



CONFIDENCE

PURPOSE

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You can also see regular updates on our school Facebook page by clicking here: [facebook](#)

Headteacher's Message



It gives me great pleasure to share my first newsletter with you as we settle into what has been a very positive start to the half term. I have been really impressed by the way our children have risen to meet the high expectations we set for them, and I am delighted to recognise the hard work and effort they are putting in through our new weekly awards. Please do check ClassCharts regularly for your child's achievements – we will be updating this frequently to keep you informed of their successes.

To further celebrate our students' efforts, we have introduced weekly prizes including chocolate and vouchers, which I hope they will enjoy competing for. It is wonderful to see their enthusiasm and determination rewarded in this way and we will continue to develop our school rewards to recognise and celebrate their hard work.

Looking ahead, we have some exciting events coming up in school that I wanted to bring to your attention. These include our Year 10 Work Experience programme, sports day, and our Open Evening. I have been delighted by the number of students who have volunteered to support our school during these events – their willingness to give their time demonstrates the genuine pride they have in Carnforth High, which speaks volumes about our school community. I look forward to sharing more positive news with you throughout the term and thank you for your continued support.

Important Upcoming Dates

Tuesday 17th June: Year 8 Parents' Evening

Tuesday 17th June: Year 7 and 8 STEM Trip to Birmingham

Tuesday 17th June: Year 8 Lancaster University Trip

Thursday 19th June: Year 9 Maths Careers Trip to Lancaster University

Friday 20th June: Year 11 Leavers' Breakfast and Assembly

Monday 23rd – Friday 27th June: Year 10 Work Experience Week

What Timetable Week Is It?

W.B. 16/6/25 =
WEEK A

W.B. 23/6/25 =
WEEK B

Final Year 11 Events

With the exams soon to end, Year 11 are nearing the end of their time with us. Please remember that our final few events taking place are:

- Wednesday 18th June – Final GCSE Exam
- Friday 20th June – Shirt Signing in the Sports Hall at 9.00
- Friday 20th June – Leavers Breakfast in the Canteen at 9.30
- Friday 20th June – Leavers Assembly in the Main Hall at 10.00
- Thursday 26th June – Year 11 Prom



Correct Uniform

- **Shirt: blue (7-9) or white (10 & 11)** - tucked into skirts/ trousers, top button done up.
- **School tie** – worn over the top button of your shirt
- **Black pleated skirt or tailored trousers** (must have a button and zip fastening)
- **School jumper** (Yrs 8-11) or **school blazer** (yr 7, optional for other years)
- **Black leather or leather-look shoes**
- **Black, plain socks (if wearing skirt)**
- **School bag**

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Incorrect Uniform

- No bobbles/ clips/ bands at the back of skirts & jumpers
- Skirt waistbands must not be rolled over
- No false eyelashes/ nails/ hair adornments & bows
- Permitted jewellery = watch & 1 pair of plain stud earrings only
- Discreet make-up only
- Coats are not to be worn indoors (if there's a ceiling above, coats must be off)
- Hoodies/ non-school jumpers must not be worn under blazers
- Frilly or non-black socks must not be worn
- School bag must be brought every day

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Uniform Drive Reminder

A reminder of the recent letter from our Headteacher, Mr Staniforth:

"I am very pleased to inform you that the majority of our students have returned to school in full and correct uniform. I would like to take this opportunity to thank students and their parents for their support.

Our uniform serves multiple important purposes that directly benefit our students' educational experience. Wearing school uniform promotes equality by removing visible socioeconomic differences, ensuring that all our children feel valued and can focus on their learning without the distraction of clothing-related comparisons. By wearing the same attire, students are reminded that they are part of a unified community where individual merit and effort matter most.

Our uniform fosters a sense of respect and belonging. When students wear our school uniform, they represent not just themselves, but our entire school community. This shared identity helps build discipline, encourages mutual respect, and creates a positive academic atmosphere where pupils feel connected to one another and to our school's values.

I believe that our uniform is more than just clothing; it is a symbol of our commitment to providing an inclusive, supportive, and focused learning environment for every student at Carnforth High School.

