



CONFIDENCE PURPOSE RESPECT

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Headteacher's Message

This is my final newsletter, as Paul Staniforth will be taking on the Headteacher role from the 2nd June. My ten years at Carnforth have passed quickly and I have enjoyed every moment. Carnforth is a very special place, and the school will continue to offer the very best education for the community it serves. I am sure you will join me in wishing Paul every success. I would also like to thank Mr Malone for his outstanding contribution in his three years at Carnforth and congratulate him on his appointment to Headteacher at Central Lancaster High School.

Important Upcoming Dates

- Friday 23rd May:** School Closes for Half Term Holiday
- Monday 2nd June:** School Re-opens for All Students for Half Term 6
- Friday 6th June:** Year 9 and 10 Careers Visit to Lancaster Royal Infirmary
- Saturday 7th June – Sunday 8th June:** DofE Bronze Practice Exhibition
- Monday 9th June:** Year 10 Geography Field Trip 1
- Tuesday 10th June:** Year 10 Geography Field Trip 2

What Timetable

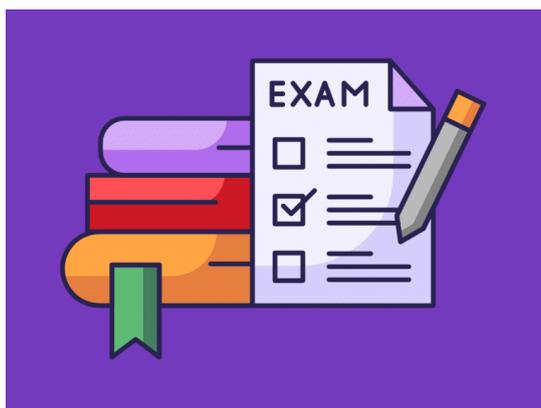
Week Is It?

W.B. 19/5/25 =
WEEK B

W.B. 2/6/25 =
WEEK A

GCSEs Continue – May Half Term Support, Study Leave and Prom

The daily GCSE exams for Year 11 continue. There are exams every day this week apart from Wednesday, with the key English Language exam taking place on Friday morning as the last exam before half term. The students will then have something of a rest with the week off for half term, but it is important that they have an organised revision plan for the week too. To support students, we will be holding sessions over the half term holiday. On the next page you can see the exam timetable for the next two weeks of exams, and on the page after that you can see our half term offer.





Carnforth
High School

Year 11 GCSE Exam Timetable
Monday 19th May – Friday 23rd May

	Monday 19th May			Tuesday 20th May			Wednesday 21st May			Thursday 22nd May			Friday 23rd May		
	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time
P1	9.20am	Chemistry P1 Trilogy Chemistry P1	1hr45 1hr 15	9.20am	English Literature P2 Prose and Poetry	2hr30	9.20am			9.20am	Physics P1 Trilogy Physics P1	1hr 45 1hr 15	9.20am	English Language P1 –20th Cent Lit	1hr45
P2	10.20am			10.20am			10.20am			10.20am			10.20am		
BREAK TIME															
P3	11.40am			11.40am			11.40am			11.40am			11.40am		
P4	1.25pm	PE – Fitness and Body Systems	1hr30	1.25pm	Computer Science P2	2hr	1.25pm			1.25pm	Media P2	1hr30	1.25pm		
P5	2.25pm			2.25pm			2.25pm			2.25pm			2.25pm		



Carnforth
High School

Year 11 GCSE Exam Timetable
Monday 2nd June – Friday 6th June

	Monday 2nd June			Tuesday 3rd June			Wednesday 4th June			Thursday 5th June			Friday 6th June		
	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time
P1	9.20am			9.20am			9.20am	Maths P2 -Calculator	1hr30	9.20am	History Super- power, Saxon, Norman	1hr50	9.20am	English Language P2 Non Fiction	2hr
P2	10.20am			10.20am			10.20am			10.20am			10.20am		
BREAK TIME															
P3	11.40am			11.40am			11.40am			11.40am			11.40am		
P4	1.25pm			1.25pm	Polish Listening/ F Polish Listening/ H Reading/F Reading/H	35min 45min 45 min 1hr	1.25pm			1.25pm			1.25pm	Geography P2	1hr30
P5	2.25pm			2.25pm			2.25pm			2.25pm			2.25pm		

May Half Term Support

We will be continuing to offer our revision and support programme over the May half-term break. This is a great opportunity for your child to engage in high quality revision and help them prepare for some of their remaining GCSE exams. All details of the revision sessions are below, as well as available on ClassCharts. Pupils do not need to wear school uniform but are expected to bring the correct equipment and maintain high standards of behaviour. All students must sign in to the school building on arrival and should not leave the building until the end of the session, when they will need to sign out.

