



Exam Board Website	Sample Papers	Top 3 Resources
Health & Social Care (2022) BTEC Tech Award Pearson qualifications	Sample Comp 3 Sample Mark Scheme	Revision Guide Study Rocket Quizlet

Revision Activities

1. Use Past Papers and Sample Assessments

- Practice with previous exam papers or Pearson sample assessments.
- Focus on understanding the **command words** (e.g., explain, evaluate, assess).
- Time yourself to simulate exam conditions.

2. Create Mind Maps for Key Topics

- Summarize units like **Human Lifespan Development**, **Health and Social Care Values**, and **Anatomy & Physiology**.
- Use color coding for:
Key terms
Case studies
Legislation and policies

3. Apply Real-Life Scenarios

- Link theory to practice by using examples from health and social care settings.
- For instance:
How does **confidentiality** apply in a hospital?
How do **care values** impact patient interaction?

4. Flashcards for Definitions and Legislation

- Make cards for:
Key terms (e.g., safeguarding, empowerment)
Important acts (e.g., Care Act 2014, Equality Act 2010)
- Use apps like **Quizlet** for quick revision on the go.

5. Group Study and Teach Back

- Explain topics to a friend or study group.
- Teaching others helps reinforce your own understanding.
- Discuss case studies and ethical dilemmas together.

"Every accomplishment starts with the decision to try."