I understand that some of our students or families occasionally need support with uniform. We continue to have a stock of new or nearly new, clean uniform which students can loan from the pastoral team each day. If additional financial support is required, we are happy to help as best we can. Please contact your child's year team leader should you need this help."

Please remember that you can order all required uniform from our online shop:

<https://www.carnforthhighuniform.com/shop>



Carnforth
High School

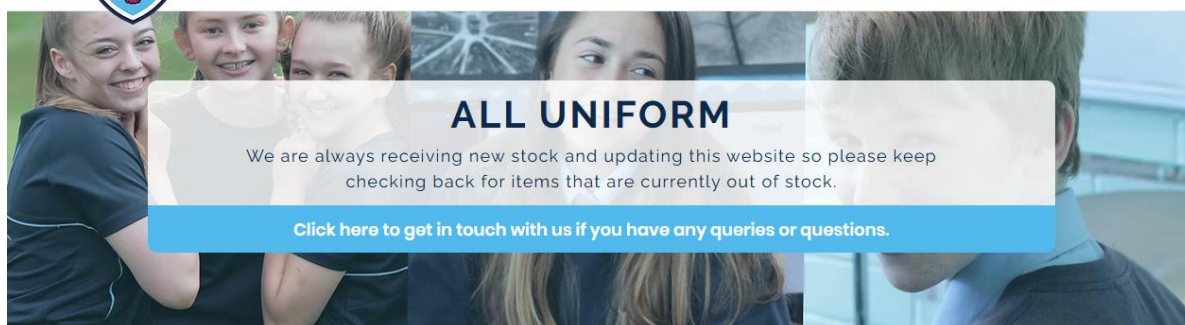
HOME

INFORMATION

UNIFORM

STATIONERY

GCSE ART



Open Evening

Every year we hold an Open Evening for prospective students and parents. We have already held an event this year (back in September 2024) but we're now moving to a summer event from now on. This event is primarily aimed at students currently in Year 5 and their parents. There are talks from the Headteacher and a chance to visit each of our departments and speak to teachers. This year school will be open from 5.00pm until 8.00pm.



Key Attendance Information

Communicating Absence/Lateness

Parents and guardians are required to notify the school if their child is absent or will be arriving late. Notification must be provided for each day of absence, including for medical appointments. Absences can be reported from 7:15am each day using a variety of communication methods. These options are outlined below:

- Telephone- 01524 732424 ext:202 (Attendance Office – Mr D Milner)
- Email- attendance@carnforthhigh.co.uk
- Text Message- School portal
- Class Charts messaging service

We appreciate your support in promoting excellent attendance and helping our students develop habits that will serve them in their future careers.

Leave of Absence Requests (LOA)

Guidance from the government outlines that unless there are exceptional circumstances, requests for leave of absence (including holidays) are unlikely to be authorised. Any unauthorised absence will be recorded on the attendance register and will negatively impact your child's overall attendance percentage. Parents/guardians are reminded that taking children out of school during term time without authorisation may result in a penalty notice;

- A **£80 fine per child** may be issued for unauthorised absence
- If not paid within **21 days**, the fine increases to **£160**
- This applies to the **first two offences** within a **three-year period** for the same child
- Further unauthorised absences may lead to prosecution, with potential fines of up to £2500 and/or other legal consequences.

We strongly encourage families to plan holidays and travel during designated school breaks. Regular attendance is essential for your child's learning, wellbeing and future success. If you believe you have exceptional circumstances, please contact the school in advance to discuss your request.

In Memory of Mrs Reeves

In June 2024 Mrs Reeves passed away. She spent 24 years of her life working at Carnforth High School. She was part of the Pastoral team for many of those years and loved helping and support people to reach their potential. She was also involved in many school Iceland trips and loved taking the students to experience new things. As a school we looked at ways to remember her and decided a sensory bench would be a really fitting way to remember her and allow her to continue to support our students in a different capacity. Although ambitious to raise the money, we decided we would work together to collectively travel the 961 miles between Carnforth High School and Reykjavik to raise the money.

