



CONFIDENCE

PURPOSE

RESPECT

You can also see regular updates on our school Facebook page by clicking here: [facebook](#)

Headteacher's Message



I hope this newsletter finds you and your families well as we approach the end of another busy and successful term at Carnforth High. Our recent Open Evening was a tremendous success, and it was wonderful to welcome so many Year 5 parents to our school. I was particularly proud of the overwhelmingly positive feedback we received about the warmth and friendliness of both our pupils and staff. This truly reflects the caring community we have built together at Carnforth High, and it fills me with immense pride to see our values shining through in everything we do.

As we look ahead to September, we are busy preparing to welcome our new intake of Year 7 pupils through our transition evenings. These events are always special occasions, and I know our current pupils and staff are excited to extend the same warm welcome to our newest members of the Carnforth High family.

Despite the unpredictable British weather, our sports day last week proved to be an incredibly enjoyable event for both pupils and staff alike. The atmosphere was electric, and I was delighted to see so many medal and trophy winners celebrating their achievements. I must also mention that the PE department emerged victorious in the staff relay, despite tough competition!

Our commitment to providing enriching experiences beyond the classroom continues to flourish. From our various community events to the educational Normandy trip, and our highly successful work experience programme, our pupils are gaining invaluable life experiences that will serve them well in their future.

Thank you for your continued support and partnership. It is this collaborative spirit that makes Carnforth High such a special place to learn and grow.

Important Upcoming Dates

Tuesday 1st July: Year 9 Rewards Event in School

Wednesday 2nd July: Transition Evening

Thursday 3rd July: Transition Day

Thursday 3rd July: Normandy Trip Departs

Tuesday 8th July: Year 8 Rewards Event – Bowling Trip

Tuesday 8th July: Year 7 Parents' Evening

What Timetable

Week Is It?

W.B. 30/6/25 =
WEEK A

W.B. 7/7/15 =
WEEK B

Year 7 Parents' Evening

Year 7 Parents' Evening is taking place next Tuesday in school from 4.30pm. As we reach the end of the students' first year at Carnforth High School, this is a great opportunity for parents/carers of these students to come and meet their child's teachers to discuss how the year has gone. We hope to see as many of you there as possible for this important event!

