facebook page by clicking here: [facebook](#)



Headteacher's Message

This week I had the pleasure of attending the school production of the Wizard of Oz. It was fabulous and a credit to all those involved, either performing or behind the scenes. What talented students we have at Carnforth, and this newsletter highlights many more examples. It also shows that it requires a lot of hard work and commitment. Year 11 are demonstrating this in their preparation for the exams and this focus will be seen in their individual results. I look forward to seeing Y11 parents on Tuesday 19th March.

Important Upcoming Dates

Tuesday 19th March: Year 11 Parents' Evening 2

Tuesday 19th March: KS4 Dairy Farm Trip

Thursday 21st March: KS4 Art Life Drawing Workshop

Thursday 28th March: Drama Trip to Peter Pan Goes Wrong

Thursday 28th March: School Close at 3.25pm for Easter Holiday

Monday 15th April: School Reopens for Half Term 5

What Timetable

Week Is It?

W.B. 18/3/24 =
WEEK A

W.B. 25/3/24 =
WEEK B

Five School Weeks Until the Summer Exams Begin!

There are now only 5 school weeks until the Year 11 summer exam series begins. As you can see on the following pages, 'Phase 2' of our intervention and revision programme will continue over this time. This will include lunch time sessions, after school sessions, in class intervention and targeted homework to help all students achieve their best results. There will also be sessions in school over the Easter holiday period. As with last half term, students will need to have parental permission to attend these. **Please discuss all the support available with your child to determine which sessions they should attend.** As always, we appreciate your continued support in this final push towards summer success.




WEEK BEGINNING	SCHOOL WEEK	HALF TERM WEEK	LETTER OF WEEK
11/03/2024 PHASE 2	24	4	B
18/03/2024 PHASE 2	25	5	A
25/03/2024 PHASE 2	26	6	B
EASTER		HOLIDAY	
15/04/2024 PHASE 2	27	1	A
22/04/2024 PHASE 2	28	2	B
29/04/2024 PHASE 2	29	3	A

Year 11 Intervention and Revision Phase 2 Underway

From last week, starting Monday 11th March, we entered Phase 2 of the Year 11 intervention and revision programme. If your child is in Year 11 you will have received a letter about this in the mail last week, along with a summary of your child's attendance at Phase 1 sessions.

You can see the timetable for the lunchtime and after school sessions in Phase 2 on the next page. Teachers will speak to students and their parents/carers individually if they are being invited to the invite only sessions.

Students are also receiving a new rewards booklet for this phase (which has the session timetable on the back). This is the blue reward book. Green reward books from Phase 1 have now been collected in, and our prize draw for vouchers will take place in assembly on Monday 18th March. Students who have received discounts on their prom tickets will have this information recorded and added to the discount they receive on this next Phase.

Intervention and Revision Loyalty Card 

Phase 2: 11th March – 3rd May 2024

NAME: _____


Get your teacher to sign or stamp your card every time you attend an intervention or revision session in Phase 2. Here's how it will look:

SUBJECT: English
Ms Pakte

You need to add what subject it was for. No cheating – we do keep registers for each session!


Each in school revision session (lunch time, after school or small group sessions) is worth 1 stamp. Each after school and Easter session is worth 2 stamps.

WEEK BEGINNING	SCHOOL WEEK	HALF TERM WEEK	LETTER OF WEEK
11/03/2024	24	4	B
18/03/2024	25	5	A
25/03/2024	26	6	B
EASTER		HOLIDAY	
15/04/2024	27	1	A
22/04/2024	28	2	B
29/04/2024	29	3	A

Intervention and Revision Loyalty Card 

Phase 2: 11th March – 3rd May 2024

SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
1	2	3	4	5
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
6	7	8	9	10
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
11	12	13	14	15
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
16	17	18	19	20
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
21	22	23	24	25

Intervention and Revision Loyalty Card 

Phase 2: 11th March – 3rd May 2024

SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
26	27	28	29	30
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
31	32	33	34	35
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
36	37	38	39	40
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
41	42	43	44	45
SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:	SUBJECT:
46	47	48	49	50

Year 11 Intervention and Revision Timetable
Phase 2: 11th March – 3rd May 2024

After school sessions are now invite only (limited to 10 students)

