

CHS Newsletter

"Boys are girls spoke proudly of contributing" – Ofsted 2021

2024/25 Issue 12: 21st April 2025



Carnforth
High School



THE BAY
LEARNING TRUST

CONFIDENCE

PURPOSE

RESPECT

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Headteacher's Message

We come to the end of another extremely busy term, and I know the students and staff are ready for the holidays. Year 11 are in the final weeks of their exam preparation; Year 10 are halfway through mock exam 1 and Year 9 have completed their KS4 option forms. Half term 5 is the shortest term consisting of 5 weeks and two bank holidays. Thank you for your continued support this term and I would like to wish you all a Happy Easter period.

Important Upcoming Dates

Tuesday 22nd April: School Re-Opens After Easter Holiday for All Students

Friday 25th April: Year 10 Mocks End

Wednesday 30th April: Drama Club Performance Evening

Monday 5th May: School Closed for May Bank Holiday

Tuesday 6th May: Year 11 GCSE Summer Exam Series Begins

Saturday 10th May: DofE Bronze Group Practice Expedition Departs

What Timetable

Week Is It?

W.B. 21/4/25 =
WEEK B

W.B. 28/4/25 =
WEEK A

Year 10 GCSE

GCSEs are a two-year course, so it's important to prepare students from this early stage. Students in Year 10 have had their first week of mocks in the week before the Easter holidays. These continue over the four days back after Easter. Year 10 teachers will have been preparing them for these exams in their usual lessons, letting them know the content of the exams, what to revise and how to revise. Many teachers will also have provided advice and work to support revision on ClassCharts. You can see the plans for both weeks on the next two pages to support your child.

The timetable for the remaining mocks is shown on the next page.

Year 10 Mock Exams

Uniform Ready for Return to School

We continue to strive for excellence across all areas of school life at Carnforth High, and one focus this year has been to raise school uniform standards. We are pleased to say that most of our pupils have immaculate school uniform, worn with pride! A massive thank you to all parents for their support with this. A reminder of school uniform expectations is included below:



Reminders - Correct uniform

- **Shirt: blue (7-9) or white (10 & 11)** - tucked into skirts/trousers, top button done up.
- **School tie** – worn over the top button of your shirt
- **Black pleated skirt or tailored trousers** (must have a button and zip fastening)
- **School jumper** (Yrs 8-11) or school blazer (yr 7, optional for other years)
- **Black leather or leather-look shoes**
- **Black, plain socks**
- **School bag**

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Reminders - Incorrect uniform

- No bobbles/ clips/ bands at the back of skirts & jumpers
- Skirt waistbands must not be rolled over
- No false eyelashes/ nails/ hair adornments & bows
- Permitted jewellery = **watch & 1 pair** of plain stud earrings only
- Discreet make-up
- Coats are not to be worn indoors (if there's a ceiling above, coats must be off!)
- Hoodies/ non-school jumpers must not be worn under blazers
- Frilly or non-black socks must not be worn (girls)
- School bag must be brought every day

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If your child is having false/acrylic nails applied during the holiday, please could they be removed/trimmed down before pupils return to school. Clear studs should be worn in any new piercing that is in addition to the one pair of stud earrings.

Finally, any parents who are thinking about purchasing new uniform for September, **please remember that school blazers are compulsory for ALL YEAR GROUPS from September 2025.**

Duke of Edinburgh's Award Silver Expedition

On the last weekend in March, 18 CHS students successfully completed the assessed expedition for their Silver Duke of Edinburgh Award, having undertaken their training a few weeks earlier. The students walked around 30 miles from Buttermere to Keswick across three days, which included two nights of camping. We are extremely proud of the commitment and dedication of the students and are fortunate to be able to share a detailed account of the weekend due to the photography of Year 11 student, George, who has given us permission to share some of his photos from the expedition. Well done to all those who completed the expedition, and a huge thanks to Mr Grieve and Ms Williams for preparing and leading the students, as well as 'Excel Outdoors' for their expertise.