During this time our staff, pupils and their families completed miles by running, walking, cycling, swimming and even skipping! This involved a park run with 12 staff, 1 ex-colleague and 8 students on Saturday 25th January. It felt so lovely for everyone to come together in our mission to reach Iceland, and everyone was cheering everyone on despite there being lots of different abilities. Additionally, in school a number of students signed up to 'clock in' miles in the fitness suite. The students exercised tirelessly on the treadmills, ellipticals, bikes, rowers and stepper machines, throughout their break and lunchtimes during the week and collectively added 135.4 miles to the total!

As a school we were immensely proud of how everyone came together along with their friends and family to virtually get to Iceland and raise the money. In the end it did take us a little longer than a week to raise the money, however we got there a few days later and raised over £700.

Following this we spoke with a local company, Woodies, to complete the work for us. He produced a bench which is beyond anything we ever imagined. What a talented man! Once the bench arrived a group of staff have worked tirelessly to make it into a sensory bench. Another favourite place of Mrs Reeves' is Cornwall and Miss Dolphin put in many hours creating a masterpiece of Kynance Cove on the bench. Many others helped with practical and design support and then Mrs Moore finished it off nicely by planting some lovely flowers around the outside of it.

On Friday 16th May we invited Mrs Reeves' husband and son in to open the bench. The 'wow' reaction from her son said it all, and both are really happy that she will be remembered at the school for many more years to come.





Creative Wellbeing Students Create Cards for 104th Birthday

Students within the Creative Wellbeing sessions have been busy making birthday cards for a lady turning 104 this month. The project was a way for our school community to spread kindness and celebrate a special milestone. Each card was filled with creativity and care, showing how small actions can make a big impact. An act of kindness is a thoughtful gesture or action done to make someone feel appreciated, supported or happy.

Thank you to everyone who helped share kindness in our community.



Parent Governor Vacancy

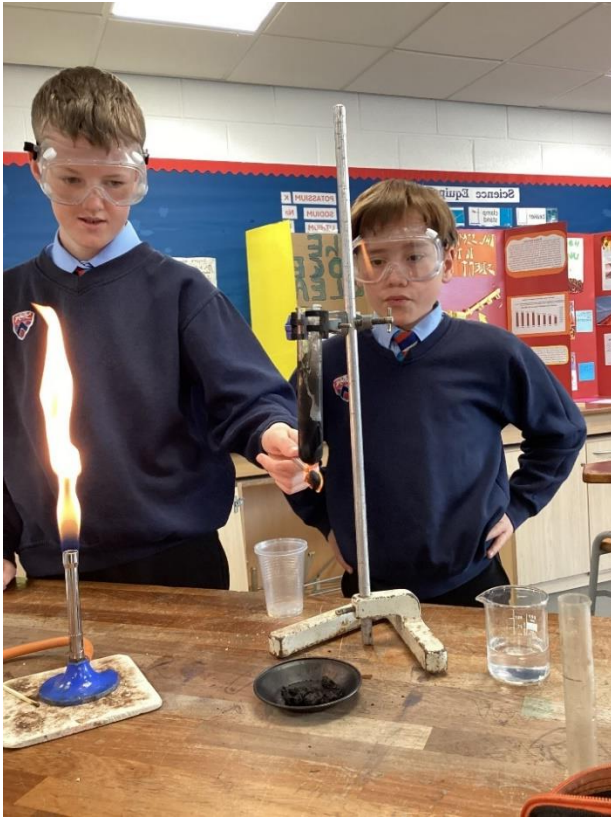
Please be aware that we currently have a vacancy for a Parent Governor to join our school's board of governors. If you are interested in this role please contact the Heads PA, Sarah Wilde, at: swilde@carnforthhigh.co.uk, who will put you in contact with the Chair of Governors, Mr Dudfield, to discuss the role further.

Parent Governor Vacancy

Apply now!