Day	11:00 - 12:00	12:00 - 1:00	1:00 - 2:00	2:00 - 3:00	3:00 - 4:00	4:00 - 5:00
Monday	English (11)	Maths (11)	Science (11)	History (11)	Art (11)	Music (11)
Tuesday	English (11)	Maths (11)	Science (11)	History (11)	Art (11)	Music (11)
Wednesday	English (11)	Maths (11)	Science (11)	History (11)	Art (11)	Music (11)
Thursday	English (11)	Maths (11)	Science (11)	History (11)	Art (11)	Music (11)
Friday	English (11)	Maths (11)	Science (11)	History (11)	Art (11)	Music (11)



Year 11 Intervention and Revision Timetable

Phase 2: 11th March – 3rd May 2024



Carnforth
High School

After school sessions are
now worth 2 reward stamps!

	Lunch (12.45pm-1.20pm)	After School (3.30pm-4.30pm)
Monday	English in E4 Maths in M3 Design Technology in T2 Media Studies in IT3	Computer Science in IT1 Food Technology in T3 Media Studies in IT3
Tuesday	Science in E4 Computer Science in IT1 Design Technology in T2	Maths in M1-M6 Business and Enterprise in IT3 Geography in GG1-GG2 Health & Social Care in IT1 Spanish in MFL2
Wednesday	English in E1	English in E1-E6 History in HI1
Thursday	Maths in M3 Art in A1 Design Technology in T2	Science in L1-L5 Art in A1 Music in MU1
Friday	English in E1 Maths in M3 Design Technology in T2 RE in GG2	Design Technology in T1-T2 PE in Sports Gallery RE in RE1

Highlighted sessions are invitation only. Invited students and their parents will be informed. Other sessions are open to any student who takes that subject.

Food Technology Final Practical Exam Success

In addition to the summer exams, some BTEC subjects have already undertaken project work that contributes to their overall final grade. Mrs Rowland wanted to share amazingly the Year 11 class got on with their final practical exams.

The class turned into Michelin Chefs and were focused and dedicated to their cooks, producing some absolute treats. The whole group turned up organised, raring to go and challenged themselves to create some fantastic dishes. You can see some examples below:





IN SUPPORT OF **HELP** *for* **HEROES**

Matthew's Help for Heroes Presentation and Assembly

As you may recall from previous issues, Matthew in Year 11 had been growing his hair for a charity haircut, raising an amazing total of over £10,000 for the 'Help for Heroes' charity and donating his hair to 'The Little Princess Trust.'

Last week, British Army veteran Kevin Gray visited the school to present Matthew with a certificate for his accomplishment. Kevin talked about the support ex-service personnel like himself have received from Help for Heroes, which wouldn't be possible without the work of amazing young people like Matthew. Kevin also talked about how finding woodworking through Help for Heroes has helped him with his mental health and in other areas of his life.

To find out more about Kevin's story, and the work of this very important charity, please click the following link: <https://www.helpforheroes.org.uk/our-impact/our-stories/kevin-gray/>



More Great WWF Sponsorship Success

You may recall from earlier issues that students in Year 7 Geography raise funds to sponsor endangered animals through the WWF. Two more classes have now sponsored animals! Well done to Ms Muragtroyd and her groups. She says: In our last topic, my year 7 geographers studied endangered animals and we decided as a class we would sponsor an animal with the WWF. In the run up to half term pupils kindly brought in donations. One class voted to adopt a Snow Leopard which they have now affectionately called 'Radnor' after their favourite beverage 'Radnor Fizz'.



Another class voted to adopt a Giant Panda, which they have now affectionately called 'Bambi'.





Attendance Matters!

The best way for students to take part in the excellent curriculum we offer here at CHS is to be in school! This is why **we expect all students to have an attendance of over 96%**.

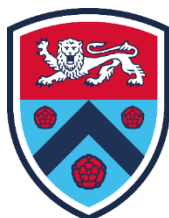
You can see regular updates on the best attending students on our Facebook page. Last week, 7 Rutherford (shown above) had the best attendance in school. Well done!





Parent Governor Vacancy

Please see the letter below about our current vacancy for a Parent Governor, as well as details of how to apply.



Carnforth
High School



THE BAY
LEARNING TRUST

Parent Governor Vacancy

Interested in becoming a school governor at Carnforth High School?