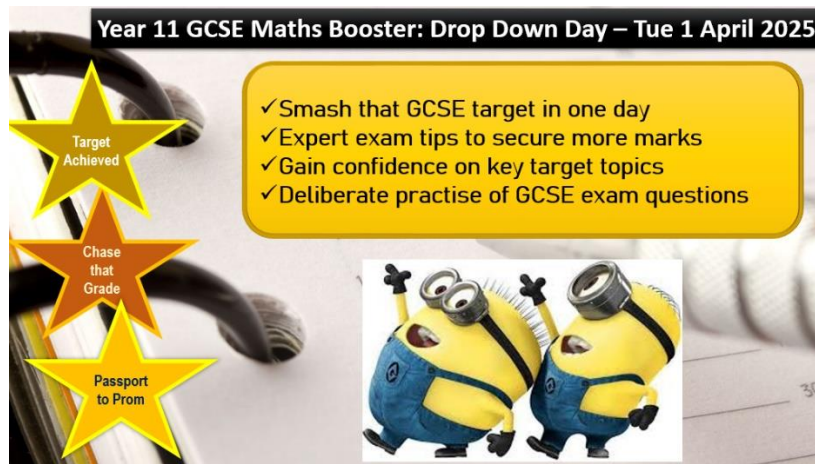




End of Term Rewards Event – Inflatables Day!

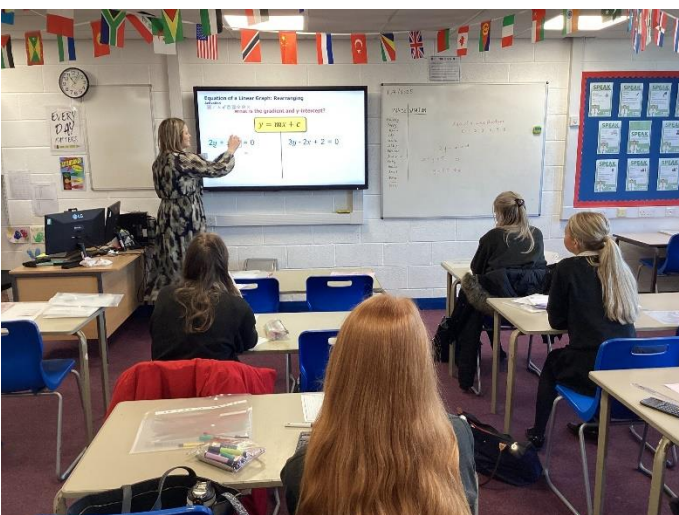
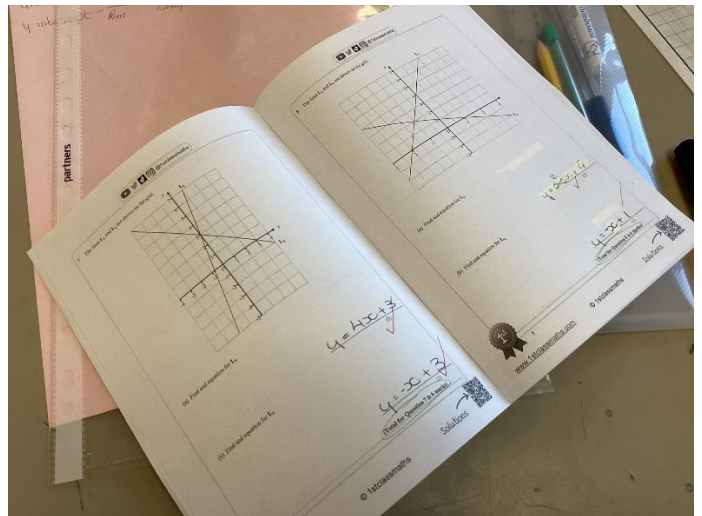
On Friday 28th March, we held our end of term rewards event for students who have been working hard all term and getting it right in terms of our school values of confidence, purpose and (especially) respect. The invited students from each year group were able to spend an hour just being kids and enjoying all the inflatables on offer, including inflatable axe throwing, inflatable basketball, sumo suits, bungee ropes, mini golf and even a massive inflatable racecourse that proved very popular with our most competitive students (and teachers)! Well done to all students who earned their place and a massive thanks to Ms Cleasby for organising the day.