May Half Term Holiday Intervention and Revision Timetable



Morning sessions take place from 10.00am-12.00pm. **Afternoon sessions** take place from 1.00pm-3.00pm.

Students need to **sign in on arrival to school at reception** and must sign out at reception when leaving.

Students should **organise their own transport** to and from the school site and should not be on site outside the hours of 9.45am-3.00pm.

		Tuesday 27 th May	Wednesday 28 th May	Thursday 29 th May	Friday 30 th May
Morning Session 10.00am-12.00pm	Monday 26 th May Bank Holiday	Trilogy science Biology Miss Ivory – L4 Trilogy science Chemistry Mrs Barraclough – L1 Trilogy Higher Mrs Young - L2 Triple Chemistry Mrs English – L3	Design Technology Mr Major - T2		Mathematics Higher Mrs Backhouse - M3
Afternoon Session 1.00pm-3.00pm		Triple Biology Mrs Stelmach – L3	English Language Ms Laverick - E1 Sign Up in school is needed		

Year 11 Prom

Year 11 students received their official invitations to prom on Tuesday of last week. Please note that the letter had an error! Our prom date is Thursday 26th June. We look forward to welcoming all the students who have been invited for a wonderful celebration event.



Study Leave

Study leave begins for pupils on **Friday 23rd May 2025**, after the completion of their morning exam. This means that pupils no longer need to attend school if they do not have an exam. Pupils are expected to use this time revising at home. It would be beneficial for your child if you could encourage them to undertake as much preparation as possible for each exam.

If pupils do have an exam, they must be in school for the start of the exam briefing (8.55am for morning exams and 1.10pm for afternoon exams). Once the exam is finished, pupils must sign out at reception. Pupils must continue wearing school uniform for all examinations and when on site. **Pupils who would rather revise in school, we have a supervised work area available all day that pupils can use to prepare for their next exams.**

We are also **running further revision during school time to prepare pupils for upcoming exams**. All details of the revision sessions are attached, as well as available on ClassCharts. I would strongly advise that you encourage your child to attend these revision sessions whilst on Study Leave.



Mr Malone is Leaving

Mr Malone will be leaving us at the end of this half term to take up a new post at Central Lancaster High School as Headteacher.

We are all very sorry to see Mr Malone go. Since taking up his role in September 2022, Mr Malone has worked tirelessly to support students and staff at CHS and has been a large part of our community. We thank him for his invaluable contribution and wish him all the very best in the future.



Drama Club Visit to see 'Mary Poppins'

On Thursday 1st May, the Drama Club took a magical journey to Manchester to watch the West End touring production of Mary Poppins. Students from Year 7 to Year 11 stepped in time to the bus, ready for an excellent evening. Armed with high expectations and much singing on route, the journey was as easy as eating a spoonful of sugar. The show was truly supercalifragalistic, with outstanding acting, excellent set design and stunts that left people wowed. It was an excellent evening.

Some of the reviews from the students: *"It was magical!", "How they did get people to fly on stage... can we fly on our stage?", "I want to see it again...now!"*

VE Day Celebrations

On Thursday 8th May, our school's held VE Day celebrations, including special decorations around school, a form time focus on the event and a two-minute silence. Additionally, three of our students were invited to take part in Carnforth's celebrations at the War Memorial Gardens. Alex, Josh and Maisie did an excellent job of representing the school. Our students were also given the honour of raising the unique VE Day 80 Flag, prior to a formal Proclamation by the Town Crier.



Students in the Creative Wellbeing session on VE Day also worked to create their own tributes. Well done to Ava, Amelia and Heidi for their commemorative work.



A Visit from Our Local MP

Local MP for Morecambe and Lunesdale, Lizzie Collinge, attended a question-and-answer session with our students in May. She also provided an insight into the role of a local MP, the challenges this area faces, and discussed the many different careers students might want to consider in politics.



Carnforth Rangers are Recruiting!

Carnforth Rangers Under-13 football team are looking for players! If your child is interested in this opportunity, please find more information on the club's website.



Looking at things differently

October 2024



Barnado's 'Perspective Taking' Workshop

On 1st May Barnardo's did a perspective taking workshop for Year 9 to support our students who struggle to manage conflict and can find friendships difficult. The students filled in a survey before and after the session and nearly all of them felt they would be able to manage conflict better and think of things from all points of view.

We work closely with Barnardo's and over the next academic year we will have one event for each year group and something for parents. For Year 7 there will be an assembly to introduce their services and Year 10 and 11 we focus on exam stress. For Year 8 and 9 we will be doing some surveys to ensure the support offered is targeted to the needs of the year group.