School governors play a vital role in education. By volunteering as a governor for a school you can make a difference by shaping the future of children and young people.

Reasons to volunteer

- Help ensure voices are heard
- A rewarding experience
- Leadership development
- Improve the lives of children and young people
- Build professional skills and networks

Governing within a school also provides an opportunity for personal development, building your skills and experience in areas such as project management, budgeting and working as part of a leadership team.

There are no specific qualifications or requirements for the role – every governing board needs a balance and diversity of knowledge, skills and experience. All those who have parental responsibility and are over the age of 18 are eligible, including parents who work at the school, provided that they work for less than 500 hours per year when they are elected. You just need to have a child at the school.

There are some circumstances that disqualify an individual from serving as a school governor. Please see the attached sheet for details. You will need to complete a self-declaration of eligibility form to state that there are no reasons for disqualification from serving as a governor.

You are very welcome to contact Fiona Graham Governance Professional for the Bay Learning Trust to find out more about the role. Her email address is: grahamf@baylearningtrust.com

We look forward to hearing from you!



Special Educational Needs & Disabilities

SEN Family Forum

SEN Family Forum: Tuesday 30th April [1.00pm until 2.00pm]

This event has been organised to allow parents and carers supporting a young person with an ASC diagnosis or on the Autism pathway to meet in a safe, respectful and supportive space.

This will be an opportunity for parents and carers to meet and share experiences and to learn from each other. It will also be an opportunity for parents and carers to provide feedback that will help develop our inclusive practices and communications.

Emma Turver from Reachout Autism support will be attending this event to answer any questions that parents may have.

If you wish to attend this event, please email Ms L Carrington on lcarrington@carforthhigh.co.uk.

School Transport

Have your say in the local council's school transport survey! Share your views on tickets, costs and routes by following the link.



High School



School Transport Survey

Lancashire County Council have requested that we share with you their current school transport survey, which focuses specifically on bus travel. They are seeking your views on the costs of travel, the use of apps/websites, ticket systems and accessibility. Please follow this link to have your say! Here is the link:

<https://online1.snapsurveys.com/interview/663806b8-b6cf-48cf-be4b-470eb3c72eb0>

St John's Hospice Parent Programme

Please see the information below about the programme offer.



Parent programme: Supporting your child following the death of someone they love

9.30am – 12.30pm

Friday 8th
March

Friday 7th
June

Friday 20th
September

Friday 24th
January

**Forget Me Not Centre at St John's Hospice,
Slyne Road, LA2 6ST**

Join this workshop for parents and carers of children following the death of someone they love. Learn how to talk to your child about what has happened, the kinds of reactions your child might have and how to support your child with their grief.

Sessions must be booked

To express an interest please call 01524 551 195 or email SJH.FamilySupport@sjhospice.org.uk



PLANS IN PLACE

The Parents' Guide to
www.theparentsguideto.co.uk

Level	Qualification / educational route				
8	Doctorate (PhD)		NVQ 8		
7	Masters degree (MA)		Degree apprenticeship / NVQ 5, 6, 7		
6	Bachelors degree BA or BSc				
5	Foundation degree FdA or FdSc	Higher National Diploma (HND)	Higher apprenticeship / NVQ 4		
4		Higher National Certificate (HNC)			
3	A levels Grades A-E	International Baccalaureate	T Levels	BTEC diploma BTEC certificate	Advanced apprenticeship / NVQ 3
2	GCSE Grades 4-9 (C, B, A or A*)			BTEC first diploma	Intermediate apprenticeship / NVQ 2
1	GCSE Grades 1-3 (D,E,F or G)			Foundation diploma / entry level qualifications	Traineeship / NVQ 1
	Academic route		Vocational route	Applied / work route	

T-Levels Assembly

Last week all students had an assembly on post-16 options with a focus on T-Levels. You can see some of the locally available T-Levels below. It's very important that all students (and their parents/carers) know about the options available when students leave CHS (you can find more information on our website here: <https://www.carnforthhigh.co.uk/school-life/careers/>).