Year 11 GCSE Maths Booster Drop Down Day

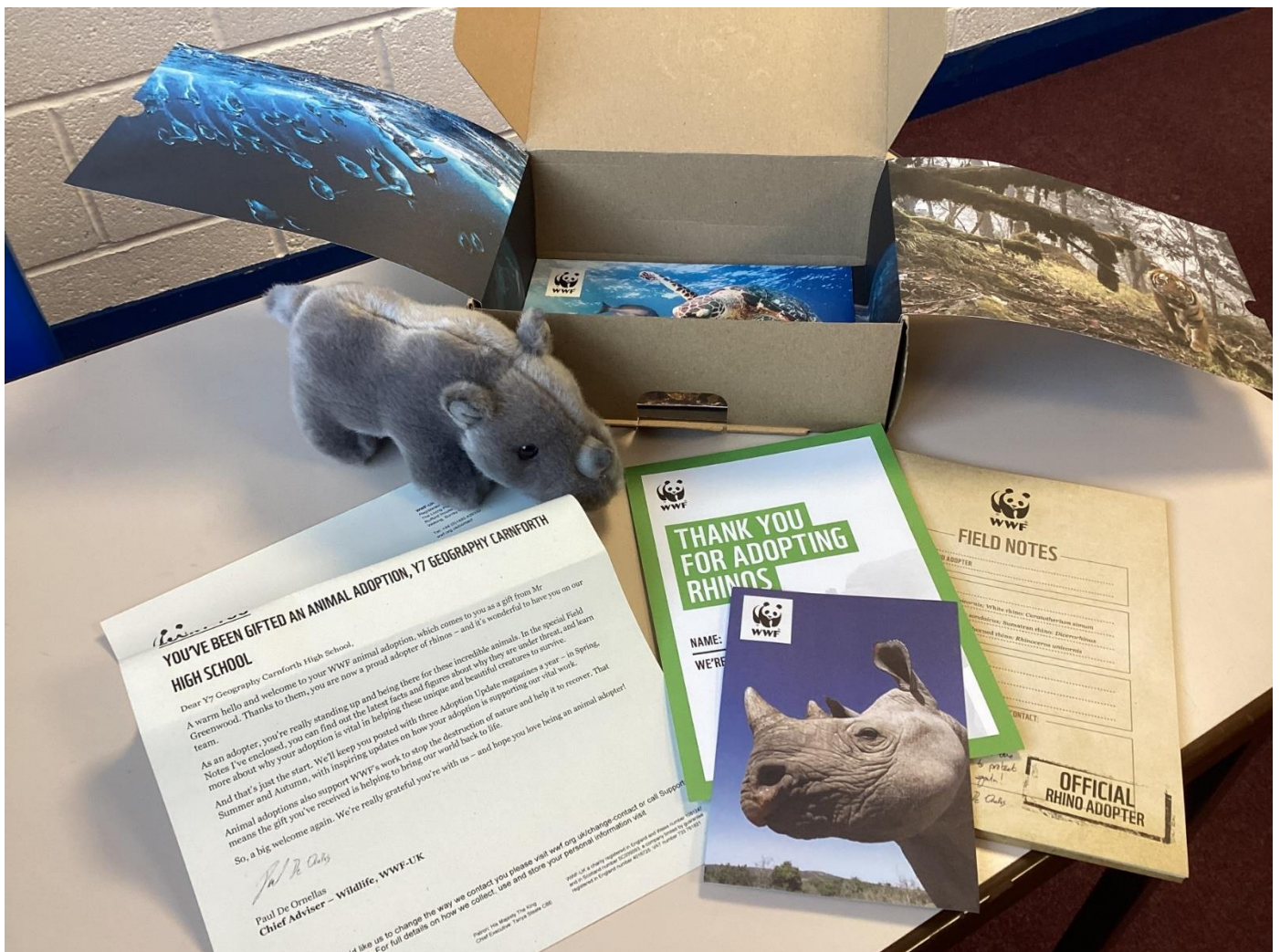
On 1st April we supported our Year 11 GCSE students in preparing for their upcoming summer exams with a 'Booster Drop Down Day.' The sessions were organised by our Subject Leader of Maths, Mrs Backhouse, and delivered by visiting experts who kindly joined us from our Bay Learning Trust Team, Mrs Best and Mr Patel. The students had the chance to focus on key skills that will boost their summer grades, as well as practising GCSE exam questions and developing their confidence in this key subject. Well done to all who took part!