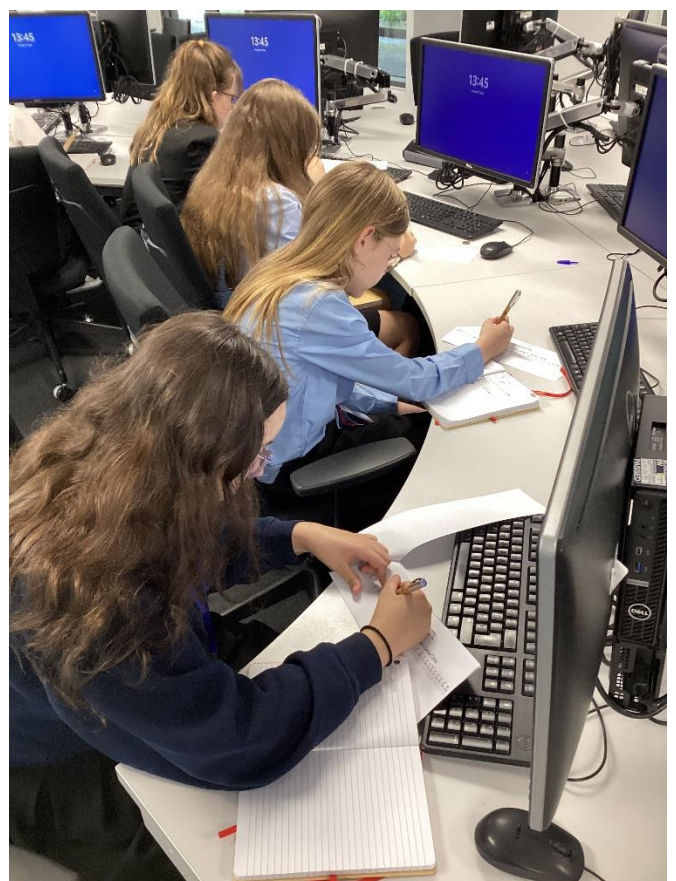
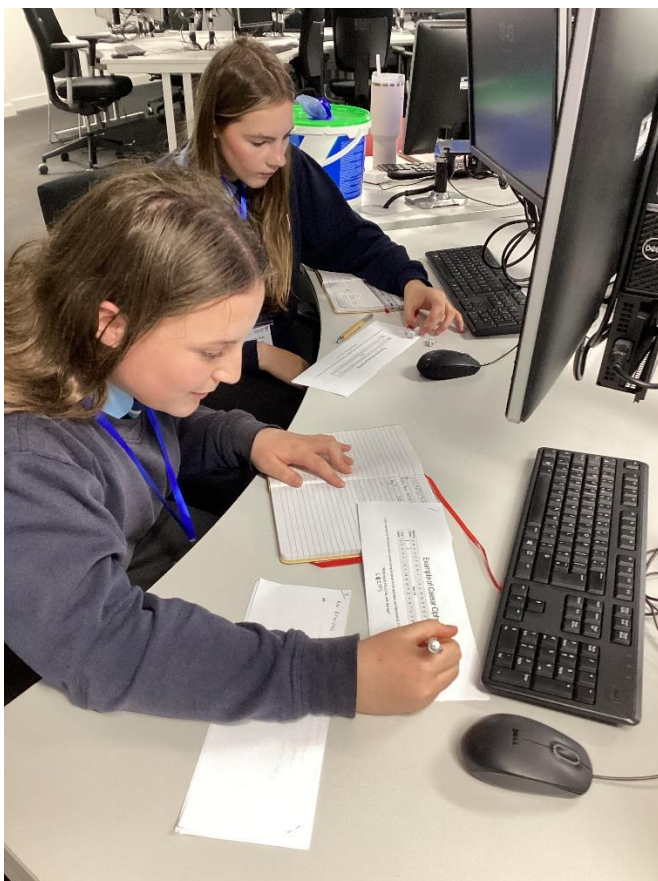


Cyber Girls First – Lancaster University Visit

Mr Martin took a group of Year 8 girls to Lancaster University to attend the 'Cyber Girls First' event. Cyber Girls First encourages girls to consider a future career in cyber security. The events include tasks that incorporate ethical hacking, cryptography, decoding, and logic tasks. It aims to inspire girls interested in technology to pursue a career in this field.

The girls were also given a tour of the University campus and given an overview of what University life can be like, hopefully opening their eyes to the potential for their future education.

All the girls were enthusiastic in their involvement, getting stuck into tasks and having some pertinent discussions, while displaying exemplary behaviour. They all said they had a great time and learnt a lot, and that's the key!



Year 11 Charity Support

One of our students challenged himself to a 'mighty hike!' George Fox (Year 11), his mum Anna Fox and a gathering of close friends took on the Lake District Mighty Hike in June to help raise money for people living with cancer. The group completed the hike to raise money for Macmillan Cancer support. Going above his pledge and raising £285, this will go towards paying for a Macmillan Nurse for a day providing people living with cancer and their families essential medical, practical and emotional support. There are currently 3 million people living with cancer in the UK today. It's Macmillan's goal to be there for everyone from the moment of diagnosis.

A big well done to George and everyone involved!



Parent Governor Vacancy

Please be aware that we currently have a vacancy for a Parent Governor to join our school's board of governors. If you are interested in this role please contact the Heads PA, Sarah Wilde, at: swilde@carnforthhigh.co.uk, who will put you in contact with the Chair of Governors, Mr Dudfield, to discuss the role further.

Parent Governor Vacancy

Apply now!

Lancaster University



Crime Crackers – Lancaster University Visit

A group of 8 Year 9 students were excellent representatives for our school at a Maths competition at Lancaster University on Friday. The competition involved working in teams of 4 to solve puzzles in order to gain clues to solve a crime. The group enjoyed the challenge, and it was a pleasure to see their engagement and teamwork with the tasks.