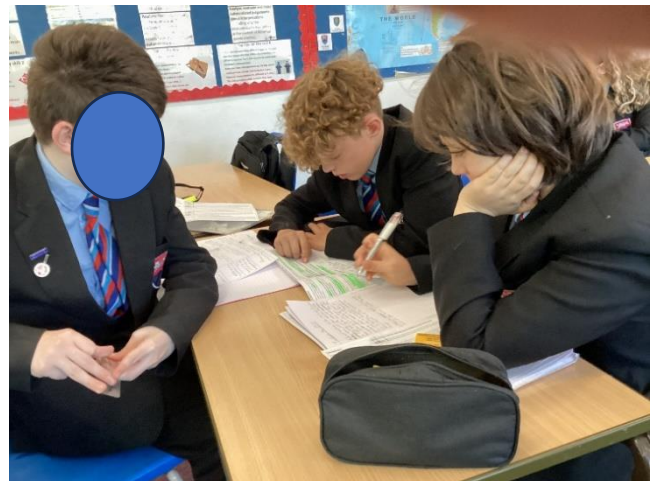
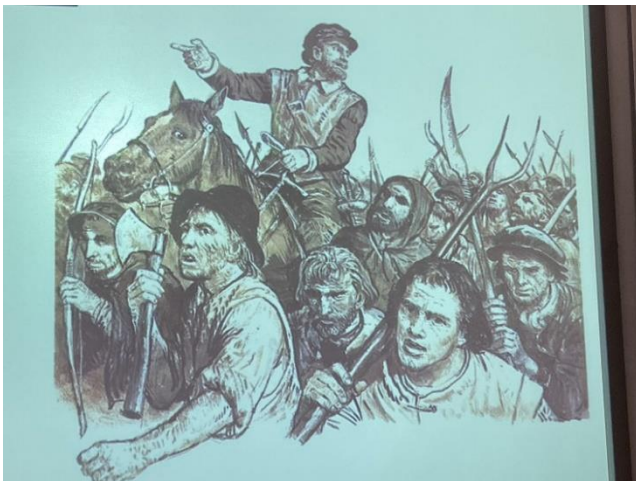
What's Happening in Lessons? – Science

In Science, students in Year 8 are learning about energy in Physics, which we can relate to the stores of energy in our food. Students released this chemical energy through combustion, which was measured by calculating the temperature increase of water. Wotsits contain a lot of energy!



What's Happening in Lessons? – History

Before the half term Year 7 Historians became news reporters, reporting on the Peasants Revolt of 1381. They conducted their own research and then wrote and rehearsed scripts for a Newsround worthy presentation. In their role play, some students were interviewed in the role of the Mayor - the main suspect in the murder of Wat Tyler during the Revolt in London. The students presented their news reports to the rest of the class, in an incredible display of hard work, commitment and teamwork. Well done Year 7!





UK Maths Trust

Carnforth High School's Youngest Students Excel in Mathematical Thinking

A selected group of our more able mathematicians in Years 7 and 8 sat the UK Junior Maths Challenge in May.

This is a UK-wide Challenge where students pitch their mathematical prowess in a number of number-crunching and logic-posing problems.

15 of our students achieved either the Bronze or Silver certificate and were duly rewarded with the prestigious reward. Well done!

If you'd like to try one of the problems yourself, here's a sample...

12. Two identical squares, $PQRS$ and $TUVW$, overlap to form the 21 cm by 12 cm rectangle $PQVW$ shown.

What is the area, in cm^2 , of the shaded rectangle $TURS$?

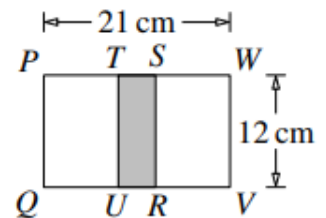
A 24

B 36

C 48

D 72

E 96



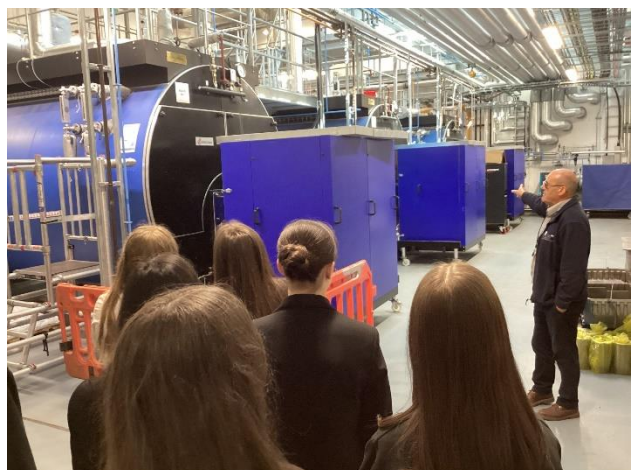
Year 9 and 10 Careers Visit to the Royal Lancaster Infirmary