Year 7 Saving Rhinos in Geography

Year 7 Geography have just finished a unit on Environmental Concerns. Within that unit, we studied the reasons some animals are endangered. Thanks to generous donations from home, the classes have raised enough money to sponsor two Rhinos through the WWF. The money will go towards the conservation of Black and White Rhinos across the world.



Mr Lydiate' Science Riddles

My Lydiate likes to put Science riddles on his door for the students to engage with, but can you solve them? The answers will be in the next issue!

Y11

I'm the full set, a complete guide,
With all instructions stored inside.
In the nucleus, I reside,
Passed from parents, a source of pride.
What am I?

Y10

I send signals without a sound,
Across synapses, I am found.
In your brain, I help you think,
With every thought, I form a link.
What am I?

Y9

I move from hot to cold, seeking balance,
In conduction, convection, and radiation, I dance.
In every object, I aim to spread,
Equilibrium is my ultimate thread.

KS3

I'm the site where proteins grow,
Where amino acids join in tow.
On rough ER or floating free,
My role in cells is vital, you see.
What am I?



CHS Spotlight Showcase

Carnforth High School Drama Club proudly presents the Spotlight Showcase! An evening of performances, poetry, dancing, acting and singing from a whole host of plays, musicals and much more. Tickets are available from the main reception, £2.00 per person. From the Lion King to the Wizard of Oz, Peter Pan to Charlie and the Chocolate Factory, come along and join in the fun!



PLANS IN PLACE

Year 10 Work Experience Update

The vast majority of students have now entered details onto Unifrog, with most of these having been approved by Mr McGauran. For further updates (and to see key information, such as what times they need to be at work, what to wear, etc.) students should log in to Unifrog and look at the 'Placements tool. Here they can see everything their employer has written (if they have completed the form). If their placement looks like this...

Student initial	Employer initial	P/G agreement
Permission	School check-in	Employer review
Student reflection		

...then the employer still hasn't responded to the email they've been sent, and the student needs to chase this up with an email, phone call or visit. If it looks like this...

Student initial	Employer initial	P/G agreement
Permission	School check-in	Employer review
Student reflection		

...then the employer has completed the initial paperwork, but school has not yet approved the placement as we are waiting on more information, such as insurance or Risk Assessment details, which we have asked them for. If it looks like this...

Student initial	Employer initial	P/G agreement
Permission	School check-in	Employer review
Student reflection		

...then everything has been completed and is good to go! In some cases we may have to ask the employer for more information before June (for example, for a new insurance certificate if theirs runs out) but otherwise the student has organised their placement.



NHS Careers – Year 9 and 10 Visit to Lancaster Royal Infirmary

In December we ask all students in Years 9, 10 and 11 to let us know about their 'intended destination' when they leave school. In June this year, we have an opportunity for students in Years 9 and 10 to visit Lancaster Royal Infirmary to learn about careers in the NHS and the medical field more widely. Mr McGauran will select students based on the information they provided in December. Parents of these students will receive a letter about the visit in due course.

Careers Support Out of School

If you would like further support for your child around careers, post-16 destinations, etc., including what courses are available, how to apply, how to apply for jobs, how to create a CV and how to prepare for an interview, Lancashire County Council offer weekly 'Next Steps' sessions. Please see their flyer:



16-19 yrs Next Steps Session

Morecambe Library - Thursdays 1-4pm

Over 16 and not in work or education?

Support with:

College courses, job applications, CVs and
interview techniques

Mobile: 07977273886 for more info

Talk online lancashire.gov.uk/youthzone
Text **07786 51 11 11** Call **0800 51 11 11**
Email talkzone@lancashire.gov.uk



lancashire.gov.uk



Lancashire
County
Council



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T-LEVELS

THE NEXT LEVEL QUALIFICATION

T-Level Information Event

T-Levels are becoming an increasingly popular with our students. Here's what they are:

- T-levels are two-year courses
- They are equivalent to three A-levels
- Learning time is split: 80% classroom learning and 20% industry placement
- Placements are at least 315 hours (approximately 45 days)
- T-levels can help students get into skilled employment, further study or a higher apprenticeship

With the NHS being one of the biggest employers in our area, it's great to see them running an event to inform students about these qualifications and what the NHS can offer. This is a Webinar on Tuesday 13th May from 7-8pm, and will include testimonies from students, and NHS and Social Care staff along with a Q&A.