During the visit, students were given a tour of campus which some found exciting and 'bigger and better' than expected.

Well done to the students involved!





Communicating Absence/Lateness

Parents and guardians are required to notify the school if their child is absent or will be arriving late. Notification must be provided for each day of absence, including for medical appointments. Absences can be reported from 7:15am each day using a variety of communication methods. These options are outlined below:

- Telephone- 01524 732424 ext:2006 (Attendance Office – Mr D Milner)
- Email- attendance@carnforthhigh.co.uk
- Text Message- School portal
- Class Charts messaging service

Leave of Absence Requests (LOA)

Guidance from the government outlines that unless there are exceptional circumstances, requests for leave of absence (including holidays) are unlikely to be authorised. Any unauthorised absence will be recorded on the attendance register and will negatively impact your child's overall attendance percentage.

Understanding the 10 in 10-week rule for unauthorised absences

The government outlines that a Penalty Notice must be considered by a school when a pupil has 10 sessions of unauthorised absence within a rolling 10-school-week period.

- A session is half a school day (10 sessions = 5 full school days)
- The absences can be consecutive or non-consecutive
- The 10-week period can span different terms or school years. This means the monitoring period is "rolling". For example, over a 10-week period, a penalty notice is considered if a child has 6 sessions of unauthorised absence in the previous summer half term and 4 sessions in the first autumn half term.

This section below is part of the 10 in 10-week rule (I was unsure if we can put penalty information in the newsletter)

What happens when a penalty notice is issued?

It is a fine issued to a parent/guardian as an alternative to prosecution

Penalty Notice Fine Details

First Penalty Notice

- £80 if paid within 21 Days
- £160 if paid within 28 Days

Second Penalty Notice (within 3 years for the same child and parent)

- £160(flat rate)

Third Penalty Offence

- No further penalty notice can be issued
- The case must be escalated, often to prosecution



The Big Bang

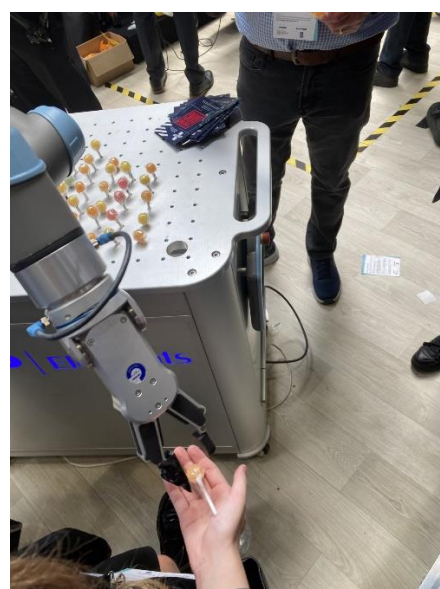
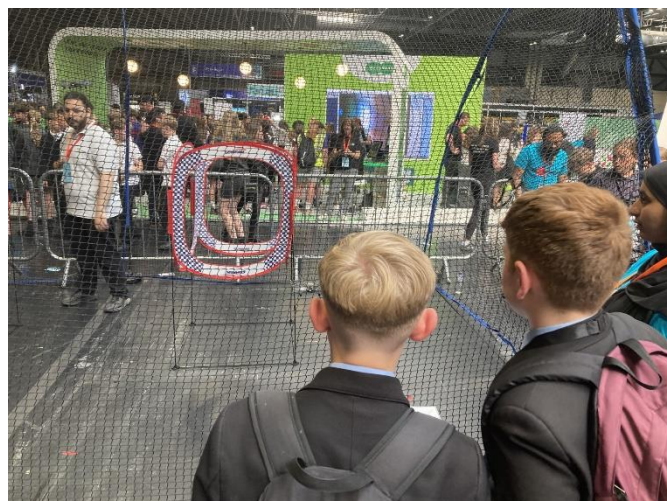
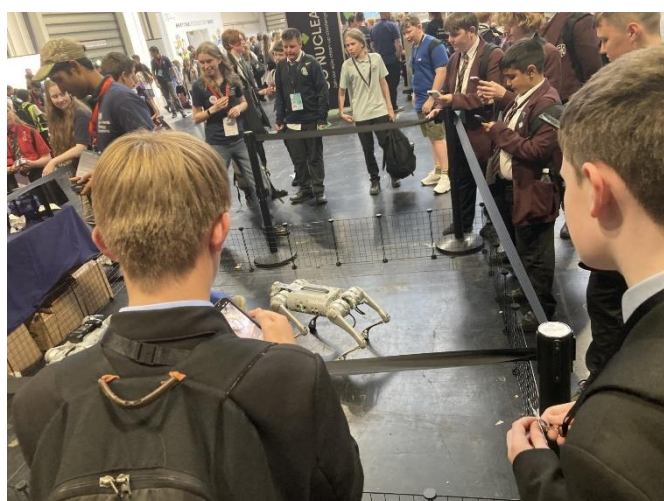
UK Young Scientists & Engineers Fair