On Friday 6th June, students from Years 9 and 10 who are interested in future medical careers had the chance to visit our local hospital, Royal Lancaster Infirmary (RLI). The RLI is part of the University Hospitals of Morecambe Bay Trust (UHMBT), containing the RLI, Westmorland General and Furness General Hospital. Between them these three hospitals employ over 9,000 people, making them our largest local employer. In fact, the NHS is the 5th largest employer in the world, employing around 1.5 million people; this means it employs around as many people as McDonald's does around the world!

As part of our visit, we had a talk on the creation of the NHS and the development of the NHS Trusts, including how they are funded and work. Students had the chance to try a '999 Emergency Handler' task, in which they considered how to prioritise a range of different situations that a 999 handler may encounter. We also had a tour of the site, looking at different aspects of the hospital, including the emergency department, the pharmacy and even the chaplain. We also had a chance to meet the site's engineering team, who took us to see some of the key areas of the site, including generators, boilers and the computer control room; we learnt that without these 'behind the scenes' operations the rest of the hospital couldn't function! In fact, 40% of all the people who work for the NHS are not 'patient-facing.'

To finish the day, we had a final question and answer session, where we found out key information about NHS careers, such as pay bands and the qualifications needed for the 350 different career roles that the NHS offers. The students on the trip did themselves proud, displaying our school values of confidence, purpose and respect throughout. Many thanks to the team at UHMBT for inviting us in!

For more information about NHS careers, see their website here: nhscareersnw.co.uk





Robotarium Workshop

On the morning of Tuesday 3rd June, 23 pupils engaged in a seminar by the National Robotarium and Causeway Education all about career paths in robotics engineering. It was certainly very interesting to learn about different careers in robotics engineering and look at case studies about robots that are already being used to work alongside humans both in the UK and worldwide. Students also got to meet and talk to 'Ameca,' the most advanced humanoid robot that the National Robotarium are currently working on! The students are now spending the next couple of weeks completing a short project for the national robotarium following their webinar. There are definitely some future engineers at CHS! Many thanks to Ms Ivory for organising this opportunity for the students.



Music News from Mr Barnes

I am pleased to be able to offer students weekly private instrumental or singing lessons. A fantastic team of private peripatetic teachers are available for a wide range of instruments including drums, guitar and bass, piano, singing, strings such as violin and cello, brass and more.

There are a range of benefits to learning to play a musical instrument, such as enhanced problem-solving skills, communication skills, social skills, improved memory and lowered risk of dementia in later life, improved development of emotional regulation skills, promoting creativity and research by Oxford University indicates that studying an instrument to Grade 4 standard improves the GCSE results of students by up to a third of a grade in girls and up to half a grade in boys, helping turn 3s into 4s (a 'C' in old money) and 5s into 6s etc. On top of all of this is the greatest benefit of learning an instrument – being able to play the instrument.

Lessons are carried out one-to-one, meeting once a week on during the school day. Through lessons, students will learn how the instrument works and look at the mechanics of playing, whilst learning new repertoire in the styles that they are interested in. There may also be the opportunity for students to work towards exams within their playing, if this is something they would be interested in.

The lessons typically cost £30-£35 per hour dependent on the teacher in question, and lessons will be offered as 20 or 30 minutes per week and usually 6 lessons per half term. If your child qualifies as Pupil Premium, it is possible for the school to fund or partially fund these lessons.

To take up this opportunity for your child, please email me at: swbarnes@carforthhigh.co.uk.

Monday – Lunch

Ukulele Club

For absolute beginners up to experienced players, anyone can join the fun - but due to the number of ukuleles, space is limited!