You can find out more by clicking this link: <https://forms.office.com/Pages/ResponsePage.aspx?id=-fyIqDpsZUilQXup6nx-Tw2oM10Brt5GrGNbkuTORWtUNExSMFVRQ0xDOEJYWUkzUFJKRUIGME9FSi4u>



Lancashire and
South Cumbria

Careers
in health and social care

CARE

T Level Information Event for Parents/Carers & Educators

SPILL
THE



Scan the QR code to
register today!



Join us on for our
'Spill the Tea on
T Levels at Tea Time'
Webinar Live on
Microsoft Teams,
Tuesday 13th May,
7-8pm

Learn more about
T Levels in Health and
how they could support
your child's bright future!
An opportunity not to be
missed - aimed at **parents**
and school staff.

With testimonies from
Health T Level students and
NHS and Social Care staff
plus a 15 minute Q&A!

T-LEVELS
THE NEXT LEVEL QUALIFICATION



Boys Football Fixtures

A busy fortnight to finish the term with lots of boys' football fixtures.

The Year 8 boys travelled to Bay Leadership Academy and produced a superb performance, winning 8-2. Dan scored the first goal, a precise strike into the bottom corner. Bay equalised shortly after, but this forced Carnforth to go through the gears and scored six goals without response. An excellent Oliver cross was headed home by Jacob for 2-1. Jake scored a sweet free kick, left footed high into the top corner. Dan got his hat trick, his second, a back post header and third a good finish when 1v1 on with the goalkeeper to make it 5-1. Joe scored the sixth before Jake was fouled in the box with Jack converting the penalty. 7-1 to Carnforth at half time. A much quieter second half, with only one goal apiece. Joe the scorer, a lovely finish following a Dan through ball. Well done boys, a comprehensive victory.

On Monday 24th March, the Year 10 and 11 boys football teams hosted Central. The year 10s gave up a 2 goal lead to lose 3-2, Dan and Kenzie with the two Carnforth goals. The Year 11 boys lost 4-1, Brad with the only Carnforth goal.

The next night, Years 7, 8 and 9 hosted Ripley. The year 7s lost 4-0 but continued to show improvement. The Year 8 boys won 3-2 in a dramatic game. Carnforth took the lead with a goal from Dan, Ripley equalised before Carnforth took the lead again through Jacob, Ripley equalised for a second time before Jack scored the winning goal! The year 9 boys won 5-1.

The Year 10 and 7 boys travelled to Morecambe Bay Academy on Thursday 27th March. The Year 10 boys won 1-0 in a very close and competitive game. Kenzie scored the winning goal, slotting neatly past the on-rushing goalkeeper following a perfect through ball from Kenzie. The Year 7 boys played two fixtures, drawing one and winning one.



Boys Football Fixtures Continued

On Monday 31st March the Year 8 and 9 boys hosted Morecambe. The Year 8s lost 5-2, however the game was much closer than the score line suggests. Jake and Josh scored the two Carnforth goals. The year 9s lost 4-1, Kenzie with the only Carnforth goal. The teams will now wait to see if they have made it through to the semifinals of the district tournaments, which will take place after Easter.

Year 7 Boys football – end of season district tournament. The Year 7 boys took part in their end of season district tournament on Wednesday 2nd March at Bay Leadership Academy. The boys were unbeaten, winning three and drawing one game, not conceding a goal throughout the whole tournament! The boys finished on 10 points and won the tournament. A fantastic performance and result. A special thank you to Mr Walters who has led the Year 7 football this year.



Year 7 Girls' Indoor Athletics Regional Round in Blackpool

On Wednesday 26th March the Year 7 girls indoor athletics team travelled to Blackpool to represent Carnforth and the Heysham district in the North West regional finals athletics competition. The team qualified for the regional round back in January and have been training at lunchtimes ever since to get ready for this competition. With a few nerves mixed with excitement the girls entered the sport hall and were ready to compete against 14 other schools from the northwest. This was quite daunting for some of the team as this event was huge, with nearly 500 competitors. The entire team were a credit to the school, they competed to their best ability in each discipline, ranging from sprints and long distance to shot puts and standing triple jumps. The girls made sure they were warmed up for their event, cheered each other on and were focused throughout the day. Even when results didn't go their way in their event, they held their heads high and were positive throughout the event. We are very proud of these athletes and their scores on the day, and they should be proud of their achievements too. We look forward to seeing their progress during the year 8 indoor athletics season.