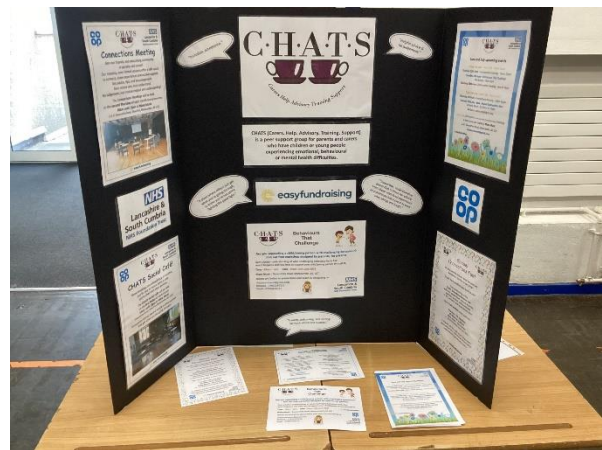
STEM Trip – Big Bang Science Fair in Birmingham

29 pupils from Year 7 and 8 had the opportunity to go to the 'Big Bang Science Fair' in Birmingham. We got to see all sorts of science and learn about the various careers the pupils could take up in their futures. It was a great day and an awesome experience for the kids. They got to play drone football, plant trees, perform surgery using VR headsets, make bone cement, try performing a hip replacement, watch shows where things got blown up and far too much more to list! It was great to watch them and their passion for science!

The students were a credit to Carnforth High School; their behaviour was perfect. A huge thank you to Ms Ivory, Mr Potter and Ms Ford for making an excellent team to make this all happen for the kids!

We're all looking forward to entering the competition again next year and hopefully having some pupils up on that stage collecting prizes this time!





Parent and Student Support – Coffee and Connect at CHS

On Thursday 12th June we welcomed a number of services into school to offer informal advice to parents. It was great to meet a number of parents and look at how we can support you in the ever-growing pressures of everyday life. We aim to hold one every half-term, however, in the meantime there are many different monthly coffee and connects within the Morecambe and Lancaster area.

These services included Lancaster & Morecambe's 'Apprenticeship Team.' As a result of a parent and their child coming to the event, her son went away with lots of information on apprenticeships and was given information on a summer school option as well. <https://www.lmc.ac.uk/apprenticeships>

Another service which was popular on the night was ADHD Northwest, who offer support and guidance for parents whose children are on the ADHD pathway or diagnosed. They offer a course to help you understand ADHD and how to support your child, support for the students themselves and much more. <https://reception06660.wixsite.com/adhd-north-west/our-services>.

A service which many of you may not have heard of is the 'Household Support Fund.' This fund can be used to help towards the cost of:

- food
- energy / water needs
- essentials linked to energy and water
- wider essentials, where appropriate, such as housing costs and other essential bills.

<https://www.lancashire.gov.uk/health-and-social-care/benefits-and-financial-help/household-support-fund/>

If you would like any support before the summer, please get in contact with your child's Year Leader.