Tuesday – Lunch

Open Choir

Calling all divas, belters, shower singers and everyone else! A fun, relaxed choir for anybody with a love of singing, come and join as we sing Pop and Musical Theatre hits

Wednesday + Thursday – Lunch

Shhhh!

Quiet days where the department is closed at lunchtimes

Thursday– After School (3:25–4:25pm)

Percussion Club

Got rhythm? Join in with this energetic and fun drum circle. For beginners up to and including master percussionists.

Friday – Lunch

Invitational Choir

Another fun choir, but you need to be invited to this one by Mr Barnes.

PLANS IN PLACE

Year 10 Work Experience is Nearly Here!

We're now only one week away from Work Experience Week! It takes place from **23rd-27th June**.

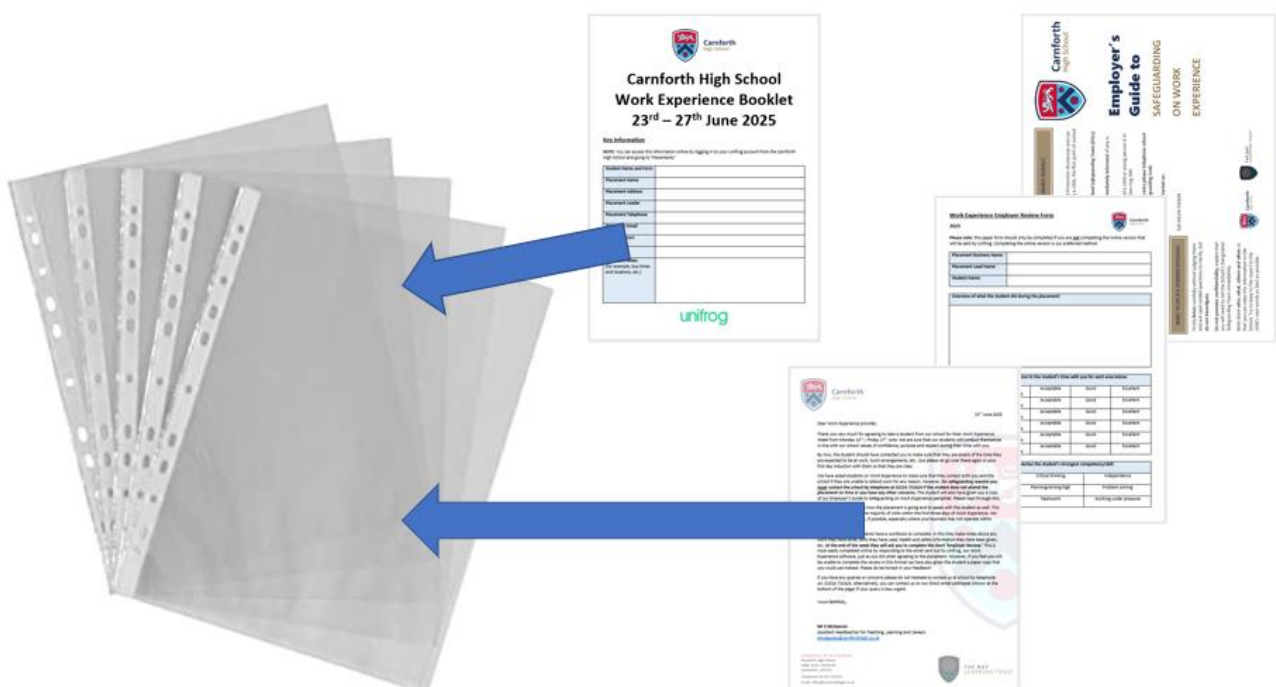
School has worked with every student in the year to try to secure a placement for the week, and the vast majority now have a placement in place.

During their last Life Skills lesson, each student going out on placement has been given key paperwork to take with them:

- **An Introduction Letter.** They should give this to their employer on their first day on placement. It explains key information to the employer (which we also email out to them) including the need to contact school straight away if the student does not arrive.
- **A Safeguarding Pamphlet.** This is also to be given to the employer and explains how they need to keep students safe.
- **A Workbook.** They need to complete this during the week. We will have a follow up lesson to review their placement on their return to school.
- **An Employer Review Form.** Employers are asked to review the student's time with them online using Unifrog, but if they would rather do this on paper, they can.