Perspective taking:



Perspective taking is the ability to understand and consider the thoughts, feelings, and experiences of others. It involves stepping into someone else's shoes and seeing the world from their point of view. It requires active listening, empathy, and open-mindedness.





Carnforth High School

New Clubs starting after Easter Open to all year groups



Mindfulness Club

Fancy trying mindfulness **mediation**?
Have a go at mindfulness **colouring**?
Or you just want a **relaxing** space or
some **peace and quiet** to sit and eat
your lunch.

Join us in LS1 on Thursday Lunchtimes .
Mrs Sherlock

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New Lunchtime Clubs!

Mrs Sherlock has started two new lunchtime clubs. Above you can see the details of the Mindfulness Club, and below you can see the details of the Lego Club (as well as some photos from a recent session).



Carnforth High School

New Clubs starting after Easter Open to all year groups



Like Lego? Join the club!

Free-build or follow a plan.

Lego and plans provided – just turn up!

Or bring your own project to work on.

In LS1 on Monday Lunchtimes – feel free
to bring your lunch

Mrs Sherlock

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New Music Clubs!

As you might be aware, we have a new Subject Leader of Music, Mr Barnes. He's already launched four new Music clubs that students can attend! Please see the details below:

THE WEEK IN MUSIC

Monday - Lunch

Ukulele Club

For absolute beginners up to experienced players, anyone can join the fun - but due to the number of ukuleles, space is limited!

Tuesday - Lunch

Open Choir

Calling all divas, belters, shower singers and everyone else! A fun, relaxed choir for anybody with a love of singing, come and join as we sing Pop and Musical Theatre hits.

Wednesday + Thursday - Lunch

Shhhh!

Quiet days where the department is closed at lunchtimes

Thursday - After School (3:25-4:25pm)

Percussion Club

Got rhythm? Join in with this energetic and fun drum circle. For beginners up to and including master percussionists.

Friday - Lunch

Invitational Choir

Another fun choir, but you need to be invited to this one by Mr Barnes.

Order your lunch in advance if attending a lunchtime club



PLANS IN PLACE

Year 10 Work Experience – The Final Countdown!

As you'll be aware, our Year 10 **Work Experience Week** is **23rd-27th June** – that's just **6 weeks** away! School has worked with every student in the year to try to secure a placement for the week, but we still have 15 students that need to organise their placement ASAP.

If your child does not have a placement yet, please see our support and guidance here:

<https://www.carnforthhigh.co.uk/school-life/careers/>

If your child does have a placement but the employer (or you) has not given the details and information we need yet (your child can check this on their Unifrog account) then the placement is at risk of not going ahead. We cannot let students out on placements without evidence that insurance and risk assessments are in place, so will not let a placement go ahead if an employer does not provide these. For more information contact our Careers Leader, Mr McGauran, at:

emcgauran@carnforthhigh.co.uk



Careers Visit to The Royal Lancaster Infirmary (RLI)

We've been lucky to receive an invite to visit the RLI on 6th June for students in Years 9 and 10 to find out more about careers in the NHS and in medical and health and social fields more broadly. Back in December we asked all students in those year groups about their future intended destinations, so based on this, 7 students in each year group have received invites.

If your child has been invited, they will have received a letter from Mr McGauran last Wednesday. Please could you ensure that the permission slip and medical information is returned to school by Wednesday this week (21st May).



Lancaster and Morecambe College – Upcoming Events

Lancaster and Morecambe College is the most population destination with our school leavers. They have several upcoming events in which you can learn more about the college and the courses they offer. Please see the information below.



The poster features a central banner with the text 'COMMUNITY OPEN DAY' in large, bold, red letters with a white outline. Above the banner is the college's logo, which includes a stylized building icon and the text 'Lancaster & Morecambe College' and 'Celebrating 200 Years of Learning'. The background is decorated with a sunburst pattern and various stars. Three stars contain the text 'Taster Sessions', 'Inflatables & Stalls', and 'FREE Activities'. At the bottom, there is a decorative border with stars and the college's website and phone number.

Lancaster & Morecambe College
Celebrating 200 Years of Learning

COMMUNITY OPEN DAY

Taster Sessions

Inflatables & Stalls

FREE Activities

Saturday 28 June 11am-3pm

Lancaster & Morecambe College

Bring the whole family for a
fun-filled family day out!

[lmc.ac.uk/events/
community-open-day](http://lmc.ac.uk/events/community-open-day)
01524 521385

LANCASTER & MORECAMBE COLLEGE

WOMEN'S FOOTBALL COURSE TASTER SESSION

Register online! →



Saturday 28 June, 11am
LMC Campus

Register online!