LANCASTER AND MORECAMBE COLLEGE

Lancaster | LA1 2TY [How do I get there?](#)

From September 2023 onwards:

- Education and Early Years
- Health
- Management and Administration



KENDAL COLLEGE

Kendal | LA9 5AY [How do I get there?](#)

From September 2023 onwards:

- Accounting
- Agriculture, Land Management and Production
- Building Services Engineering for Construction
- Design and Development for Engineering and Manufacturing
- Design, Surveying and Planning for Construction
- Education and Early Years
- Engineering, Manufacturing, Processing and Control
- Hairdressing, Barbering and Beauty Therapy
- Health
- Legal Services
- Maintenance, Installation and Repair for Engineering and Manufacturing
- Management and Administration
- Onsite Construction
- Science





Boys Football

The year 7 and 8 boys football teams hosted QKS on Monday 4th March. The year 7 boys fell to a 4-1 defeat against a well-drilled QKS outfit. Jacob produced the only Carnforth goal, finding the far corner of the goal from inside the box. Goalkeeper Eli was player of the match, denying the QKS attackers any further goals. The year 8s won 4-1 in a strong performance. Archie scored his first goal for school in the first half. Captain Theo scored the second and third Carnforth goal of the game, before centre forward Kenzie found the bottom corner to seal the victory. Central midfielder Blake was named player of the match. Well done boys.



Girls Cricket

On Tuesday 5th March we took a group down to compete in the second round of the district cricket tournament. The pupils were fantastic and worked brilliantly as a team. The competition was hard, but the girls held their own. Dolly made some excellent tactical decisions as captain. Lily bowled 3 people out in her bowling innings which was exceptional! Although we did not win the group the girls played exceptionally well and should be proud of their performance.

Girls Netball

On March 6th the year 9 netballers travelled to Ripley to take part in their district netball. The girls played really well and improved throughout the tournament the more games that they played. The year 9s have been coming to training regularly and have been steadily making progress all season. There were some last-minute changes to the team and their positions due to injury and players moving school; these players were missed, but thankfully their replacements adapted to their positions excellently. Carnforth's individual results for the year 9s were that they lost 2 games against LGGS and RST A, won 2 games against Our Lady's and MBA and drew 1 game against RST B. From these results this meant that the overall standings for the tournament were as follows RST A 1st, RST b 2nd, LGGS 3rd, CHS 4th, MBA 5th, OLCC 6th. Well done to all girls that took part. Netball training will return in September.



Years 8-10 Whistlers at Lancaster University

On 7th March the year 8 9 and 10 girls Whistlers travelled to Lancaster University to take part in a district girls Futsal competition. Futsal is a very high energy, fast paced game, with rules that mimic football, however it is played 5 a-side inside a sports hall. Our teams were made up of one 5 a-side year 8 team, one 5 a-side year 9 team and 5 referees from year 9 and 10. The girls enjoyed playing this brand-new sport, and gained confidence and new skills the more they progressed through the tournament. The year 8 girls team finished 4th overall. The year 9 girls worked tirelessly in their matches and communicated well to each other. They continued to push forward with the ball and scored 8 goals in total, all of which scored by top goal scorer Amelia, and one scored by Erin. The year 9's played 4 games in total, drawing one of these and winning the other 3. This meant that after the round robin tournament the Carnforth year 9 team had won the most games, the most points and had won the entire tournament! Congratulations to the year 9 girls team, your performances were fantastic and you got the results! Well Done. Your certificates will be given out in assembly soon. Lastly commendations are needed for the year 9 and 10 referees who took on the challenge to referee several matches during this tournament. They did this unaided and without adult assistance. They grew in confidence as they refereed each match, and now encompass the skills to referee future futsal tournaments. Well done once again to Lexi (year 9) for exuding confidence and being chosen to independently referee the final match. This was fantastic. Well done to all the girls involved.



Girls Netball Tournament

The year 10 girls netball team had a phenomenal performance at the district netball tournament this week. The entire team played some fantastic netball, adapting quickly to quick back-to-back indoor matches due to the poor weather. The entire squad have put the hours in at training every single week since September; some of them have not missed a single training session. The girls have tirelessly worked on weaknesses and have taken on board feedback from Mrs Sharples and Miss Bird; really working on the skills needed to progress and beat their rivaling teams in the district. They had played all teams in the district during friendly competitions, so knew the expectations for each game going in the district tournament.