Please remember that:

- students must inform their employer and school if they are not going to be at their placement on any given day.
- Students who do not have a placement (or whose placement is closed on a specific day) must be in school if they are not at their placement, otherwise this will be an unauthorised absence.





Sports Leaders

We had 7 Year 9 boys represent Carnforth High School on Thursday 5th June in a primary school hockey tournament. They represented school this time as sports leaders and what an amazing job they did! They umpired all of the tournament games and showed excellent leadership skills! Teachers from the local primary school commented on how professional the boys were. Well done to our sports leaders!



Year 7 and 8 Rounders Match vs Central

The Year 7 and 8 rounders team played one of their first matches against central on the 22nd May. Pupils had only a couple of rounders practices however, they were keen to compete!

The Year 7 team played well with some fantastic back stop work from Dava. Some stand out performances from Maisie who hit the ball every time scoring the team at least two rounders, along with Aalesha who demonstrated some fantastic fielding. The team won the first innings but lost the second innings by one rounder. Well done Year 7 an excellent first game!

Year 7 and 8 Rounders Match vs Central Continued

The Year 8s (who are the most supportive team) played well, however they lacked in confidence, which is something we will work on during training.

The team had some excellent fielding moments with Nina catching some fantastic balls. Unfortunately, it was not enough, and they lost against Central. I would like to congratulate the team on their efforts, and it was lovely to see the support they have for each other. Well done!



Year 10 Rounders vs Grammar

First game of the season against Grammar. Big game, but the Year 10s were up for it!

The team was captained by Erin with Lexi on 4th base, Ellie bowling and the rest fielding. Some outstanding performances from Erin on second base and our consistent bower Ellie. Special mention to Lexi who caught two people out! In the first innings CHS took the lead by one rounder. They kept this lead, and the game finished 12 rounders to 9 making CHS the winners.

Well done to the Year 10 rounders team. I am looking forward to seeing how you get on in the district rounders tournament.

Rounders Results Round-Up

Year 7 @ Home vs LGGS

Year 7 started off well with one of their first rounders matches. They showed great determination and teamwork; their fielding skills were outstanding. Mabel captained the team and showed some great working managing the team, ensuring all students played their best. Maisie showed some great batting skills, getting the team 2 rounders on her first two bats!

Year 8 @ Home vs LGGS

In the year 8s second game of the season the girls showed both excellent batting and fielding skills, and lots of progress since their first game. After playing two innings each, it was clear to see the LGGS and Carnforth team were very evenly matched. Carnforth made some brilliant fielding decisions getting 3 of their players out in the second innings, and also hit the ball into the distance many times therefore scoring several rounders in both innings too. The communication and teamwork between the Year 8 team was fantastic, well-done girls- keep this up! Overall, however LGGS just pipped Carnforth to the win with the final score being 14-12. Player of the match went to Jasmine.

Year 7 @ Home vs MBA

Another hard game for the Year 7s. Again, they showed great determination and were ready for a challenge. They started off batting first and unfortunately in their first innings they lost by two rounders. However, they made some good decisions when fielding, getting a total of 4 players out! They started off their second innings working really hard despite a slight team setback, they came out on top! In their last 9 bowls CHS managed to get 4 ½ rounders, taking their score to 7 ½ for their second innings winning the second innings against MBA. The second innings fielding started off well Faith's bowling made a good difference to their fielding team, Maisie and Mabel displayed some great link ups to stump players out on second base. The first 9 balls, CHS had stumped out 2 MBA players, showing off their great teamwork. The final score ended CHS 11 ½ MBA 12 ½, despite showing great determination and resilience CHS lost by 1 rounder.