PLANS IN PLACE

Work Experience Success!

Last week, 105 students from Year 10 were out of school on in-person Work Experience placements. In our next issue there will be feedback from the students as they complete their own self-reviews of the week on Unifrog in Life Skills lessons, as well as finding out what their employers had to say about them! There will also be some photos to see what they got up to.



Lancaster & Morecambe College 'Positive Prospects' Summer Programme

Lancaster and Morecambe College are again running their successful summer programme. It is a great opportunity for young people in Year 10 and Year 11. The programme runs over 3 days, starting at 9am and finishing at 3pm.

The aim of the programme is to give young people the opportunity to experience college when it is quiet and have experience of learning new things and get a feel for college life if they are in the process of thinking about college as their next step. The college can offer young people guidance and advice, as well as fun activities that are focused on learning, building confidence, self-esteem, teamwork, meeting new people and enjoying activities that will support them.

The activities will include, First Aid training, catering, woodwork and more. They are running 3 groups: 29th – 31st July, 5th – 7th August and 19th – 21st August. **If anyone is interested, they should complete the link below to register their interest.** The college will contact everyone and send them the relevant documentation and dates they will be allocated. If any young person has a particular week, they prefer they should state this when they send the register of interest form back.

Due to the success of the previous summer and half term programmes they advise that the register of interest forms are sent back **as soon as possible** to avoid missing out.

[Summer Programme Expression of Interest](#)

Day	Topic	Staff	Notes
Tuesday morning 09:00 – 12:30pm	09:30- 14:45- College induction/what want to achieve from programme First Aid	Ray/Evi/Steve	Employability hub
Tuesday afternoon 1-3pm	First Aid in the employability hub Reflection	Ray/Evi/Steve	Employability Hub
Wednesday morning 09:00 – 12.3-pm	catering	Ray/Evi/Steve	Employability Hub in the catering kitchen
Wednesday afternoon 1-3pm	Woodwork in construction reflection	Ray/Evi/Steve Josh	Employability Hub gym
Thursday morning 09:00 - 12.30pm	Natural England Team skills/leadership	Ray/Evi/Steve	Employability Hub gym
Thursday afternoon 1-3pm	DWP – Budgeting Blind food tasting/group work	Ray/Evi/Steve Claire Rose from DWP	Budgeting in gym as part of the DWP talk



Carnforth High School Shine at Cricket Tournament

Carnforth High School's girls' cricket team recently took part in an exciting tournament, competing against OLCC A and B teams, as well as Lancaster Girls' Grammar School (LGGS). The team came into the competition ready for a challenge—and they delivered.

Match 1: CHS vs. Our Lady's A

In their opening game, CHS drew the short straw by batting first—but that didn't slow them down. Erin impressed early on with some spectacular shots, hitting multiple boundaries before having to retire. Amelia also contributed with strong batting, helping CHS post a competitive score. While Our Lady's A started well with the bat, CHS's fielding was top-tier, keeping the pressure high. The game ended with a convincing win: CHS 61 – 43 OLCC A. Erin was deservedly named Player of the Match.

Match 2: CHS vs. LGGS

CHS were once again put in to bat first. The opening four batters quickly reached their retirement scores after several powerful boundary hits. Lizzy had an outstanding performance, scoring 24 runs in just five overs. When LGGS stepped up to bat, Erin bowled with precision, conceding just two runs in her five overs. The rest of the team backed her up with solid bowling and fielding, restricting LGGS to 67 runs. Another win for CHS: CHS 95 – 67 LGGS, with Erin once again earning Player of the Match.

Match 3: CHS vs. Our Lady's B

By the final match, confidence was high. Batting first yet again, CHS showed their depth, with Amelia and Lexi-Sky both retiring early after reaching the scoring limit thanks to excellent batting. The exact score was kept secret until the end, adding to the suspense. However, CHS's superb fielding made the result clear, as they bowled out 4x OLCC B players before completing all overs. Final score: CHS 87 – 65 OLCC B. Erin capped off a fantastic day by being named Player of the Match for the 3rd time.