Year 7 and 8 Netball District Tournaments

Tuesday 25th March, the Year 7 netball team travelled to LGGS to compete in the district netball tournament. They were entered into the extremely tough A team tournament and were up against 4 very challenging teams Ripley A and Ripley B, LGGS A and LGGS B. All other teams in the district were entered into the B team tournament. The girls played well in every match and came close in final scores to the B teams in particular. Very nearly beating Ripley B. Despite playing tough opposition the girls never gave up and showed true Carnforthian spirit, challenging every pass, and continuing to drive the ball into our shooting D at every opportunity. Well done to all Year 7 netballers, make sure you return to training in September in Year 8.

On Thursday 20th March, both the red and blue Year 8 girls netball teams represented Carnforth High at the district netball tournament. The girls played five games each, per team, and played to their best ability. Impressively they played all teams in the district, without a break, showing their ability to work well as a team, and their eagerness to challenge for the ball with each opportunity. Well done to all the girls involved, you represented Carnforth excellently, always with positivity and a smile on your faces. Your love of the game shines through every time you play!





Year 11 Netball District Tournament

On Wednesday 2nd March, the Year 11 netball team headed to Ripley for their last District Netball tournament ever. There were only 3 teams to enter, these were from LGGS and Ripley, so the girls knew it was going to be a tough tournament. CHS played against Ripley first, playing 12-minute halves. CHS started very strong, intercepting every available ball, and defending the D exceptionally well. Ripley battled well too and gained a lead in the first half 8-2. With a tactical change at half time for CHS, GK and GS the girls fought hard to reduce the goal difference and gained another 2 goals. The overall score was 14-4 to Ripley.

The second game was therefore against LGGS, another challenging opponent. CHS went into the tournament with a fighting spirit and knew they had to go in strong from the first centre. The team talk and strategies that the girls had in place before their final game paid off and at the half time whistle CHS were up 6-4. With such an excellent first half, the girls went into the second half with a lot of positivity, and this was clear from their determination and drive with each play of the ball. Keeping possession with short, strong passes ensured CHS continued to score goals, however LGGS didn't go down without a fight, and came into the second half with equal determination. The final score however was a draw, 10-10 to each side. This was a nail biting second game, and the girls thoroughly deserve to claim joint second place in the tournament. Mrs Sharples and Miss Bird wish the girls the best of luck in their future netball and sporting endeavours.



Extra-Curricular Sport Payment

The PE department is offering the opportunity for parents to make a one-time electronic payment of £25 to cover their child's annual extracurricular transport payments. Currently the PE department charges £1 for home fixtures and £2 for away fixtures; this covers a percentage of cost for transport and competition fees. Parents will be able to make the payment on the School Gateway. It is hoped that parents find this a preferential method of payment, for those students who are regular team members, rather than paying in cash on the day of the fixtures. Letters with further details can be acquired by your son/daughter from the PE department.



Carnforth
High School



PE Department Extra Curricular Timetable March - April 2025

	<u>LUNCH 12.45pm - 1.15pm</u>	<u>AFTERSCHOOL 3.30pm - 4.30pm</u>
<u>MONDAY</u>		Y7-11 Girls Football - Field (GLC) Y7-9 Boys Football - Field (JW & JD)
<u>TUESDAY</u>		Staff Meetings
<u>WEDNESDAY</u>		Y7, 8, 9 Netball - SH/Astro (NS/GLC) Y7-11 Cricket - SH/Astro (JD)
<u>THURSDAY</u>	Y7-11- Indoor Athletics - Sports Hall (NS)	Y10 & 11 Girls Netball - SH/Astro (NS) Boys District Fixture Afternoon (JD & CC)
<u>FRIDAY</u>	Y10-11 HRF - Fitness Suite (HW) Y7-9 Gymnastics - Dance Studio (GLC)	Yr 11 GCSE PE Intervention (With CC in Sports Gallery)

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

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