Year 10 @ Home vs MBA

Year 10s had their second game of the season against a tough MBA team. The game started well with MBA batting first and scoring 7. Carnforth fielded well also, giving very few half rounders away from no balls. Unfortunately, 2 key players for Carnforth were out in the first 3 balls of their batting innings, and it was hard to recover from this throughout the innings. At the end of the first innings the score was 7- 2.5 to MBA. The second innings offered more promise after a rigorous team talk. MBA went on to score 5 more rounders taking their total up to 12. Carnforth knew they had to work hard to close the lead that MBA had. However, another series of events led to three more key players being out within the first 9 balls of Carnforth's second innings. Despite Carnforth giving it their all, it was not meant to be today. Overall score 4.5- 12 to MBA. Player of the match went to Matilda.





Broken Records!

The PE department have been working tirelessly to check over past students' athletics records, digging into the archives to bring past achievements to light. Their efforts have inspired current students, who have been extremely focused in lessons and determined to break these long-standing records. The energy and the commitment shown by our students reflect a true spirit of excellence and school pride! The following students have broken records:

Year 7

Mabel H – 100m – 13.9 sec

Mabel H – 800m – 3min 30

Mabel H – 1500m – 7min 10

Faith G – 800m – 3min 33

Faith G – 1500m – 7min 11

Kaitlyn S – 1500m – 7min 36

Mia O – 1500m – 7min 20

Ella B – 1500m – 6min 35

Francesca O'C – 100m –
15.7 sec

Miley R – 100m – 16 sec

Annabel O – 100m –
16.1sec

Ava B – 100m – 16.4 sec

Rosie H – 100m 16 sec

Rosie H – 800m – 3min 38

Lily S - 100m – 17.1 sec

Amelia T – 100m – 17.3 sec

Amelia G – 800m – 3min 38

Amelia G – 1500m – 7min
25

Thomas H – 300m – 54 sec

Year 8

Poppy B – Discus – 17m 1

Juvana S – Discus – 15m 3

Dan A – 300m – 52.1 sec

Shaye B – 300m – 54.0 sec

Aaron D – Javelin 22m 10

The highlighted
students are the
current record
holders!

Year 9

Ava L – 100m – 15.67 sec

Ava L – 200m – 54.26 sec

Ava L – 300m – 54.20 sec

Ava L – 800m – 3min 28

Ava L – Javelin – 19m 35

Eden P – Long Jump – 3m
80

Eden P – 100m – 14.8 sec

Eva McF – 100m – 15.3 sec

Faith H – 100m – 15.6 sec

Maisie J – 100m 15.7 sec

Mary C – 100m – 15.7 sec

Mary C – Javelin – 17m 30

Mary C – 800m 3min 29

Neve M – Shot – 7m 70

Millie R – Javelin 18m 60

Carlina B – Javelin – 18m57

Bobby T – Triple Jump – 9m
88

Extra-Curricular Sport Payment

The PE department is offering the opportunity for parents to make a one-time electronic payment of £25 to cover their child's annual extracurricular transport payments. Currently the PE department charges £1 for home fixtures and £2 for away fixtures; this covers a percentage of cost for transport and competition fees. Parents will be able to make the payment on the School Gateway. It is hoped that parents find this a preferential method of payment, for those students who are regular team members, rather than paying in cash on the day of the fixtures. Letters with further details can be acquired by your son/daughter from the PE department.



Carnforth
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PE Department Extra Curricular Timetable April - May 2025

| | <u>LUNCH 12.45pm - 1.15pm</u> | <u>AFTERSCHOOL 3.30pm - 4.30pm</u> |
|------------------|---------------------------------|---|
| <u>MONDAY</u> | | Y7-11 Girls Cricket - Astro (GLC) Y7-11 Boys Cricket - Sports hall (JD & TB) |
| <u>TUESDAY</u> | | Y7-11 Athletics (JD, NS, GC, AB & TB) |
| <u>WEDNESDAY</u> | | |
| <u>THURSDAY</u> | | Boys District Fixture Afternoon (JD & CC) Y7-11 Girls Rounders - Field (GLC, NS & AB) |
| <u>FRIDAY</u> | Y10-11 HRF - Fitness Suite (HW) | Yr 11 GCSE PE Intervention (With CC in Sports Gallery) |

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

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