Track and Field Cup – Regional Qualifier

Students from Years 7, 8, 9 and 10 competed at the regional qualifier of the Track and Field Cup at Stanley Park, Blackpool. Students made up teams for junior and inter boys and girls. The standard of competition at this event is very high, with schools all across Lancashire competing to qualify for the regional finals and subsequent national finals.

There were a number of standout individual performances, but it was just as pleasing to see all students compete with confidence across a range of events against high quality opposition.



The junior girls scored 137 points; Ella scored a huge 19 points for the team total, running the 1500m in 6:06 minutes. Jasmine scored 14 points, running the 800m in 3:10 minutes. Mabel scored 11 points, running the 100m in 15.1. The junior boys scored 253 points, Dan and Jack scored 11 points each in the 100m running 14.2 seconds and 14.0 seconds respectively. Xav scored 12 points, running the 200m in 30.2 seconds. Dan scored 16 points, with a huge shotput distance of 8.93m. Joe and Jacob both scored 19 points each on the track. Jacob with a time of 5:11 minutes in the 1500m and Joe with an 800m result of 2:34 minutes. Joe also scored 15 points on the triple jump, jumping 9.35m.

Well done to all junior athletes, who competed well but also learnt a lot about what it is like to take part in a full day athletics event. The junior boys narrowly missed out on a place in the B final.





The inter girls scored 159 points; Eden scored the highest number of points with 15 points in the 300m. Winning the race in 49.4 seconds. Mary scored 11 points, running the 800m in 3:05 minutes. Olivia scored 12 points, with a time of 3:02 minutes in the same event. Erin scored 12 points in the triple jump, jumping 8.46m. The inter boys scored 268 points in total, with a lot of excellent performances. Stand out results were Thomas scored 17 points on the hurdles in 13.6 seconds. Dan scored 16 points, with a 100m sprint in 12.7 seconds. Kenzie and Theo both scored 13 points, with almost identical runs in the 200m, of 27.2 and 27.3 seconds. George and Bobby both performed really well in the 800m, Bobby scoring 16 points with a time of 2:29 minutes and George 18 points with a time of 2:25 minutes. Rob scored 18 points in the high jump, with a height of 1.56m. The 4x100m relay team of Archie, Gabriel, George and Alfie scored 14 points, getting the baton around in 54.4 seconds. Well done to all the students who represented school superbly, we now look forward to the upcoming district athletics on Wednesday 9th July.





Upcoming Event – District Athletics

District athletics takes place at Salt Ayre on Wednesday 9th July. Team sheets are now up, and students should know if they have been selected and what event they will be competing in. Students will have received a letter, which is due to PE by Thursday 3rd July.

Students selected are encouraged to attend athletics practice on Tuesday 1st and Tuesday 8th July.



Extra-Curricular Sport Payment

The PE department is offering the opportunity for parents to make a one-time electronic payment of £25 to cover their child's annual extracurricular transport payments. Currently the PE department charges £1 for home fixtures and £2 for away fixtures; this covers a percentage of cost for transport and competition fees. Parents will be able to make the payment on the School Gateway. It is hoped that parents find this a preferential method of payment, for those students who are regular team members, rather than paying in cash on the day of the fixtures. Letters with further details can be acquired by your son/daughter from the PE department.



Carnforth
High School



PE Department Extra Curricular Timetable June - July 2025

	<u>LUNCH 12.45pm - 1.15pm</u>	<u>AFTERSCHOOL 3.30pm - 4.30pm</u>
<u>MONDAY</u>		Y7-11 Girls Cricket - Astro (GLC) Y7-11 Boys Cricket - Sports hall (JD & TB)
<u>TUESDAY</u>		Y7-11 Athletics (JD, NS, GC, AB & TB)
<u>WEDNESDAY</u>		
<u>THURSDAY</u>		Boys District Fixture Afternoon (JD & CC) Y7-11 Girls Rounders - Field (GLC, NS & AB)
<u>FRIDAY</u>	Y10-11 HRF - Fitness Suite (HW)	

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

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