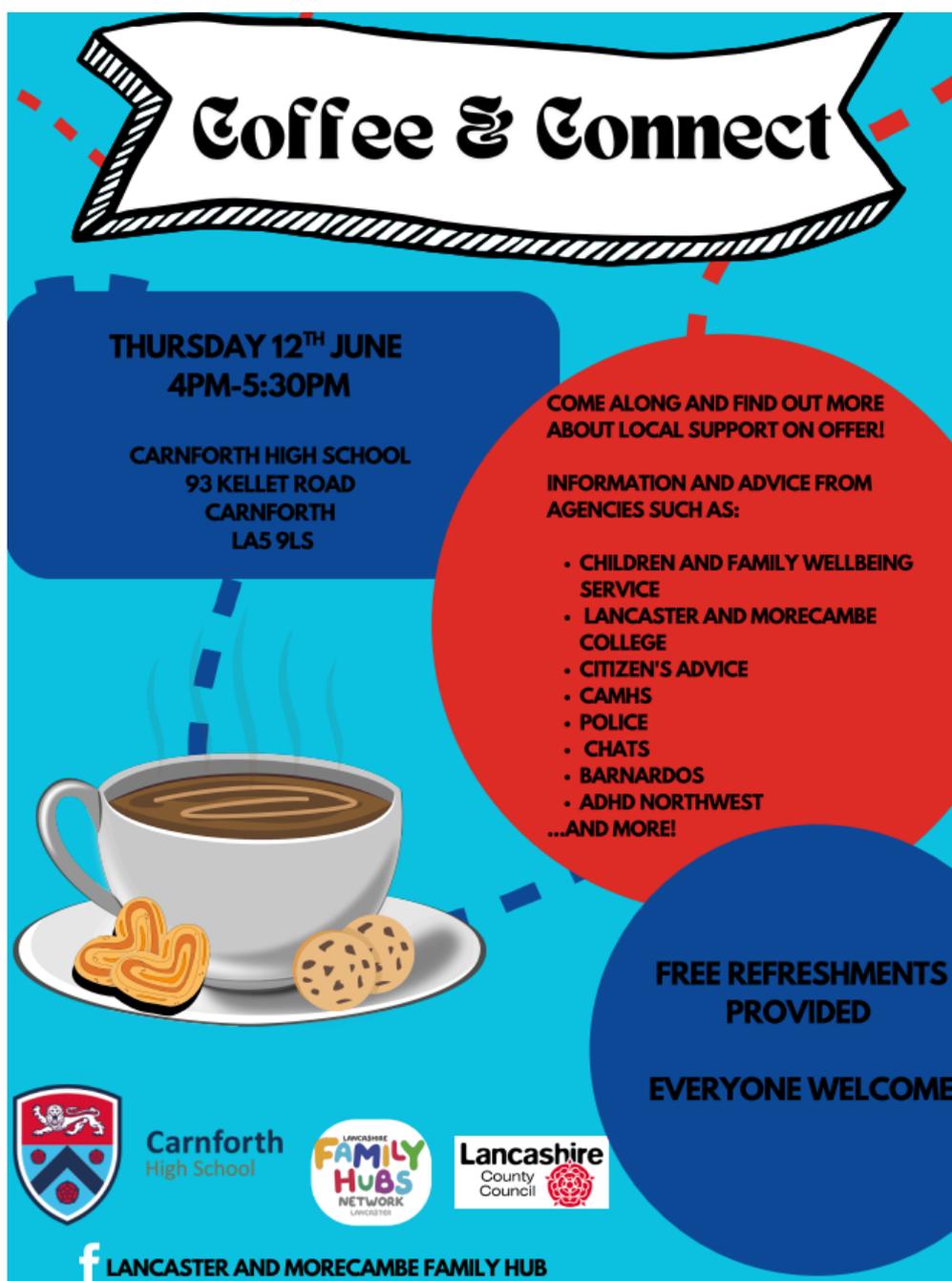
Specialist Makeup Taster

Thursday 29 May • 1 - 3.30 pm
Year 11+

Community Event – Coffee and Connect

Is your child on the waiting list for an ADHD assessment or been diagnosed? Come and speak to ADHD Northwest. Is your child in Year 10 or 11 and unsure what they are going to do once they leave school and you're unsure how to support them or you just want to know more about the process? Come and speak to the apprenticeship or positive prospects team from Lancaster and Morecambe College. Worried about how to pay your bills during the cost-of-living crisis? Come and speak to Citizens Advice. Want to get your child engaged in some positive activities outside of school? Come and see what youth groups are available. Worried about your child's mental health and want some advice and support? Come and talk to mental health professionals.