They were drawn in pool 1, and therefore played Ripley A and Our Lady's teams in this pool. The result of these games were 5-3 and 3-1 respectively; both in Carnforth's favour. This meant that they won their group stage and therefore played Girls Grammar in the final for 1st or 2nd place. This was a nail-biting match, as they have rivalled against Girls Grammar for four years, always getting close to victory but never gaining it. The girls knew what was expected and showed determination to have a victorious outcome. There was a slight change up of the team positions, as Lily had to go to perform in the school show, just before the final game. Meaning a switch up of GK, WD and WA was needed. This change in position worked very well and the girls adapted to their new positions with ease. The game was only 8 minutes long, which was a shame as it was thrilling and fast pace from start to finish. There were tense moments from both teams as it was such an even match! Lena and Dolly both defended the goal circle brilliantly making it hard for the opposition.



Girls Netball Tournament Continued...

Some excellent centre court play from Amy, Lily and Holly too which helped to keep the game fast paced. Unfortunately, the game ended with LGGS winning by two goals. Any team could have won this final but unfortunately it was not us this time. The final score was 3-1 to the Girls Grammar, which was a very small defeat in the end and the smallest goal difference that there has been between the two teams throughout the years. Lottie gained player of the match from the final, given to her by the Girls grammar team. Well done Lottie, and well done to the entire team, Mrs Sharples and Miss Bird are extremely proud of your efforts in not only the final and the tournament but your entire season of netball. We hope that you will all continue to play netball into year 11, and continue playing in the Ladies league on a Monday night outside of school. Well done Year 10- 2nd place in the District Tournament is a fantastic result!!

Carnforth High School have been accepted for some funding. We have used some of this funding to get some netball dresses for our teams! The year 10s will be entering the local Lancaster and Morecambe netball league in the summer. The girls will wear these dresses to compete, and we wish them luck as they start playing netball in a competitive adult league outside of school.



PE Key Messages

Just a reminder to all students regarding changing for PE. You will be required to change into PE kit, for your PE lesson, unless you are in a pot/cast for a fracture or break. The only other exception is if you have a doctors note prohibiting you from changing. There has been various times over the past few weeks where there has been some confusion regarding this. The PE policy is the same as it always has been, please bear this in mind, it is essential for pupils to bring their PE kit for every PE lesson.

For ALL pupils involved in extracurricular PE practices and fixtures, please remember to continually check the fixtures board and team sheet notice boards for upcoming matches. See the captain of your team and tick your name off. This helps tremendously when organising fixtures, especially during busy weeks when there are several matches going on.

Sports Transport and Fixture Payments

The PE department is offering the opportunity for parents to make a one-time payment at the start of the 2023/24 academic year of £25 to cover their child's extra-curricular fixture transport payments. Currently the PE department charges £1 for home fixtures and £2 for away fixtures, this covers a percentage of cost for transport and competition fees, this will remain in place for parents who do not wish to make the £25 one-time payment. We believe that this for some parents will be a preferential method of payment for their child's sporting fixtures throughout the school year.

The PE department will be providing students with a letter in the coming days with details of how to make the payment via SchoolComms. For details or any further questions please contact Mr Chambers on cchambers@carnforthhigh.co.uk.



Carnforth
High School



PE Department Extra Curricular Timetable February - April 2023

	<u>LUNCH 12.45pm - 1.15pm</u>	<u>AFTERSCHOOL 3.30pm - 4.30pm</u>
<u>MONDAY</u>	Girls Team Practice - Sports Hall (AB)	All years Dance Club (AB) WC 22nd Jan Boys District Fixture Afternoon (JD)
<u>TUESDAY</u>	Y9-11 Dance - Dance Studio (AB)	GCSE Dance - Dance Studio (AB)
<u>WEDNESDAY</u>		LSDF Dance team (AB) Y7 & 8 Girls Netball- Sports Hall (NS) Y7-10 Boys Football - Field (JD & CC)
<u>THURSDAY</u>	Y7-8 Dance - Dance Studio (AB) Y8 Boys Indoor Athletics Sports Hall (NS)	Y9-11 Girls Netball - Sports Hall (NS/AB) Boys District Fixture Afternoon (JD & CC)
<u>FRIDAY</u>	Y10-11 HRF - Fitness Suite (HW & JG) Y8 Boys Indoor Athletics Sports hall (NS)	GCSE Intervention - Sports Gallery (CC)

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

CONFIDENCE

PURPOSE

RESPECT