Parenting teenagers and navigating the current cost of living crisis can be daunting but you're not alone. We are holding an event from 4.00pm to 5.30pm on 12th June in the school hall to support our parents. There will be a number of different services available to offer help and support with a range of topics. Even if you're not sure you need to talk to any of the services come for a brew and a biscuit and connect with other parents in the area.



Coffee & Connect

THURSDAY 12TH JUNE
4PM-5:30PM

CARNFORTH HIGH SCHOOL
93 KELLET ROAD
CARNFORTH
LA5 9LS

COME ALONG AND FIND OUT MORE
ABOUT LOCAL SUPPORT ON OFFER!

INFORMATION AND ADVICE FROM
AGENCIES SUCH AS:

- CHILDREN AND FAMILY WELLBEING SERVICE
- LANCASTER AND MORECAMBE COLLEGE
- CITIZEN'S ADVICE
- CAMHS
- POLICE
- CHATS
- BARNARDOS
- ADHD NORTHWEST
- ...AND MORE!

FREE REFRESHMENTS PROVIDED

EVERYONE WELCOME



LANCASTER AND MORECAMBE FAMILY HUB



Year 9 Boys Football

The Year 9 boys football team have won the district cup for a second year in a row! The team travelled to Morecambe Bay Academy to match up against Ripley St Thomas. The game was played in scorching heat, but both teams gave 100% and battled throughout. There was not much between the two teams in the first half, with Ripley creating plenty of pressure in the first 15 minutes but only creating chances from distance that were comfortably saved by Archie. Carnforth took the lead after 20 minutes when Theo dispossessed the Ripley defence before breaking into the box and scoring from a tight angle into the far corner. The half time score was 1-0 with not much to separate the two teams.

The Carnforth boys produced an excellent second half performance, scoring twice inside the first 10 minutes. Kenzie finished superbly, placing his shot into the bottom corner from the edge of the area. Theo scored his second of the game, scoring from a very tight angle with a strike across the goalkeeper that hit the far post before nestling into the bottom corner. Kenzie made it 4-0, with the goal of the game. Left back, Keyan, controlled the ball well before playing an outstanding 30 yard lofted through ball for Kenzie who finished emphatically into the bottom corner. An excellent performance all round from the team, who defended well during spells, tracked back to win the ball when dispossessed and showed real quality in attack. Well done boys on an excellent achievement and a great football season.





Track and Field Cup

On Thursday 22nd May the ESAA Track and Field Cup will take place at Blackpool Stanley Park. Students who have been selected to compete have been given a letter, which was due to be returned by Friday 16th May. All details are on the letter issued but students will need to be in school to meet the PE department at 8am in the main assembly hall, the coach will be departing at 8.15am.

Students will need to bring full PE kit, a packed lunch (free school meals will be provided for the relevant students), plenty of fluid to rehydrate, layers should it turn cold, sun cream and hats. Students will be out of school all day and will return around 5pm.

The PE department asks for a £4 contribution towards travel and competition fees.

Parents and guardians are welcome to come along to support.

Any questions prior to the event please direct to Mr Daghish at jdaghish@carnforthhigh.co.uk.



Extra-Curricular Sport Payment

The PE department is offering the opportunity for parents to make a one-time electronic payment of £25 to cover their child's annual extracurricular transport payments. Currently the PE department charges £1 for home fixtures and £2 for away fixtures; this covers a percentage of cost for transport and competition fees. Parents will be able to make the payment on the School Gateway. It is hoped that parents find this a preferential method of payment, for those students who are regular team members, rather than paying in cash on the day of the fixtures. Letters with further details can be acquired by your son/daughter from the PE department.



Carnforth
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PE Department Extra Curricular Timetable April - May 2025

	<u>LUNCH 12.45pm - 1.15pm</u>	<u>AFTERSCHOOL 3.30pm - 4.30pm</u>
<u>MONDAY</u>		Y7-11 Girls Cricket - Astro (GLC) Y7-11 Boys Cricket - Sports hall (JD & TB)
<u>TUESDAY</u>		Y7-11 Athletics (JD, NS, GC, AB & TB)
<u>WEDNESDAY</u>		
<u>THURSDAY</u>		Boys District Fixture Afternoon (JD & CC) Y7-11 Girls Rounders - Field (GLC, NS & AB)
<u>FRIDAY</u>	Y10-11 HRF - Fitness Suite (HW)	Yr 11 GCSE PE Intervention (With CC in Sports Gallery)

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

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